



Monday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Woodshop
8:00 - 11:00 a.m.

Community Action Partnership Assister
8:30 - 11:30 a.m.

AARP Tax-Aide
9:00 a.m.

Ageless Grace
9:00 - 9:45 a.m.

ESL Class
9:30 - 11:30 a.m.

Boutique
10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

OLLI
12:30 - 2:00 p.m.
Course 1
Course 2

Leatherworking
12:30 - 3:00 p.m.

Bone Builders II
1:00 - 2:00 p.m.

Pinochle
1:00 - 4:00 p.m.

Hand and Foot Canasta
1:00 - 4:30 p.m.

SPECIAL PROGRAMS

6 - Euchre/500 Card Lessons
(Appointment only)
10:00 - 11:30 a.m.

6 - Hearts Tournament
12:30 - 3:00 p.m.

27 - Garden Club Meeting
10:00 a.m.

Creekside Closed
February 20
Presidents' Day

Tuesday

ONGOING PROGRAMS

Walking Club (Mall of America)
8:00 a.m.

Ceramics
8:00 a.m. - 3:30 p.m.

Woodshop
8:00 - 11:00 a.m.

Pool Room
8:00 a.m. - 7:00 p.m.

Pool Tournament
8:30 a.m.

AARP Tax-Aide
9:00 a.m.

Crafts & Quilting
9:00 a.m. - 1:00 p.m.

Low Impact Exercise
9:00 - 10:00 a.m.

SS Cardio and Strength
9:00 - 10:00 a.m.

ESL Class
9:30 - 11:30 a.m.

Boutique
10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Club 500
1:00 - 3:30 p.m.

Rock Shop (Lapidary)
1:00 - 4:00 p.m.

Boutique
5:00 - 7:00 p.m.

Prepare + Prosper Tax Assistance
Sign in time, 5:15 p.m.

Bone Builders I
6:00 - 7:00 p.m.

SPECIAL PROGRAMS

7 - Smart Driver Program
1:00 - 5:00 p.m.

14 - Health Insurance Help
(Appointment only)
9:00 - 11:00 a.m.

Wednesday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Ceramics
8:00 a.m. - 1:30 p.m.

SS Strength and Balance
9:00 - 10:00 a.m.

Euchre
9:00 - 11:30 a.m.

Woodcarvers
9:00 - 11:00 a.m.

Foot Care Clinic
(Appointment only)
9:00 a.m. - 3:00 p.m.

Bone Builders II
10:00 - 11:00 a.m.

Boutique
10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.

Lunch
11:30 a.m.

Leatherworking
12:30 - 3:00 p.m.

Club 500
1:00 - 3:30 p.m.

Cribbage
12:45 - 3:00 p.m.

SPECIAL PROGRAMS

1 - Smart Driver Program
9:00 a.m. - 1:00 p.m.

1 - Blood Pressure Screening
10:00 - 11:30 a.m.

8 - 50+ Program Leaders Meeting
9:00 - 10:00 a.m.

8 - Hearing Testing
(Appointment only)
12:00 - 1:00 p.m.

15 - Fare For All
11:00 a.m. - 1:00 p.m.

15 - Duplicate Bridge Tournament
12:15 - 4:00 p.m.

15 - Poetry Class
6:30 - 8:30 p.m.

Thursday

ONGOING PROGRAMS

Walking Club (Mall of America)
8:00 a.m.

Pool Room
8:00 a.m. - 1:00 p.m.

Ceramics
8:00 a.m. - 3:30 p.m.

Woodshop
8:00 - 11:00 a.m.

Low Impact Exercise
9:00 - 10:00 a.m.

Rock Shop (Lapidary)
9:00 a.m. - 12:00 p.m.

Needleworkers
9:00 - 11:30 a.m.

Open Computer Lab
9:30 - 11:30 a.m.

Crickets Rehearsals
9:30 a.m. - 1:00 p.m.

Gentle Mat Yoga
10:00 - 11:00 a.m.

Boutique
10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.

Lunch
11:30 a.m.

Social Bridge
12:15 - 3:15 p.m.

