

MAY 2018

Monday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Woodshop
8:00 - 11:00 a.m.

Ageless Grace
9:00 - 9:45 a.m.

ESL
9:30 - 11:30 a.m.

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Leatherworking
12:30 - 3:00 p.m.

Bone Builders II - Fit & Strong
1:00 p.m.

Pinochle
1:00 - 4:00 p.m.

Hand and Foot Canasta
12:30 - 4:00 p.m.

SPECIAL PROGRAMS

7 - Smart Driver Program
9:00 a.m., 4 hours

7 - OLLI - Joy of Mathematics
9:00 - 11:30 a.m.

7 - OLLI - Coleridge and Wordsworth
12:30 - 2:00 p.m.

7 - Hearts Tournament
12:30 - 3:00 p.m.

14 - OLLI - Joy of Mathematics
9:00 - 11:30 a.m.

14 - OLLI - Coleridge and Wordsworth
12:30 - 2:00 p.m.

14 - Movie Day
12:45 p.m.

21 - Movie Day
12:45 p.m.

CREEKSIDE CLOSED

MAY 28TH

MEMORIAL DAY

Tuesday

ONGOING PROGRAMS

Walking Club (call for location)
8:00 a.m.

Line Dancing
8:00 - 8:45 a.m.

Ceramics
8:00 a.m. - 3:30 p.m.

Woodshop
8:00 - 11:00 a.m.

Pool Room
8:00 a.m. - 7:00 p.m.

Pool Tournament
8:30 a.m.

Crafts & Quilting
9:00 a.m. - 1:00 p.m.

Low Impact Exercise
9:00 - 10:00 a.m.

SS Cardio and Strength
9:00 - 10:00 a.m.

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Club 500
1:00 - 3:30 p.m.

Rock Shop
1:00 - 4:00 p.m.

Boutique
5:00 - 7:00 p.m.

Bone Builders I
6:00 - 7:00 p.m.

SPECIAL PROGRAMS

1 - Smart Driver Program
1:00 p.m., 4 hours

8 - Health Insurance Counseling
By appointment only, 1-800-333-2433

15 - Garage Sale Sign Pick-up
3:00 - 7:00 p.m.

22 - Health Insurance Counseling
By appointment only, 1-800-333-2433

Wednesday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Ceramics
8:00 a.m. - 12:00 p.m.

SS Strength and Balance
9:00 - 10:00 a.m.

Euchre
9:00 - 11:30 a.m.

Woodcarvers
9:00 - 11:00 a.m.

Foot Care Clinic
(Appointment only)
9:00 a.m. - 3:00 p.m.

Bone Builders II - Fit & Strong
10:00 a.m.

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Leatherworking
12:30 - 3:00 p.m.

Club 500
1:00 - 3:30 p.m.

Cribbage
12:45 - 3:00 p.m.

SPECIAL PROGRAMS

2 - Blood Pressure Screening
10:30 - 11:30 a.m.

9 - 50+ Program Leaders Meeting
8:30 - 10:30 a.m.

9 - Chess
9:00 a.m. - 12:00 p.m.

9 - Bocce Babes Bunco
12:30 p.m.

16 - Fare For All
11:00 a.m. - 1:00 p.m.

16 - The Nurse Is In
11:00 a.m. - 1:00 p.m.

16 - Duplicate Bridge Tournament
12:15 - 4:00 p.m.

16 - Poetry Class
6:30 - 8:30 p.m.

23 - Smart Driver Program
1:00 p.m., 4 hours

Thursday

ONGOING PROGRAMS

Walking Club (call for location)
8:00 a.m.

Pool Room
8:00 a.m. - 1:00 p.m.

Ceramics
8:00 a.m. - 3:30 p.m.

Woodshop
8:00 - 11:00 a.m.

Low Impact Exercise
9:00 - 10:00 a.m.

Rock Shop
9:00 a.m. - 12:00 p.m.

Needleworkers
9:00 - 11:30 a.m.

Open Computer Lab
9:30 - 11:30 a.m.

