Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Ceramics/Pool Room ... 8:00 Euchre/Woodcarvers ... 9:00 Foot Care Clinic (Appt. only) ... 9:00-3:00 Bone Builders II ... 10:00 Blood Pressure Screening ... 10:00-11:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Leatherworking ... 12:30 Club 500/Cribbage ... 1:00 Coffee with a Cop (Bloomington Mugshots Coffee Company) ... 2:00-4:00	**2** Ceramics/Pool Room/Woodshop ... 8:00 Exercise/Lapidary/Needleworkers ... 9:00 Buyer's Club ... 9:00-11:15, 12:30-1:30 Creekside Crickets Rehearsal ... 9:30 Open Computer Lab ... 9:30-11:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Social Bridge ... 12:15 Cribbage ... 12:45 Women's Pool ... 1:00 Pool Tournament ... 6:00 Women's Evening Bridge ... 6:30	**3** Pool Room/Woodshop ... 8:00 Crafts & Quilting/SS Strength and Balance ... 9:00 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Wii Bowling ... 12:30 Club 500 ... 1:00 AARP Smart Driver Program ... 1:00-5:00	**4** Ceramics ... 8:00-12:00 Pool Room ... 8:00-1:00 Bone Builders I ... 9:00 **Gardening Club Plant Exchange ... 9:00-12:00** Classic Country Music Jam ... 9:00-12:30
6 Pool Room/Woodshop ... 8:00 ESL Class ... 9:30 Euchre/500 Class (by appt.) ... 10:00 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Hearts/Leatherworking ... 12:30 Bone Builders II/Hand and Foot Canasta/ Pinochle ... 1:00	**7** Ceramics/Woodshop ... 8:00 AARP Smart Driver Program ... 8:00-12:00 Pool Tournament ... 8:30 Crafts & Quilting/Exercise/SS Cardio and Strength ... 9:00 ESL Class ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Flex Ability ... 10:15 MLCC Caregiver Support Group ... 10:30 Lunch ... 11:30 Duplicate Bridge ... 12:15 Club 500/Lapidary ... 1:00 Boutique ... 5:00-7:00 Bone Builders I ... 6:00	**8** Ceramics/Pool Room ... 8:00 Euchre/Woodcarvers ... 9:00 Foot Care Clinic (Appt. only) ... 9:00-3:00 **Coffee Talk: The Art & Architecture of Rome ... 9:30** Bone Builders II ... 10:00 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Hearing Test (Appt. only) ... 12:00-1:00 Leatherworking ... 12:30 Club 500/Cribbage ... 1:00	**9** Ceramics/Pool Room/Woodshop ... 8:00 Exercise/Lapidary/Needleworkers ... 9:00 **Get Acquainted ... 9:00** Buyer's Club ... 9:00-11:15, 12:30-1:30 Creekside Crickets Rehearsal ... 9:30 Open Computer Lab ... 9:30-11:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Social Bridge ... 12:15 Cribbage ... 12:45 Women's Pool ... 1:00 Pool Tournament ... 6:00	**10** Pool Room/Woodshop ... 8:00 Crafts & Quilting/SS Strength and Balance ... 9:00 Byte Syte ACUG ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Wii Bowling ... 12:30 Club 500 ... 1:00 Artistry Basic Drawing Skills ... 2:00	**11** Ceramics ... 8:00-12:00 Pool Room ... 8:00-1:00 AARP Smart Driver Program ... 8:30-5:00 Bone Builders I ... 9:00 Classic Country Music Jam ... 9:00-12:30 500 Tournament ... 1:30
13 Pool Room/Woodshop ... 8:00 ESL Class ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Leatherworking ... 12:30 Movie Monday "Minions" ... 12:45 Bone Builders II/Hand and Foot Canasta/ Pinochle ... 1:00	**14** Ceramics/Woodshop ... 8:00 Pool Tournament ... 8:30 Crafts & Quilting/Exercise/SS Cardio and Strength ... 9:00 Health Ins. Help (Appt. only) ... 9:00-11:00 ESL Class ... 9:30 **Governor's Mansion Tour ... 10:00-12:30** Boutique ... 10:00-11:30; 12:30-2:45 Flex Ability ... 10:15 Lunch ... 11:30 Duplicate Bridge ... 12:15 Club 500/Lapidary ... 1:00 Boutique ... 5:00-7:00 Bone Builders I ... 6:00	**15** Ceramics/Pool Room ... 8:00 Euchre/Woodcarvers ... 9:00 Foot Care Clinic (Appt. only) ... 9:00-3:00 Bone Builders II ... 10:00 Boutique ... 10:00-11:30; 12:30-2:45 **Fare For All ... 