

Cherry Tomato

CHERRY TOMATO KABOBS

Makes approximately 4 servings

INGREDIENTS

- 1 cup cherry tomatoes
- 3/4 cup cubed, mild orange cheese
- 1/4 cup dip (optional)

SUPPLIES

- 2 serving bowls
- small plates
- 6" wood skewers
- napkins

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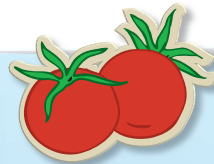
NOTE TO GROWN-UPS

Safety tip: Wood skewers can be challenging for young children; they are pointed and sharp. Always work with your child when using skewers to avoid injuries. Purchasing pre-cubed cheese makes this recipe a breeze to create. Involve your child in any prep work they can do themselves, such as washing the cherry tomatoes.

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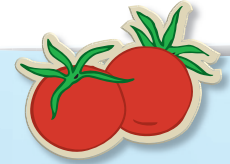
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DIRECTIONS



1. Invite your child to wash their hands and join you for a cooking activity.
2. Demonstrate to your child how to make a kabob and show them your finished snack.
3. Give your child 1 wood skewer.
4. Invite your child to take 3 cherry tomatoes and 2 cheese cubes.
5. Help your child thread 1 cherry tomato on the skewer, then a cheese cube.
6. Repeat the sequence and then place 1 cherry tomato on the end.
7. Serve with dip if desired; eat and enjoy with your child!

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