Cribbage
12:45 - 3:00 p.m.

Women's Pool
1:00 p.m.

The Nurse Is In
1:00 - 4:00 p.m.

Prepare + Prosper Tax Assistance
Sign in time, 5:15 p.m.

Pool Tournament
6:00 p.m.

SPECIAL PROGRAMS

2 - iPad Tutoring
9:30 - 11:30 a.m.

2 - Women's Evening Bridge
6:30 - 10:00 p.m.

9 - Get Acquainted
10:00 a.m.

9 - Movie Day
12:45 p.m.

16 - Movie Day
12:45 p.m.

16 - Smart Driver Program
1:00 - 5:00 p.m.

23 - Writers Club
1:00 - 3:00 p.m.

Friday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Woodshop
8:00 - 11:00 a.m.

Crafts & Quilting
9:00 a.m. - 1:00 p.m.

SS Strength and Balance
9:00 - 10:00 a.m.

Bloomingtones
9:30 a.m. - 12:00 p.m.

Chair Yoga 10
10:00 - 11:00 a.m.

Boutique
10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Wii Bowling
12:30 p.m.

Club 500
1:00 - 3:30 p.m.

SPECIAL PROGRAMS

10 - Byte Syte (ACUG)
9:30 - 11:30 a.m.

24 - Byte Syte (ACUG)
9:30 - 11:30 a.m.

24 - Smart Driver Program
1:00 - 5:00 p.m.

Saturday

ONGOING PROGRAMS

Ceramics
8:00 a.m. - 12:00 p.m.

Pool Room
8:00 a.m. - 1:00 p.m.

Prepare + Prosper Tax Assistance
Sign in time, 8:15 a.m.

Bone Builders I
9:00 - 10:00 a.m.

Classic Country Music Jam
9:00 a.m. - 12:30 p.m.

SPECIAL PROGRAMS

11 - Smart Driver Program
9:00 a.m. - 5:30 p.m.

11 - 500 Tournament
1:30 p.m.

18 - Cribbage Tournament
1:00 p.m.

18 - Smart Driver Program
9:00 a.m. - 1:00 p.m.

Human Services
at Creekside
Community Center
Programs for ages
50+ and/or adults
with a disability

952-563-4944
TTY 952-563-4933
reservations@
BloomingtonMN.gov

Arts & Crafts

Art Classes In Partnership with Artistry: Unique instructor lead art classes offered throughout the year.

Boutique: Handcrafted items for sale. Open Monday-Friday, 10-11:30 a.m.; 12:30-2:45 p.m., Tuesday, 5-7 p.m. and in November and December Saturday, 9:30 a.m.-1 p.m.

Ceramics: Select from an assortment of greenware and bisque and paint or glaze. Open Tuesday and Thursday, 8 a.m.-3:30 p.m., Wednesday, 8 a.m.-1:30 p.m. and Saturday, 8 a.m.-12 p.m. Fees apply for materials used.

Crafts & Quilting: Share your talents with this group Tuesday and Friday, 9 a.m.-1 p.m. Crafts and quilts are made using donated materials.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee. Donations accepted.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursday, 9-11:30 a.m.

Rock Shop (Lapidary): Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Open Tuesday, 1-4 p.m. and Thursday, 9 a.m.-12 p.m. \$1 fee per visit.

Woodcarvers: Learn the art of woodcarving Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8-11 a.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

Card Groups

Bridge Tournament: Third Wednesday of the month, 12:15-4 p.m. \$2 to play.

Duplicate Bridge: Monday, Tuesday, and Friday, 12:15-3:15 p.m. \$.50 to play. Tournament third Wednesday of each month. 12:15-4 p.m.

Social Bridge: Thursday, 12:15-3:15 p.m. \$.50 to play.

Women's Evening Bridge: First Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, TTY 952-563-4933.

Club 500: Tuesday, Wednesday, and Friday, 1-3:30 p.m. \$.50 to play. Tournament Saturday, February 11 and March 11, 1:30 p.m. \$3 to play.

