

April 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">ONGOING PROGRAMS</p> <p>Pool Room 8:00 a.m. - 7:00 p.m.</p> <p>Woodshop 8:00 - 11:00 a.m.</p> <p>Community Action Partnership Assister 8:30 - 11:30 a.m.</p> <p>Ageless Grace 9:00 - 9:45 a.m.</p> <p>Boutique 10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.</p> <p>Lunch 11:30 a.m.</p> <p>Duplicate Bridge 12:15 - 3:15 p.m.</p> <p>Leatherworking 12:30 - 3:00 p.m.</p> <p>Bone Builders II 1:00 - 2:00 p.m.</p> <p>Pinochle 1:00 - 4:00 p.m.</p> <p>Hand and Foot Canasta 12:30 - 4:00 p.m.</p> <p align="center">SPECIAL PROGRAMS</p> <p>3 - AARP Tax-Aide 9:00 a.m.</p> <p>3 - Card Lessons (By appointment) 10:00 a.m.</p> <p>3 - Hearts Tournament 12:30 p.m.</p> <p>10 - AARP Tax-Aide 9:00 a.m.</p> <p>10 - Movie Day 12:45 p.m.</p> <p>17 - AARP Tax-Aide 9:00 a.m.</p> <p>17- Smart Driver Program 9:00 a.m., 4 hours</p> <p>24 - Bike Basics for Boomers 10:00 a.m. - 12:00 p.m.</p> <p>24 - Movie Day 12:45 p.m.</p>	<p align="center">ONGOING PROGRAMS</p> <p>Walking Club (call for location) 8:00 a.m.</p> <p>Ceramics 8:00 a.m. - 3:30 p.m.</p> <p>Woodshop 8:00 - 11:00 a.m.</p> <p>Pool Room 8:00 a.m. - 7:00 p.m.</p> <p>Pool Tournament 8:30 a.m.</p> <p>Crafts & Quilting 9:00 a.m. - 1:00 p.m.</p> <p>Low Impact Exercise 9:00 - 10:00 a.m.</p> <p>SS Cardio and Strength 9:00 - 10:00 a.m.</p> <p>ESL Class 9:30 - 11:30 a.m.</p> <p>Boutique 10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.</p> <p>Lunch 11:30 a.m.</p> <p>Duplicate Bridge 12:15 - 3:15 p.m.</p> <p>Club 500 1:00 - 3:30 p.m.</p> <p>Rock Shop (Lapidary) 1:00 - 4:00 p.m.</p> <p>Boutique 5:00 - 7:00 p.m.</p> <p>Bone Builders I 6:00 - 7:00 p.m.</p> <p align="center">SPECIAL PROGRAMS</p> <p>4 - AARP Tax-Aide 9:00 a.m.</p> <p>4 - Vietnam Era Veterans Appreciation Brunch 9:00 - 10:30 a.m.</p> <p>4 - Prepare + Prosper Tax Assistance Sign in time, 5:15 p.m.</p> <p>11 - AARP Tax-Aide 9:00 a.m.</p> <p>11 - Health Insurance Help (Appointment only) 9:00 - 11:00 a.m.</p> <p>11 - Smart Driver Program 1:00 p.m., 4 hours</p> <p>11 - Prepare + Prosper Tax Assist. Sign in time, 5:15 p.m.</p> <p>18 - Navigating Sr Care Workshop 2:00 p.m.</p> <p>25 - Smart Driver Program 1:00 p.m., 4 hours</p>	<p align="center">ONGOING PROGRAMS</p> <p>Pool Room 8:00 a.m. - 7:00 p.m.</p> <p>Ceramics 8:00 a.m. - 1:30 p.m.</p> <p>SS Strength and Balance 9:00 - 10:00 a.m.</p> <p>B.A.S.E. 9:00 - 11:15 a.m.</p> <p>Euchre 9:00 - 11:30 a.m.</p> <p>Woodcarvers 9:00 - 11:00 a.m.</p> <p>Foot Care Clinic (Appointment only) 9:00 a.m. - 3:00 p.m.</p> <p>Bone Builders II 10:00 - 11:00 a.m.</p> <p>Boutique 10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.</p> <p>Lunch 11:30 a.m.</p> <p>Leatherworking 12:30 - 3:00 p.m.</p> <p>Club 500 1:00 - 3:30 p.m.</p> <p>Cribbage 12:45 - 3:00 p.m.</p> <p align="center">SPECIAL PROGRAMS</p> <p>5 - Blood Pressure Screening 10:00 - 11:30 a.m.</p> <p>5 - Smart Driver Program 1:00 p.m., 4 hours</p> <p>12 - Hearing Testing (Appointment only) 12:00 - 1:00 p.m.