Creekside Crickets
9:00 a.m. - 12:00 p.m.

Gentle Mat Yoga
10:00 - 11:00 a.m.
(no class May 3, 10)

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Social Bridge
12:15 - 3:15 p.m.

Cribbage
12:45 - 3:00 p.m.

Women's Pool
1:00 p.m.

Pool Tournament
6:00 p.m.

SPECIAL PROGRAMS

3 - iPad Tutoring
9:30 - 11:30 a.m.

3 - Women's Evening Bridge
6:30 - 10:00 p.m.

17 - Smart Driver Program
5:00 p.m., 4 hours

24 - Writers Club
1:00 - 3:00 p.m.

31 - Allina Health Event
1:00 - 3:00 p.m.

Friday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Woodshop
8:00 - 11:00 a.m.

Chair Yoga 9
9:00 - 10:00 a.m.
(no class May 4, 11)

SS Strength and Balance
9:00 - 10:00 a.m.

Crafts & Quilting
9:00 a.m. - 1:00 p.m.

Bloomingtones
9:30 a.m. - 12:00 p.m.

Chair Yoga 10
10:00 - 11:00 a.m.
(no class May 4, 11)

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Wii Bowling
12:30 p.m.

Club 500
1:00 - 3:30 p.m.

SPECIAL PROGRAMS

4 - Byte Syte (ACUG)
9:30 - 11:30 a.m.

4 - Artistry, Acrylic Paint Exploration
1:00 - 3:00 p.m.

18 - Byte Syte (ACUG)
9:30 - 11:30 a.m.

18 - Artistry, Exploring Famous Artists
1:00 - 3:00 p.m.

Saturday

ONGOING PROGRAMS

Ceramics
8:00 a.m. - 12:00 p.m.

Pool Room
8:00 a.m. - 1:00 p.m.

Bone Builders I
9:00 - 10:00 a.m.

Classic Country Music Jam
9:00 a.m. - 12:30 p.m.
(canceled May 5)

SPECIAL PROGRAMS

5 - Open Mic Poetry Reading
2:00 - 4:00 p.m.

12 - Smart Driver Program
9:00 a.m., 8 hours

12 - 500 Tournament
1:30 p.m.

19 - Bees - Our Precious Pollinators
11:00 a.m. - 12:30 p.m.

19 - Cribbage Tournament
1:00 p.m.

**Human Services
at Creekside
Community Center
Programs for ages
50+ and/or adults
with a disability**

952-563-4944
TTY ONLY 952-563-8740

reservations@
BloomingtonMN.gov

Arts & Crafts

Art Classes In Partnership with Artistry: Unique instructor lead art classes offered throughout the year. All supplies provided. Registration required. See Artistry flyer for class details.

Acrylic Paint Exploration: Friday, May 4, 1-3 p.m. \$15
Exploring Famous Artists: Friday, May 18, 1-3 p.m. \$15

Boutique: Handcrafted items for sale. Open Monday-Friday, 10 a.m.-3 p.m., Tuesday, 5-7 p.m., and Saturday in November and December.

Ceramics: Select from an assortment of greenware and bisque and paint or glaze. Open Tuesday and Thursday, 8 a.m.-3:30 p.m., Wednesday and Saturday, 8 a.m.-12 p.m. Fees may apply.

Crafts & Quilting: Share your talents with this group Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee. Donations accepted.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursday, 9-11:30 a.m.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Open Tuesday, 1-4 p.m. and Thursday, 9 a.m.-12 p.m. \$1 fee per visit.

Woodcarvers: Learn the art of woodcarving Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8-11 a.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

Card Groups

Bocce Babes: Bunco the second Wednesday of the month January-May, 12:30 p.m. New players welcome.

Duplicate Bridge: Monday, Tuesday, and Friday, 12:15-3:15 p.m. \$.50 to play. Tournament third Wednesday of each month. 12:15-4 p.m. \$2 to play.

Social Bridge: Thursday, 12:15-3:15 p.m. \$.50 to play.

Women's Evening Bridge: First Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, \$2 to play.