Cribbage: Wednesday and Thursday, 12:45-3 p.m. \$1 to play. Tournaments the third Saturday of each month, 1 p.m. \$3 to play.

Euchre: Regular Euchre. Wednesday, 9-11:30 a.m. \$.50 to play. Tournament Saturday, April 8, 12:30 p.m. \$2 to play.

Hand and Foot Canasta: Monday, 1-4:30 p.m. \$1 to play.

Hearts: Tournaments the first Monday of each month, 12:30-3 p.m. \$2 to play.

Pinochle: Single deck. All skill levels. Monday, 1-4 p.m. \$.50 to play.

Card Lessons: 500, Euchre, and Hearts-by appointment first Monday of even months, 10-11:30 a.m. Pinochle-by appointment.

Education

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second and fourth Friday of the month, 9:30-11:30 a.m.

Coffee Talks: Informational sessions on a variety of topics, 10-11 a.m. Registration required. Free.

iPad Tutoring: Bring your own iPad or watch a demonstration. First Thursday of the month, 9:30-11:30 a.m. Free.

Library: An extensive collection of books and puzzles to borrow.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Fee applies for computer use.

OLLI: Human Services in partnership with University of Minnesota are offering lifelong learning classes. 6 weeks, 12:30-2:00 p.m. Registration required. \$30. Check back for spring classes.

Poetry Class: For all poet levels. Annual poetry contest, reading, and reception. Meets the third Wednesday of the month, 6:30-8:30 p.m.

Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held weekly by AARP. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

Health Checks

Blood Pressure Checks: First Wednesday of each month, 10-11:30 a.m. Walk-In. No fee.

Foot Care: Meet with professional foot care nurse to address your foot care needs. Wednesday, 9 a.m.-3 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Health Insurance Counseling: A trained volunteer from Senior Community Services will answer questions about Medicare. Second Tuesday of each month, 9-11 a.m. Appointment required. No fee.

Hearing Testing: Second Wednesday of even months, 12-1 p.m. Appointment required. No fee.

The Nurse Is In: Thursday, 1-4 p.m. Talk with a Bloomington Public Health Nurse regarding health, safety, medical questions, resources, etc. Walk-In. No fee.

Medical Equipment Loan: Reserve wheelchairs, walkers, and canes for short-term use. A refundable \$25 deposit is required.

Leadership

Adults 50+ Program Leaders: Be involved in the planning, developing, and implementing of activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

Mind & Body

Ageless Grace®: Exercise movements done seated in a chair to help improve strength, balance, self-esteem, joint mobility, and more. Drop-ins welcome. Monday, 9-9:45 a.m.

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Registration required.

I - Tuesday, 6-7 p.m. and Saturday, 9-10 a.m.

II - Monday, 1-2 p.m. and Wednesday, 10-11 a.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session.

Low Impact Exercise: A light and moderate exercise focused on balance, light aerobics, and strength training. Tuesday and Thursday, 9-10 a.m.

Meditation: Calm your mind and settle your body through guided and silent meditation. For all skill levels. Friday, 11:15 a.m.-12:15 p.m. 4-weeks, March 24-April 14. Registration required. Fee applies.

Silver Sneakers® Flex™ (SS): Registration required. Fee may apply.

Cardio and Strength: Improve cardio, maintain/increase bone density, flexibility, range of motion, muscle tone, and coordination. Bring your own mat. Must be able to get up and down off the floor. Tuesday, 9-10 a.m.

Strength and Balance: Exercise holding or sitting in a chair. Light cardio and strength training to improve muscle tone, flexibility, range of motion and coordination Friday and Wednesday, 9-10 a.m.

Tai Chi: Learn techniques and exercises of breathing, stretching, and meditation. Registration required. Fee applies. Beginning in the spring.

Walking Club: Meets year-round Tuesday and Thursday; spring through fall at various walking paths and locations throughout the city at 7:30 a.m., weather permitting. Winter months, meet at Mall of America, west side, first floor between Macy's and Nordstroms at 8 a.m.

Yoga: Registration required. 6-weeks. Fee applies.

Chair Yoga: A gentle, modified yoga. March 24-April 27
9 - Friday, 9-10 a.m.

