

Sweet Red Pepper

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PEPPER PITA PIZZA

Makes 4 pita pizzas

INGREDIENTS

- 4 pieces pita bread
- 3/4 cup canned pizza sauce
- 1 1/4 cups shredded mozzarella cheese
- 1 red pepper

SUPPLIES

- small plates
- napkins
- table knives
- 2 serving bowls
- spoons
- baking sheet(s)

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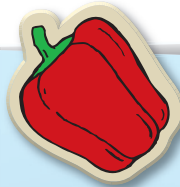
NOTE TO GROWN-UPS

Children love to make their own pizza, and using pita bread for the crust makes it especially easy. The red peppers should be washed, seeded and cut into 6 lengthwise sections about 1 inch wide. Place these pieces into a bowl. (Your child can then cut them into smaller pieces with a table knife to put on their pizza.) Place the shredded cheese in a bowl.

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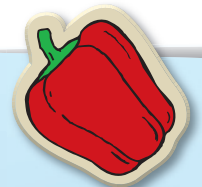
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DIRECTIONS



1. Preheat oven to 400°.
2. Invite your child to wash their hands and join you for pizza making.
3. Give your child a plate, table knife and a section of red pepper.
4. Invite your child to cut the section of red pepper into small (1" x 1/4") pieces using a table knife.
5. Spread a spoonful of pizza sauce over the pita with the back of a spoon.
6. Top the pita pizza with shredded cheese.
7. Sprinkle the red pepper pieces over the pita pizza.
8. Place pepper pita pizzas on baking sheets.
9. Bake at 400° for 10 minutes or until cheese is melted.
10. Eat and enjoy!

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