Club 500: Tuesday, Wednesday, and Friday, 1-3:30 p.m. \$.50 to play. Tournament Saturday, May 12, 1:30 p.m. \$3 to play.

Cribbage: Wednesday and Thursday, 12:45-3 p.m. \$1 to play. Tournaments the third Saturday of each month, 1 p.m. \$3 to play.

Euchre: Regular Euchre. Wednesday, 9-11:30 a.m. \$.50 to play. Tournament Saturday, August 11, 12:30 p.m. \$2 to play.

Hand and Foot Canasta: Monday, 12:30-4 p.m. \$1 to play.

Hearts: Tournaments the first Monday of each month, 12:30-3 p.m. \$2 to play.

Pinochle: Single deck. All skill levels. Monday, 1-4 p.m. \$.50 to play.

Card Lessons: 500, Euchre, and Hearts-by appointment first Monday of even months, 10-11:30 a.m. Pinochle-by appointment.

Education

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second and fourth Friday of the month, 9:30-11:30 a.m.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes basic conversation, writing, and daily life skills. Meets Monday, 9:30-11:30 a.m. No fee.

iPad Tutoring: Bring your own iPad or watch a demonstration. First Thursday of the month, 9:30-11:30 a.m. Free.

Library: An extensive collection of books and puzzles to borrow. Open Monday - Friday, 7:30 a.m. - 2 p.m. and 4:30 - 5:30 p.m.

Naturalization Test Tutoring: Contact Human Services to arrange free tutoring with a volunteer. Study supplies provided by the tutor.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Fee applies for computer use.

OLLI: Human Services in partnership with University of Minnesota offer lifelong learning classes throughout the year. Registration required.

Coleridge and Wordsworth: Architects of the English Literary Romantic Movement: \$35 for 7 sessions, Mondays, March 26-May 14, 12:30-2 p.m.

The Joy of Mathematics: \$35 for 7 sessions, Mondays, \$35 March 26-May 14, 10-11:30 a.m.

Poetry Class: For all poet levels. Annual poetry contest, reading, and reception. Meets the third Wednesday of the month, 6:30-8:30 p.m.

Open Mic Poetry Reading: May 5, 2-4 p.m. See flyer for details.

Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held by AARP. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

Health Checks

Blood Pressure Checks: First Wednesday of each month, 10:30-11:30 a.m. Walk-in. No fee.

Flu Shots: Bloomington Public Health provides flu shots at Creekside during flu season.

Foot Care: Meet with professional foot care nurse to address your foot care needs. Wednesday, 9 a.m.-3 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Health Insurance Counseling: Speak with a trained volunteer. Second and fourth Tuesday of each month, 9-12 p.m. Appointment required; 1-800-333-2433 Senior Linkage Line. No fee.

Hearing Testing: Second Wednesday of even months, 12-1 p.m. Appointment required. No fee.

The Nurse Is In: Walk-in and talk with a Bloomington Public Health Nurse regarding health, safety, medical questions, resources, etc. No fee. May 16 and June 20, 11 a.m.-1 p.m.

Leadership

Adults 50+ Program Leaders: Be involved in the planning, developing, and implementing of activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

Mind & Body

Ageless Grace®: Exercise movements done seated in a chair to help improve strength, balance, self-esteem, joint mobility, and more. Drop-ins welcome. Monday, 9-9:45 a.m. No fee.

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Registration required. No fee.

I - Tuesday, 6-7 p.m. and Saturday, 9-10 a.m.

II - Monday, 1-2 p.m. and Wednesday, 10-11 a.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session.

Line Dancing: This fun, instructor lead beginner's class, will help increase balance and memory while exercising as a group. Free and open to men and women of all dancing abilities. Tuesday, 8-8:45 a.m.

Low Impact Exercise: Light to moderate exercise focused on balance, light aerobics, and strength training. Tuesday and Thursday, 9-10 a.m. No fee.

Silver Sneakers® Flex™ (SS): Drop-ins welcome. Fee may apply.