11:00-1:00** Lunch ... 11:30 Leatherworking ... 12:30 Club 500/Cribbage ... 1:00 Poetry Class ... 6:30-8:30	**16** Ceramics/Pool Room/Woodshop ... 8:00 Exercise/Lapidary/Needleworkers ... 9:00 Buyer's Club ... 9:00-11:15, 12:30-1:30 Creekside Crickets Rehearsal ... 9:30 Open Computer Lab ... 9:30-11:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Social Bridge ... 12:15 Cribbage ... 12:45 Women's Pool ... 1:00 **The Power of Laughter, Stress Management ... 1:30-3:30** AARP Smart Driver Program ... 5:00-9:00 Pool Tournament ... 6:00	**17** Pool Room/Woodshop ... 8:00 Crafts & Quilting/SS Strength and Balance ... 9:00 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Wii Bowling ... 12:30 Club 500 ... 1:00	**18** Ceramics ... 8:00-12:00 Pool Room ... 8:00-1:00 Bone Builders I ... 9:00 Classic Country Music Jam ... 9:00-12:30 Cribbage Tournament ... 1:00
20 Pool Room/Woodshop ... 8:00 ESL Class ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Leatherworking ... 12:30 Bone Builders II/Hand and Foot Canasta/ Pinochle ... 1:00	**21** Ceramics/Woodshop ... 8:00 Pool Tournament ... 8:30 **Panel Discussion; Life on Your Terms, A Little Goes A Long Way ... 8:30-10:15** Crafts & Quilting/Exercise/SS Cardio and Strength ... 9:00 **Let's Go Fishing ... 9:00-12:30** ESL Class ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Flex Ability ... 10:15 MLCC Caregiver Support Group ... 10:30 Lunch ... 11:30 Duplicate Bridge ... 12:15 Club 500/Lapidary ... 1:00 Boutique ... 5:00-7:00 Bone Builders I ... 6:00	**22** Ceramics/Pool Room ... 8:00 Euchre/Woodcarvers ... 9:00 Foot Care Clinic (Appt. only) ... 9:00-3:00 Bone Builders II ... 10:00 Boutique ... 10:00-11:30; 12:30-2:45 **Bingo & Birthday Bash Lunch ... 11:30** Leatherworking ... 12:30 Club 500/Cribbage ... 1:00 AARP Smart Driver Program ... 1:00-5:00	**23** Ceramics/Pool Room/Woodshop ... 8:00 Exercise/Lapidary/Needleworkers ... 9:00 Buyer's Club ... 9:00-11:15, 12:30-1:30 Open Computer Lab ... 9:30-11:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Social Bridge ... 12:15 Cribbage ... 12:45 Women's Pool/Writers Club ... 1:00 Pool Tournament ... 6:00	**24** Pool Room/Woodshop ... 8:00 Crafts & Quilting/SS Strength and Balance ... 9:00 Byte Syte ACUG ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Wii Bowling ... 12:30 Club 500 ... 1:00	**25** Ceramics ... 8:00-12:00 Pool Room ... 8:00-1:00 Bone Builders I ... 9:00 Classic Country Music Jam ... 9:00-12:30
27 Pool Room/Woodshop ... 8:00 ESL Class ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Duplicate Bridge ... 12:15 Leatherworking ... 12:30 Movie Monday "Walk in the Woods" ... 12:45 Bone Builders II/Hand and Foot Canasta/ Pinochle/Discussion Group ... 1:00	**28** Ceramics/Woodshop ... 8:00 Pool Tournament ... 8:30 Crafts & Quilting/Exercise/SS Cardio and Strength ... 9:00 ESL Class ... 9:30 Boutique ... 10:00-11:30; 12:30-2:45 Flex Ability ... 10:15 Lunch ... 11:30 Duplicate Bridge ... 12:15 Club 500/Lapidary ... 1:00 AARP Smart Driver Program ... 1:00-5:00 Boutique ... 5:00-7:00 Bone Builders I ... 6:00	**29** Ceramics/Pool Room ... 8:00 Euchre/Woodcarvers ... 9:00 Foot Care Clinic (Appt. only) ... 9:00-3:00 Bone Builders II ... 10:00 Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Leatherworking ... 12:30 Club 500/Cribbage ... 1:00	**30** Ceramics/Pool Room/Woodshop ... 8:00 Exercise/Lapidary/Needleworkers ... 9:00 Buyer's Club ... 9:00-11:15, 12:30-1:30 Open Computer Lab ... 9:30-11:30 **Let's Go Fishing ... 9:00-12:30** Boutique ... 10:00-11:30; 12:30-2:45 Lunch ... 11:30 Social Bridge ... 12:15 Cribbage ... 12:45 Women's Pool ... 1:00 Pool Tournament ... 6:00	*Notes*	