10 - Friday, 10-11 a.m. February 3-March 10.

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat.
Thursday, 10-11 a.m. February 2- March 9.

Movies

Donations for film rentals and popcorn accepted. Movie suggestions welcomed. Big screen, popcorn, 12:45 p.m.

Thursday, February 9 & 16

Music

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m. September-May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a FREE country concert every Saturday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursday, 9:30 a.m. September-May.

Nutrition Programs

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility.

Fare for All: Community food distribution program. Save up to 40% on fresh produce, name brand frozen meat, and other basic groceries. No income guidelines. Cash, credit, debit, SNAP, and EBT accepted. Wednesday, 11 a.m.-1 p.m. February 15 and March.

Loaves & Fishes: Hot, evening meals served 5:30-6:30 p.m. Monday-Friday. Open and free to all.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

Recreation

Bocce Ball: Leagues held at Creekside and Valley View Field, weather permitting. Creekside Wednesday league, 9-11 a.m.

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Donations of plant and garden tools accepted. Meetings fourth Monday, January-November, 10-11:30 a.m.

Informal Games and Equipment: Card and board games and puzzles in the library. Stop by the main office to check out equipment for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Friday league, 12:30 p.m.

Normandale Lake Flower Club: Plant and maintain flower beds at Normandale Lake. Meets Thursday, May-November, 9-11 a.m.

Pool Room: Monday-Friday, 8 a.m.-7 p.m. and Saturday, 8 a.m.-1 p.m. Ladies: Thursday, 1 p.m. Tournaments: For men and women, Tuesday, 8:30 a.m. and Thursday, 6 p.m. \$12 annual membership fee. For all skill levels.

Off-site Programs

Bocce Babes: Contact Parks and Recreation 952-563-8877
Born Again Jocks: Contact Parks and Recreation 952-563-8877
Bowling: Contact 952-881-7731
Golf: Contact 952-881-6863

Other Programs

Caregiver Support Group: Alzheimer's Association affiliated support group focuses on emotional support and sharing experiences. Sponsored by Martin Luther Care Center. Meets first and third Tuesday, 10:30 a.m.

Coffee Round Table: Drop in for a hot cup of coffee and conversation.

Community Action Partnership Assister: In person application assistance with MN Health Insurance Exchange, MNSure, MNCare, Advanced Premium Tax Credits, Qualified Health Care Plans, and Supplemental Nutrition Assistance Program (SNAP). Monday, 8:30-11:30 a.m. Free. Walk-ins.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes writing, basic conversation, and daily life skills. Meets Mondays and Tuesdays 9:30-11:30 a.m. No fee.

Get Acquainted with the Adults 50+ Programs: Learn about activities and programs the second Thursday of each month, 10 a.m. Register three days in advance and enjoy a free lunch on us. February 9 and March 9.

Naturalization Test Tutoring: Contact Human Services to arrange free tutoring with a volunteer. Study supplies provided by the tutor.

Tax Assistance: Free tax preparation. Taxpayers with complex tax returns are advised to seek paid tax assistance.

AARP Tax Aide - for middle to low income individuals and families on a first-come, first-served basis. Monday and Tuesday, February 6 - April 17, 9 a.m.

Prepare + Prosper - for individuals making \$35,000 or less and families making \$55,000 or less. Arrive no more than 10 minutes before start time. Service order is determined randomly and everyone present at start time has an equal chance to be served and seen first. Tuesday and Thursday, January 24 - April 13, 5:15 p.m. and Saturday, January 21 - April 15, 8:15 a.m.

Transportation: A group route, door-to-door service for qualified Bloomington residents age 50+ and/or individuals with a disability who are ineligible to receive services from other transportation providers. Travel within city limits Monday-Friday, 8:15 a.m.-3:15 p.m. Reservations required. Fee applies.

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

For more information or to register:

Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, TTY 952-563-4933
reservations@BloomingtonMN.gov



The City of Bloomington does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all City of Bloomington services, programs, and activities. Upon request, this information can be available in Braille, large print, audio tape and/or electronic format.