</p> <p>19 - Fare For All 11:00 a.m. - 1:00 p.m.</p> <p>19 - Duplicate Bridge Tournament 12:15 - 4:00 p.m.</p> <p>19 - Poetry Class 6:30 - 8:30 p.m.</p>	<p align="center">ONGOING PROGRAMS</p> <p>Walking Club (call for location) 8:00 a.m.</p> <p>Pool Room 8:00 a.m. - 1:00 p.m.</p> <p>Ceramics 8:00 a.m. - 3:30 p.m.</p> <p>Woodshop 8:00 - 11:00 a.m.</p> <p>Low Impact Exercise 9:00 - 10:00 a.m.</p> <p>Rock Shop (Lapidary) 9:00 a.m. - 12:00 p.m.</p> <p>Needleworkers 9:00 - 11:30 a.m.</p> <p>Open Computer Lab 9:30 - 11:30 a.m.</p> <p>Crickets Rehearsals 9:30 a.m. - 1:00 p.m.</p> <p>Gentle Mat Yoga 10:00 - 11:00 a.m.</p> <p>Boutique 10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.</p> <p>Lunch 11:30 a.m.</p> <p>Social Bridge 12:15 - 3:15 p.m.</p> <p>Cribbage 12:45 - 3:00 p.m.</p> <p>Women's Pool 1:00 p.m.</p> <p>The Nurse Is In 1:00 - 4:00 p.m.</p> <p>Pool Tournament 6:00 p.m.</p> <p align="center">SPECIAL PROGRAMS</p> <p>6 - iPad Tutoring 9:30 - 11:30 a.m.</p> <p>6 - Prepare + Prosper Tax Assistance Sign in time, 5:15 p.m.</p> <p>6 - Women's Evening Bridge 6:30 - 10:00 p.m.</p> <p>13 - Get Acquainted 10:00 a.m.</p> <p>13 - Prepare + Prosper Tax Assistance Sign in time, 5:15 p.m.</p> <p>27 - Writers Club 1:00 - 3:00 p.m.</p> <p>27 - OLLI - Critique of Digital Culture 2:00-3:30 p.m.</p>	<p align="center">ONGOING PROGRAMS</p> <p>Pool Room 8:00 a.m. - 7:00 p.m.</p> <p>Woodshop 8:00 - 11:00 a.m.</p> <p>Crafts & Quilting 9:00 a.m. - 1:00 p.m.</p> <p>SS Strength and Balance 9:00 - 10:00 a.m.</p> <p>Bloomingtones 9:30 a.m. - 12:00 p.m.</p> <p>Chair Yoga 10 10:00 - 11:00 a.m.</p> <p>Boutique 10:00 - 11:30 a.m.; 12:30 - 2:45 p.m.</p> <p>Lunch 11:30 a.m.</p> <p>Duplicate Bridge 12:15 - 3:15 p.m.</p> <p>Wii Bowling 12:30 p.m.</p> <p>Club 500 1:00 - 3:30 p.m.</p> <p align="center">SPECIAL PROGRAMS</p> <p>7 - Bingo & Ice Cream Social (at Civic Plaza, 1800 W Old Shakopee Rd) 1:00 - 2:30 p.m.</p> <p>14 - Byte Syte (ACUG) 9:30 - 11:30 a.m.</p> <p>21 - Coffee Talk - Gift of Love - Pre-planning 10:00 - 11:00 a.m.</p> <p>28 - Byte Syte (ACUG) 9:30 - 11:30 a.m.</p>	<p align="center">ONGOING PROGRAMS</p> <p>Ceramics 8:00 a.m. - 12:00 p.m.</p> <p>Pool Room 8:00 a.m. - 1:00 p.m.</p> <p>Bone Builders I 9:00 - 10:00 a.m.</p> <p>Classic Country Music Jam 9:00 a.m. - 12:30 p.m.</p> <p align="center">SPECIAL PROGRAMS</p> <p>1 - Prepare + Prosper Tax Assistance Sign in time, 8:15 a.m.</p> <p>8 - Prepare + Prosper Tax Assistance Sign in time, 8:15 a.m.</p> <p>8 - Smart Driver Program 9:00 a.m., 8 hours</p> <p>8 - Euchre Tournament 12:30 p.m.</p> <p>15 - Prepare + Prosper Tax Assistance Sign in time, 8:15 a.m.</p> <p>15 - Smart Driver Program 9:00 a.m., 4 hours</p> <p>15 - Cribbage Tournament 1:00 p.m.</p> <p align="center">Human Services at Creekside Community Center Programs for ages 50+ and/or adults with a disability</p> <p align="center">952-563-4944 TTY 952-563-4933</p> <p align="center">reservations@BloomingtonMN.gov</p>