Programs for ages 50+ and adults with a disability

June and July

For more information or to register:
Creekside Community Center • 9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, TTY 952-563-4933 • reservations@BloomingtonMN.gov

CITY OF BLOOMINGTON MINNESOTA

FIND US ONLINE!
BloomingtonMN.gov

The City of Bloomington does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all City of Bloomington services, programs, and activities. Upon request, this information can be available in Braille, large print, audio tape and/or electronic format.

Arts & Crafts

Boutique: Handcrafted items for sale. Open Monday-Friday, 10-11:30 a.m.; 12:30-2:45 p.m., Tuesdays, 5-7 p.m. and Saturday 9:30 a.m.-1 p.m. in November and December.

Ceramics: Select from an assortment of greenware and bisque to paint or glaze. Open Tuesdays and Thursdays, 8 a.m.-3:30 p.m., Wednesdays, 8 a.m.-1:30 p.m. and Saturdays 8 a.m.-12 p.m. Fees apply for materials used.

Crafts & Quilting: Share your talents with this group Tuesdays and Fridays, 9 a.m.-1 p.m. Crafts and quilts are made using donated materials.

Lapidary: Cut and polish rocks and gemstones. Training and supplies provided. Open Tuesdays, 1-4 p.m. and Thursdays, 9 a.m.-12 p.m. $1 fee per visit.

Leatherworking: Learn to make crafts and works of art out of leather Mondays and Wednesdays, 12:30-3 p.m. Limited tools and scrap leather are provided for practice.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursdays, 9-11:30 a.m.

Woodcarvers: Learn the art of woodcarving Wednesdays, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Mondays, Tuesdays, Thursdays, and Fridays, 8-11 a.m. Must pass a proficiency test and wear an ID badge. $1 fee per visit.

Art Classes
In Partnership with Artistry

Basic Drawing Skills: Learn to use graphite pencils, charcoal, and pastels to create line, shape, texture, and shadow drawn images. Friday, June 10, 10 a.m.-12 p.m. Registration required. $15.

Cards

Club 500: Tuesdays, Wednesdays, and Fridays, 1-3 p.m. Tournaments Saturday, 1:30 p.m.: June 11. Lessons by appointment between 10-11:30 a.m. the first Monday of even months.

Cribbage: Wednesdays, 1-3:30 p.m. and Thursdays, 12:45-3 p.m. Tournaments held the third Saturday of each month, 1 p.m.

Duplicate Bridge: Mondays, Tuesdays, and Fridays, 12:15-3:15 p.m.

Euchre: Wednesdays, 9-11:30 a.m. Tournament Saturday, 12:30 p.m.: July 9. Lessons by appointment between 10-11:30 a.m. the first Monday of even months.

Hand and Foot Canasta: Mondays, 1-4:30 p.m.

Hearts: First Monday of each month, 12:30-3 p.m.

Pinochle: Mondays, 1-4 p.m.

Social Bridge: Thursdays, 12:15-3:15 p.m.

Women's Evening Bridge: First Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, TTY 952-563-4933.

Fitness

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Registration required.
I - Tuesdays, 6-7 p.m. and Saturdays, 9-10 a.m.
II - Mondays, 1-2 p.m. and Wednesdays, 10-11 a.m.

Chair Yoga: A gentle yoga. Fridays, 10-11 a.m. Fee applies. Session dates to be determined.

