

# Apricots

## PRETEND FRIED EGG

Makes 2 snacks

### INGREDIENTS

- 1 bagel
- 2 slices of provolone cheese
- 1/2 cup canned apricot halves

### SUPPLIES

- paper plates
- napkins



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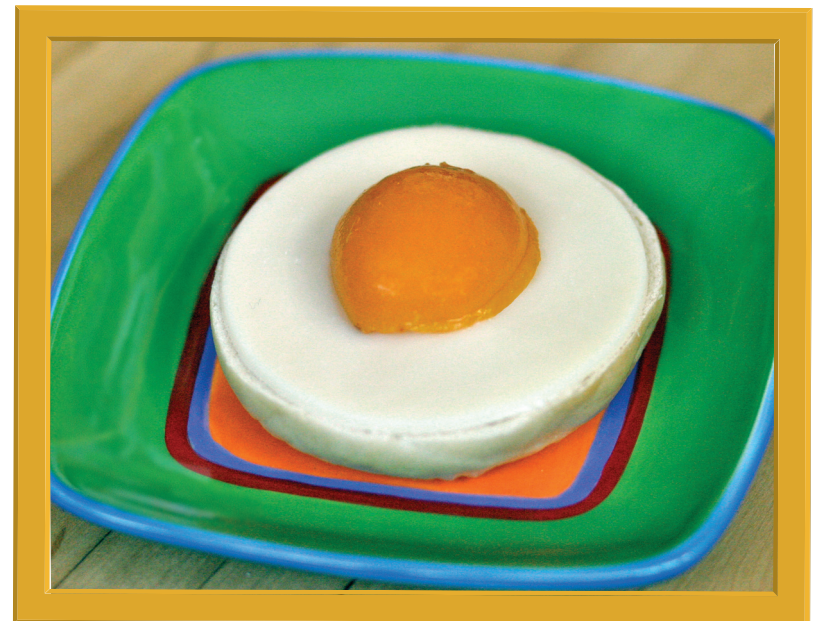
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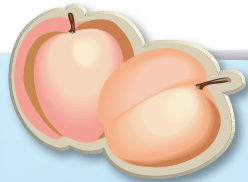
## **NOTE TO GROWN-UPS**

A child's imagination can often be sparked by things that look like something other than what they are. This in turn can encourage the child to try a new food or new combination of foods. Adults will need to open the can of apricots and drain off juice. Demonstrate to your child how to make the snack and show them the finished "pretend fried-egg" snack. Feel free to offer your child additional apricots while snacking on their Pretend Egg Sandwich.

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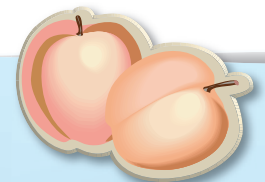
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## **DIRECTIONS**



1. Invite your child to wash their hands and join you for a cooking activity.
2. Give your child a plate, one half of a bagel, one slice of cheese and 1 apricot half.
3. Show your child the remaining steps by making your own: place round slice of cheese over the bagel half.
4. Then put the apricot in the middle of the cheese with the round side up.
5. Once finished, everyone can eat and enjoy!

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