Arts & Crafts

Art Classes In Partnership with Artistry: Unique instructor lead art classes offered throughout the year.

Boutique: Handcrafted items for sale. Open Monday-Friday, 10-11:30 a.m.; 12:30-2:45 p.m., Tuesday, 5-7 p.m. and in November and December Saturday, 9:30 a.m.-1 p.m.

Ceramics: Select from an assortment of greenware and bisque and paint or glaze. Open Tuesday and Thursday, 8 a.m.-3:30 p.m., Wednesday, 8 a.m.-1:30 p.m. and Saturday, 8 a.m.-12 p.m. Fees apply for materials used.

Crafts & Quilting: Share your talents with this group Tuesday and Friday, 9 a.m.-1 p.m. Crafts and quilts are made using donated materials.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee. Donations accepted.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursday, 9-11:30 a.m.

Rock Shop (Lapidary): Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Open Tuesday, 1-4 p.m. and Thursday, 9 a.m.-12 p.m. \$1 fee per visit.

Woodcarvers: Learn the art of woodcarving Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8-11 a.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

Card Groups

Duplicate Bridge: Monday, Tuesday, and Friday, 12:15-3:15 p.m. \$.50 to play. Tournament third Wednesday of each month. 12:15-4 p.m. \$.2 to play.

Social Bridge: Thursday, 12:15-3:15 p.m. \$.50 to play.

Women's Evening Bridge: First Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, TTY 952-563-4933. \$.2 to play.

Club 500: Tuesday, Wednesday, and Friday, 1-3:30 p.m. \$.50 to play. Tournament Saturday, May 13, 1:30 p.m. \$.3 to play.

Cribbage: Wednesday and Thursday, 12:45-3 p.m. \$.1 to play. Tournaments the third Saturday of each month, 1 p.m. \$.3 to play.

Euchre: Regular Euchre. Wednesday, 9-11:30 a.m. \$.50 to play. Tournament Saturday, April 8, 12:30 p.m. \$.2 to play.

Hand and Foot Canasta: Monday, 12:30-4 p.m. \$.1 to play.

Hearts: Tournaments the first Monday of each month, 12:30-3 p.m. \$.2 to play.

Pinochle: Single deck. All skill levels. Monday, 1-4 p.m. \$.50 to play.

Card Lessons: 500, Euchre, and Hearts-by appointment first Monday of even months, 10-11:30 a.m. Pinochle-by appointment.

