

# Apricots

## FRUITY BUGS

Makes 2 fruity bugs

### INGREDIENTS    SUPPLIES

- 6 dried apricot
- 16 pretzel rods
- 2 tbsp. raisins
- paper plates
- napkins

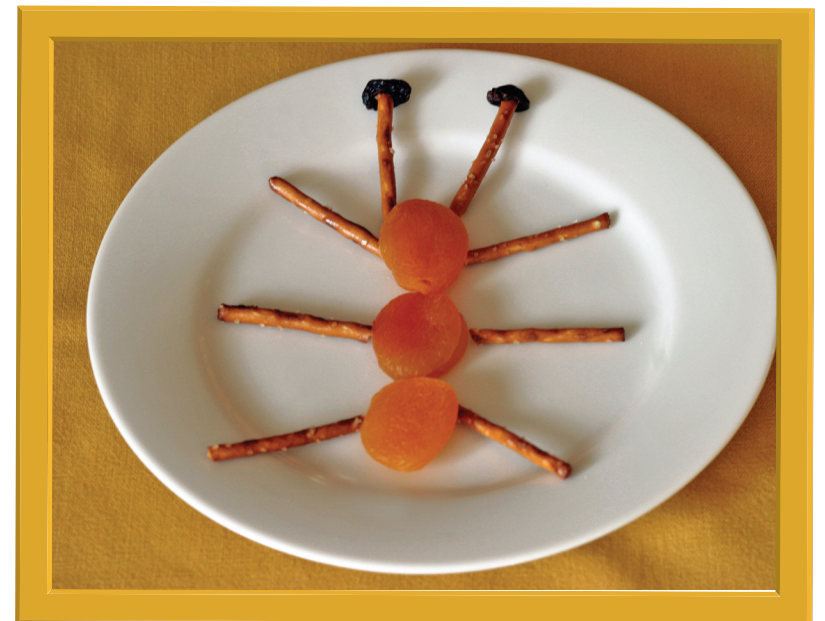
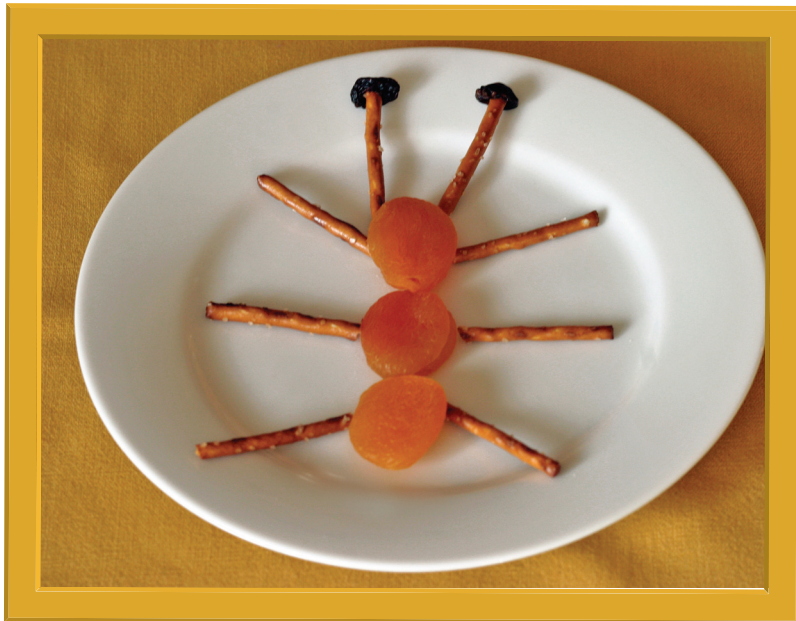
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## **NOTE TO GROWN-UPS**

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Demonstrate to your child how to make the fruity bug by making your own bug. Show your child the finished fruity bug.

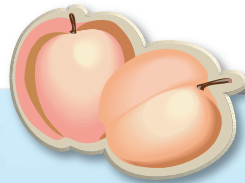
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## **DIRECTIONS**

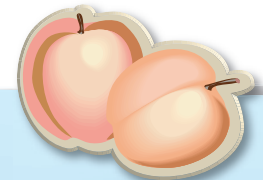
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1. Invite your child to wash their hands and join you for a cooking activity.
2. Give your child a plate, napkin, 3 dried apricots, 8 pretzel rods, and two raisins.
3. Invite your child to create a fruity bug with their ingredients, or come up with their own creation!
4. Eat and enjoy!!

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