Cardio and Strength: Improve cardio, maintain/increase bone density, flexibility, range of motion, muscle tone, and coordination. Bring your own mat. Must be able to get up and down off the floor. Tuesday, 9-10 a.m.

Strength and Balance: Exercise holding or sitting in a chair. Light cardio and strength training to improve range of motion, flexibility, muscle tone, and coordination. Wednesday and Friday, 9-10 a.m.

Walking Club: Meets year-round Tuesday and Thursday; spring through fall at various walking paths and locations throughout the city, 7:30 a.m., weather permitting. Winter months, meet at Mall of America, west side, first floor between Macy's and Nordstrom, 8 a.m.

Yoga: Registration required. 6-weeks. Fee applies.

Chair Yoga: A gentle, modified yoga. Friday, May 17-June 22. Session 9: 9-10 a.m., Session 10: 10-11 a.m.

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat. Thursday, 10-11 a.m. May 17-June 21.

Movies

Donations for film rentals and popcorn accepted. Movie suggestions welcomed. 12:45 p.m. May 14 & 21 and June 4 & 18. Call for movie titles.

Music

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m. September-May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a FREE country concert every Saturday, 9 a.m.-12:30 p.m. Canceled May 5.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursday, 9 a.m. September-May.

Nutrition Programs

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility.

Fare for All: Community food distribution program. Save up to 40% on fresh produce, frozen meat, and other basic groceries. No income guidelines. May 16 and June 20, 11 a.m.-1 p.m.

Loaves & Fishes: Hot, evening meals served 5:30-6:30 p.m. Monday-Friday. Open and free to all.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

Recreation

Bocce Ball: Leagues held at Creekside and Valley View Field, weather permitting. Creekside Wednesday league, 9-11 a.m.

Chess: For all ages and skill levels. Meets the second Wednesday of each month, 9 a.m.-12 p.m. Free.

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted.

Bees: Our Precious Pollinators: For all ages. Learn about MN bee species, their value as pollinators, how they live, and fun facts. Saturday, May 19, 11 a.m.-12:30 p.m. Free. Registration required by May 17.

Plant Exchange: For all ages. Get outside and garden. Exchange, donate, or adopt an indoor, outdoor, or vegetable plant. Ask a Master Gardener. In partnership with Bloomington Farmers Market. Saturday, June 2, 8 a.m.-12 p.m. Free.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office to for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Friday league, 12:30 p.m.

Normandale Lake Flower Club: Plant and maintain flower beds at Normandale Lake. Meets Thursday, May-November, 9-11 a.m.

Pool Room: Monday-Friday, 8 a.m.-7 p.m. and Saturday, 8 a.m.-1 p.m. Ladies: Thursday, 1 p.m. Tournaments: For men and women, Tuesday, 8:30 a.m. and Thursday, 6 p.m. \$12 annual membership fee. For all skill levels.

Golf: Offsite - Contact Mary, 612-703-1014

Other Programs

Caregiver Support Group: Alzheimer's Association support group focuses on emotional support and sharing experiences. Sponsored by Martin Luther Care Center. Meets first and third Tuesday, 10:30 a.m.

Coffee Round Table: Drop in for a cup of coffee and conversation. Open during Library hours.

Get Acquainted: with the many programs and services offered through the adult 50+ programs and the Human Services Division.

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

Shoe Bus at Fare For All: Sale of new and gently used shoes helps provide food for the feeding programs of Good in the 'Hood. Purchases are suggested donation amounts.

Citywide Garage Sales: Bloomington Citywide Garage Sales May 17 - 18 - 19. For more information visit the City's website or call the Bloomington Optimist Youth Foundation at 952-831-3798 or 612-321-6052.

Allina Health Event: Traditional and Complementary Approaches to Managing Hip and Knee Pain. Cosponsored by the Joint Replacement Center at Abbott Northwestern Hospital. Thursday, May 31, 1-3 p.m. Free. Registration required by May 30.

For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, TTY ONLY 952-563-8740



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BLOOMINGTONMN.gov



reservations@BloomingtonMN.gov

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