**Biking and Hiking Etiquette**

- **Pass with Care**: Yield to any pedestrian on the sidewalk. Yielding the right-of-way provides a safe environment for everyone.
- **Watch Out for Children**: Children are often found in parks and on trails. Be alert for children who may be playing in areas where you are riding or hiking.
- **Keep Pets Under Control**: Keep your dog on a leash in all parks and trails.
- **No Alcohol or Drugs**: No alcohol or drugs are allowed in parks and trails.
- **Wear Helmets**: Bold helmets and other protective gear when riding or hiking.

**Additional Tips**

- **Respect the Environment**: Keep litter to a minimum and follow Leave No Trace principles.
- **Yield to Non-Bike-Pedestrians**: Yield to all non-bike-pedestrians, including hikers, runners, and walkers.
- **Use of Trails**: Use designated trails only. Do not follow any trail that is not marked.
- **Observe Wildlife**: Observe wildlife from a safe distance.
- **Stay on the Trails**: Stay on the designated trails and do not veer off course.

**Additional Resources**

- **Visit the Bloomington Parks and Recreation Website**: For more information about parks, trails, and events.
- **Contact the Bloomington Parks and Recreation Department**: For assistance with park and trail-related questions.

**Explore Bloomington’s Parks, Streets and Trails Using Pedal and Foot Power**

Biking and walking are great ways to enjoy the outdoors and connect with others. Whether you’re in the mood for a hike, a fun ride, or a leisurely stroll, Bloomington has something for everyone. Sign up for an event today and explore Bloomington’s parks, streets, and trails.

**Biking Equipment Checklist**

- **Bike**: Choose the right bike for the ride. A mountain bike is great for off-road trails, while a road bike is ideal for paved paths.
- **Helmet**: Wear a helmet to protect your head in case of a fall or accident.
- **Water Bottle**: Stay hydrated by keeping a water bottle handy.
- **Gloves**: Protect your hands and improve grip.
- **Reflective Gear**: Wear reflective gear to be seen in low light conditions.

**Hiking Equipment Checklist**

- **Boots**: Choose the right boots for the terrain and season.
- **Water Bottle**: Stay hydrated by keeping a water bottle handy.
- **Gloves**: Protect your hands and improve grip.
- **Reflective Gear**: Wear reflective gear to be seen in low light conditions.

**Ride on the Left**

- **Bike Lanes**: Use designated bike lanes whenever available.
- **Sidewalks**: Use sidewalks whenever available.
- **On-Road Bike Lanes**: Use on-road bike lanes whenever available.

**Bikeways and Off-Road Trails**

- **Bikeways**: Bikeways are bike-only paths designed for use by all types of bikers, including beginners. They are often marked with a dotted line on the map.
- **Off-Road Trails**: Off-road trails are designed for use by mountain bikes, cross-country bikes, and other off-road bikes. They are often marked with a solid line on the map.

**Legend for Maps**

- **Road Bike**: Designed for use on paved roads and paths.
- **Mountain Bike**: Designed for use on off-road trails.
- **Biking Trail**: Designed for use by bikers of all skill levels.
- **Walking Trail**: Designed for use by pedestrians of all skill levels.

**References**

- **Three Rivers Park District**: For more information about parks and trails in Bloomington.
- **City of Bloomington Website**: For information about city services, events, and more.
- **Bikeways and Bikeways Maps**: For detailed maps of bike lanes and trails in Bloomington.

**Contact Information**

- **Bloomington Parks and Recreation**: For assistance with park and trail-related questions.
- **Bloomington Police Department**: For safety and emergency assistance.

**Additional Resources**

- **Local Bike Shops**: For equipment and gear.
- **Local Bicycle Clubs**: For meetups and rides.
- **Local Bike Shops**: For equipment and gear.