Flex Ability: Help regain mobility with standing, stretching, and balance. Tuesdays, 10:15-11:15 a.m. 7-weeks, 5/17-6/28. Registration required. Fee applies.

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat. Thursdays, 10-11 a.m. 6-weeks. Fee applies. Session dates to be determined.

Low Impact Exercise: A light and moderate exercise focused on balance, light aerobics, and strength training. Tuesdays and Thursdays, 9-10 a.m.

Tai Chi: Learn techniques and exercises of breathing, stretching, and meditation. Wednesdays, 9-10 a.m. 6-weeks. 7/13-8/17. Registration required. Fee applies.

Walking Club: Meets year-round at various walking paths and locations throughout the city. Tuesday and Thursday, 7:30 a.m.

Silver Sneakers® Flex™ (SS)

Registration required. Fee applies.

Strength and Balance, level I: Exercises are performed holding or sitting in a chair. Light cardio and strength training to improve muscle tone, flexibility, range of motion and coordination Fridays, 9-10 a.m.

Cardio and Strength, level II: Improve cardio, maintain/increase bone density, flexibility, range of motion, muscle tone, and coordination. Bring your own mat. Must be able to independently get up and down off the floor. Tuesdays, 9-10 a.m.

Recreation

Bocce Babes: A women's social group playing bocce ball and other fun activities June-January. Contact Parks and Recreation 952-563-8877, TTY 952-563-8740. Fees may apply.

Bocce Ball: Summer co-ed and women's leagues are held at Creekside and Valley View Field June-September.

Born Again Jocks: Men's sports leagues including bocce ball, golf, bowling, tennis, softball, table tennis, and volleyball. Contact Parks and Recreation 952-563-8877, TTY 952-563-8740. Fees may apply.

Bowling: Men's leagues meet Tuesdays and Thursdays at Southtown Lanes. Contact 952-881-7731, TTY 952-563-4933. Fees apply.

Flower Club: Maintain flower beds at Normandale Lake May-September.

Garden Club: Create, plant, and maintain gardens and planters at Creekside January-November. All are welcomed-no experience needed. Plant Exchange - Saturday, June 4, 9 a.m.-12 p.m.

Golf: Co-ed leagues meet Monday mornings at Hyland Greens Golf Course. Fees apply.

Informal Games: Stop in the library for informal card games, board games, or puzzles. Monday-Friday, 7 a.m.-7 p.m.

Nintendo Wii Bowling League: Stay active and fit while playing virtual bowling on the Nintendo Wii. Fridays, 12:30 p.m.

Pool Room: Monday-Friday, 8 a.m.-4:30 p.m. and Saturdays, 8 a.m.-1 p.m. Tournaments: Tuesdays, 8:30 a.m. and Thursdays, 6 p.m. Ladies: Thursdays, 1 p.m. $12 annual membership fee.

Recreational Equipment: Stop by the main office to check out equipment for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Wellness

Blood Pressure Checks: First Wednesday of each month, 10-11:30 a.m. A Public Health nurse is available to discuss health-related topics. No fee.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session.

Foot Care: A registered nurse will address your foot care needs. Wednesdays, 9 a.m.-3 p.m. Contact Happy Feet at 763-560-5136, TTY 952-563-4933. Appointment required. Fees apply.

Health Insurance Counseling: A trained volunteer answers questions about Medicare. Second Tuesday of each month, 9-11 a.m. Appointment required. No fee.

Hearing Testing: Second Wednesday of even months, 12-1 p.m. Appointment required. No fee.

Martin Luther Care Center Caregiver Support Group: Alzheimer's Association affiliated support group focuses on emotional support and sharing experiences. Meets first and third Tuesday, 10:30 a.m.

Medical Equipment Loan: Reserve wheelchairs, walkers, and canes for short-term use. A refundable deposit is required.

Leadership

Adults 50+ Program Leaders: Be involved in the planning, developing, and implementing of activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

Education

AARP Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held monthly. Reservations required. Fees apply.

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second and fourth Friday of the month, 9:30-11:30 a.m.

Coffee Talks: Informational sessions on a variety of topics, 9:30-11 a.m. Reservations required. Free.