Education

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second and fourth Friday of the month, 9:30-11:30 a.m.

Coffee Talks: Informational sessions on a variety of topics, 10-11 a.m. Registration required. Free.

Gift of Love - Pre-planning - Friday, April 21
Aging In Place - Tuesday, May 23

iPad Tutoring: Bring your own iPad or watch a demonstration. First Thursday of the month, 9:30-11:30 a.m. Free.

Library: An extensive collection of books and puzzles to borrow.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Fee applies for computer use.

OLLI: Human Services in partnership with University of Minnesota are offering lifelong learning classes. Registration required.

Critique of Digital Culture. Thursdays, April 27-May 18, 4-week session, 2:00-3:30 p.m. \$.20.

Poetry Class: For all poet levels. Annual poetry contest, reading, and reception. Meets the third Wednesday of the month, 6:30-8:30 p.m.

Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held weekly by AARP. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

Health Checks

Blood Pressure Checks: First Wednesday of each month, 10-11:30 a.m. Walk-In. No fee.

Foot Care: Meet with professional foot care nurse to address your foot care needs. Wednesday, 9 a.m.-3 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Health Insurance Counseling: A trained volunteer from Senior Community Services will answer questions about Medicare. Second Tuesday of each month, 9-11 a.m. Appointment required. No fee.

Hearing Testing: Second Wednesday of even months, 12-1 p.m. Appointment required. No fee.

Medical Equipment Loan: Reserve wheelchairs, walkers, and canes for short-term use. A refundable \$25 deposit is required.

The Nurse Is In: Thursday, 1-4 p.m. Talk with a Bloomington Public Health Nurse regarding health, safety, medical questions, resources, etc. Walk-In. No fee.

Leadership

Adults 50+ Program Leaders: Be involved in the planning, developing, and implementing of activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

Mind & Body

Ageless Grace®: Exercise movements done seated in a chair to help improve strength, balance, self-esteem, joint mobility, and more. Drop-ins welcome. Monday, 9-9:45 a.m.

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Registration required.

I - Tuesday, 6-7 p.m. and Saturday, 9-10 a.m.

II - Monday, 1-2 p.m. and Wednesday, 10-11 a.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session.

Low Impact Exercise: A light and moderate exercise focused on balance, light aerobics, and strength training. Tuesday and Thursday, 9-10 a.m.

Silver Sneakers® Flex™ (SS): Registration required. Fee may apply.

Cardio and Strength: Improve cardio, maintain/increase bone density, flexibility, range of motion, muscle tone, and coordination. Bring your own mat. Must be able to get up and down off the floor. Tuesday, 9-10 a.m.

Strength and Balance: Exercise holding or sitting in a chair. Light cardio and strength training to improve muscle tone, flexibility, range of motion and coordination Friday and Wednesday, 9-10 a.m.

Walking Club: Meets year-round Tuesday and Thursday; spring through fall at various walking paths and locations throughout the city, 7:30 a.m., weather permitting. Winter months, meet at Mall of America, west side, first floor between Macy's and Nordstroms, 8 a.m.

Yoga: Registration required. 6-weeks. Fee applies.

Chair Yoga: A gentle, modified yoga. Friday, 10-11 a.m. March 24-April 28 and May 12-June 16

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat. Thursday, 10-11 a.m. March 23-April 27 and May 12-June 15.

Movies

Donations for film rentals and popcorn accepted. Movie suggestions welcomed. Big screen, popcorn, 12:45 p.m. April 10 & 24. May 8 & 22.

Music

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m. September-May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a FREE country concert every Saturday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursday, 9:30 a.m. September-May.

Nutrition Programs

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility.

Fare for All: Community food distribution program. Save up to 40% on fresh produce, name brand frozen meat, and other basic groceries. No income guidelines. Cash, credit, debit, SNAP, and EBT accepted. Wednesday, 11 a.m.-1 p.m. April 19 and May 17.

