

# HEALTHY FAMILIES AMERICA

## Home Visiting Report – 2015

Report includes Metro Alliance for Healthy Families (MAHF) data from the entire Metro Area (black) and Bloomington Public Health data from Bloomington, Edina and Richfield (blue).

### Total Number Families Served Yearly

	2015	2014	2013	2012	2011	2010	2009	2008
MAHF families	684	690	639	628	587	600	522	389
BPH families	51	58	59	40	20	17	19	18
MAHF visits	10,424	9,753	9,621	8,727	8,593	9,038	7,999	4,759
BPH visits	799	871	868	405	226	228	232	228

BPH families currently open in **2016** (as of 1/24/2016): 42

### Family Demographics (all families active in 2015)

Families living at or below 200% of poverty: 87%

Age of mother at time of enrollment:

- 14 - 17 years 20.4% 30% (16)
- 18 – 23 years 49.2% 44% (23)
- 24 years and older 30.4% 26% (14)

Family ethnicity:

- Caucasian 41% 19% (10)
- Multiracial 6% 2% (1)
- African American/African 26% 7% (4)
- Asian 3% 0
- Hispanic 23% 70% (37)
- American Indian 1% 0
- Hawaiian 0 2% (1)

### Known Risks at Enrollment (We believe these are inaccurate and are greater across MAHF.)

- Single parents 89% 87% (46)
- History or current drug/alcohol abuse 29% 21% (11)
- Low income 85% 62% (32)
- History or current depression 53% 38% (20)
- Less than 12 years education 40% 49% (26)
- Unemployed 28% 17% (9)
- History or current psychological care 35% 25% (13)
- Inadequate family support 25% 9% (5)
- Marital or family conflict 32% 25% (13)
- Unstable housing 23% 13% (7)
- Inadequate prenatal care 14% 17% (9)

## 2015 Outcomes

<b>Single births</b>	<b>Full term</b>	<b>Pre term</b>
Pre-natal enrolled families (n=323)	91%	9%
Post-partum enrolled families (n=327)	88%	11%

<b>Multiple births (twins)</b>	<b>Full term</b>	<b>Pre term</b>
Pre-natal enrolled families (n=8)	75%	25%
Post-partum enrolled families (n=12)	42%	58%

	<b>Child has primary health care provider</b>	<b>Well child visits consistent w/ standards for age</b>	<b>Current with recommended immunizations</b>
<b>6 months</b>	99% 100%	97% 97%	94% 94%
<b>12 months</b>	99% 100%	98% 100%	96% 96%
<b>24 months</b>	99% 100%	99% 92%	95% 85%
<b>36 months</b>	100% 100%	100% 100%	96% 50%(2 families)

Children demonstrating age-appropriate social/emotional, cognitive, language/literacy and physical development based on evidence-based screening tools:

- ASQ (Ages and Stages Questionnaires): 86% 93%
- ASQ-SE (Ages and Stages Questionnaires – Social-Emotional): 94% 100%

## Testimony for Bloomington Public Health

“Thank you for providing this service. I feel I am a better mom to my son because of it. With each visit, my (Home Visitor) leaves me with something new to think about, experiment with or just plain old tells me I am doing something right. She knew when to pick up the phone for me when I needed extra help with postpartum depression and breast feeding and helped me understand that I was not alone in my feelings as a new mom. She is excited to see my son each and every visit and makes us feel special! I love learning new ways to gently help my son learn a new skill and the weekly reminders to help me work on my goals with him. She has been my cheerleader and of my support people for when I feel sad, anxious and judged by others for my parenting decisions. I know my son better with each visit because of the information on his cues, wants and needs. We are currently working on reading his nap time cues and trying to find a routine of play, sleep and eat. As easy as that sounds, it is all new to me. I think we are starting to get the hang of it and my son is happier for it!”