Wednesday, June 8 - Art & Architecture of Rome

Discussion Group: Discuss educational topics. Meets the last Monday of January-June, September-November, 1-2 p.m.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes writing, basic conversation and daily life skills. Meets Mondays and Tuesdays 9:30-11:30 a.m.

iPad Tutoring: Bring your own iPad or watch a demonstration. First Thursday of the month, 9:30-11:30 a.m. Free.

Library: An extensive collection of books and puzzles available to borrow.

Naturalization Test Tutoring: Contact Human Services to arrange free tutoring with a volunteer. Study supplies will be provided by the tutor.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Fee applies for computer use.

Poetry Class: For all poet levels. Annual poetry contest, reading, and reception. Meets the third Wednesday of the month, 6:30-8:30 p.m.

Trips & Tour: Governor's Mansion Tour. Tuesday, June 14, 10 a.m.-12:30 p.m. Registration required. Fee applies.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1 p.m.

Movie Monday

Donations for film rentals and popcorn accepted. Movie suggestions welcomed. Big screen, popcorn, 12:45 p.m.

July 11, "River of No Return" (1954)
July 18, "Gentlemen Prefer Blonds" (1953)

Music

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Fridays, 9:30 a.m. September-May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a FREE country concert every Saturday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursdays, 9:30 a.m. September-May.

Nutrition Programs

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility. Birthday & Bingo Bash: Wednesday, June 22 and July 12. Red, White, & Blue Party: Friday, July 1.

Buyer's Club: This mini-market offers fresh produce, staples, dry baking products, pasta, nuts, etc. Open Thursday, 9-11:15; a.m.; 12:30-1:30 p.m. Closing Thursday, June 30.

Fare for All: This community food distribution program can save you up to 40% on fresh produce, name brand frozen meat and other basic groceries. No income guidelines. Cash, credit, debit, SNAP, and EBT accepted. Wednesdays, 11 a.m.-1 p.m. June 15 and July 20.

Loaves & Fishes: Hot, evening meals served 5:30-6:30 p.m. Monday-Friday. Open and free to all.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

Other Programs

Emergency Cell Phone Program: Bloomington residents can receive a free cell phone programmed to call 911. Priority is given to low income, individuals who are homeless, individuals age 50+ and/or individuals with a disability. Schedule a 30-minute appointment.

Coffee Round Table: Drop in for a hot cup of coffee and conversation.

Get Acquainted with the Adults 50+ Programs: Learn about activities and programs the second Thursday of each month, 9 a.m. Register three days in advance and enjoy a free lunch on us.

Transportation: A group route, door-to-door service for qualified Bloomington residents age 50+ and/or individuals with a disability who are ineligible to receive services from other transportation providers. Travel within city limits Monday-Friday, 8:15 a.m.-3:15 p.m. Reservations required. Fee applies.

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

Special Events

The Power of Laughter, Stress Management: A workshop designed to help you overcome life challenges that cause you stress. Thursday, June 16, 1:30-3:30 p.m. Registration required. $10.

Coffee with a Cop: No agendas or speeches. Have some coffee and get to know your Bloomington cops. 2-4 p.m. Free.

Wednesday, June 1, Mugshots Coffee Company
Monday, July 11, Bloomington Bakers Square

Panel Discussion; Life on Your Terms, A Little Goes A Long Way: from experts in real estate, financial, and estate planning. Tuesday, June 21, 8:30-10 a.m. Breakfast provided. Registration required. Free event.

Dance Across the Decades: Enjoy dancing to music from the 40s to the 70s by BandanAhhh! Saturday, July 16, 7-9 p.m. Tickets are $10 and include dinner. Registration required.

AARP Property Tax: Free preparation assistance for low-middle income individuals and families. Walk-in only. Monday, July 18, 9 a.m.

Ice Cream Social: Enjoy ice cream sundaes and entertainment by Track Lighting, a senior improv group. Thursday, July 28, 12:30-1:30 p.m. Cosponsored by The Pines. Registration required. Free.

Let's Go Fishing: A fully accessible fishing trip. MN fishing license required for those under 90 years old. Registration required. $12 per trip, 9 a.m.-12:30 p.m. Tuesday, June 21 • Thursday, June 30 • Thursday, July 14 • Wednesday, July 27

7th Annual Poetry Contest: submit poems through Friday, July 1. Contact Creekside for submission guidelines. Reception to honor contest winners, Saturday, August 27, 4-6 p.m.