Loaves & Fishes: Hot, evening meals served 5:30-6:30 p.m. Monday-Friday. Open and free to all.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

Recreation

Bocce Ball: Leagues held at Creekside and Valley View Field, weather permitting. Creekside Wednesday league, 9-11 a.m.

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Plant and garden tools donations accepted. Meetings fourth Monday, January-October, 10-11:30 a.m. Plant Exchange on Saturday, June 3, 8 a.m.-12 p.m.

Informal Games and Equipment: Card and board games and puzzles in the library. Stop by the main office to check out equipment for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Friday league, 12:30 p.m.

Normandale Lake Flower Club: Plant and maintain flower beds at Normandale Lake. Meets Thursday, May-November, 9-11 a.m.

Pool Room: Monday-Friday, 8 a.m.-7 p.m. and Saturday, 8 a.m.-1 p.m. Ladies: Thursday, 1 p.m. Tournaments: For men and women, Tuesday, 8:30 a.m. and Thursday, 6 p.m. \$12 annual membership fee. For all skill levels.

Off-site Programs

Bocce Babes: Contact Parks and Recreation 952-563-8877

Born Again Jocks: Contact Parks and Recreation 952-563-8877

Bowling: Contact 952-881-7731

Golf: Contact 952-881-6863

Other Programs

Caregiver Support Group: Alzheimer's Association affiliated support group focuses on emotional support and sharing experiences. Sponsored by Martin Luther Care Center. Meets first and third Tuesday, 10:30 a.m.

Coffee Round Table: Drop in for a hot cup of coffee and conversation.

Community Action Partnership Assister: In person application assistance with MN Health Insurance Exchange, MNSure, MNCare, Advanced Premium Tax Credits, Qualified Health Care Plans, and Supplemental Nutrition Assistance Program (SNAP). Monday, 8:30-11:30 a.m. Free. Walk-ins.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes writing, basic conversation, and daily life skills. Meets Tuesday 9:30-11:30 a.m. No fee.

Get Acquainted with the Adults 50+ Programs: Learn about activities and programs the second Thursday of each month, 10 a.m. Register three days in advance and enjoy a free lunch. April 13 and May 11.

Naturalization Test Tutoring: Contact Human Services to arrange free tutoring with a volunteer. Study supplies provided by the tutor.

Tax Assistance: Free tax preparation. Taxpayers with complex tax returns are advised to seek paid tax assistance.

AARP Tax Aide - for middle to low income individuals and families on a first-come, first-served basis. Monday and Tuesday, through April 17, 9 a.m.

Prepare + Prosper - for individuals making \$35,000 or less and families making \$55,000 or less. Arrive no more than 10 minutes before start time. Service order is determined randomly and everyone present at start time has an equal chance to be served and seen first. Tuesday and Thursday, through April 13, 5:15 p.m. and Saturday, through April 15, 8:15 a.m.

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

Special Events

Bike Basics for Boomers: A workshop geared for adults looking to get back on their bike. Refresh yourself with rules of the road, bike maintenance, best practices for being safe and confident on the road and trail, helmet fittings, and how to pick the best bike for you. Bring your bike and helmet to class! Monday, April 24 or Friday, May 12, 10 a.m.-12 p.m. \$15. Registration required.

Flower Arrangement Workshop: cosponsored by Home Instead Senior Care. Supplies provided. Monday, May 1, 10-11 a.m. Free. Registration required.

Senior Dance in Celebration of Older Americans Month: Tuesday, May 16, 1:30-3 p.m. \$5. Registration required.

Bloomington Citywide Garage Sales: Rain or shine, May 18-20. List available May 17. Register through Bloomington Optimist Youth Foundation, 952-831-3798, by May 12, 4:30 p.m. Fee applies.

For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, TTY 952-563-4933
reservations@BloomingtonMN.gov



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BLOOMINGTONMN.gov



The City of Bloomington does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all City of Bloomington services, programs, and activities. Upon request, this information can be available in Braille, large print, audio tape and/or electronic format.