

Arts & Crafts

Boutique: Handcrafted items for sale. Open Monday-Friday, 10 a.m.-2:45 p.m.

Ceramics: Select from an assortment of greenware and bisque to paint or glaze. Open Tuesdays and Thursdays, 8 a.m.-3:30 p.m., Wednesdays, 8 a.m.-1:30 p.m. and Saturdays 8 a.m.-12:00 p.m. Fees apply for materials used.

Crafts & Quilting: Share your talents with this group Tuesdays and Fridays, 9 a.m.-1 p.m. Crafts and quilts are made using donated materials.

Lapidary: Cut and polish rocks and gemstones. Training and supplies provided. Open Tuesdays, 1-4 p.m. and Thursdays, 9 a.m.-12 p.m. \$1 fee per visit.

Leatherworking: Learn to make crafts and works of art out of leather Mondays and Wednesdays, 12:30-3 p.m. Limited tools and scrap leather are provided for practice.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursdays, 9-11:30 a.m.

Woodcarvers: Learn the art of woodcarving Wednesdays, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Mondays, Tuesdays, Thursdays, and Fridays, 8-11 a.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

Cards

Club 500: Tuesdays, Wednesdays, and Fridays, 1-3 p.m. Tournaments Saturday, 1:30 p.m.: July 11. Lessons the first Monday of even months, 10-11:30 a.m.

Cribbage: Wednesdays, 1-3:30 p.m. and Thursdays, 12:45-3 p.m. Tournaments held the third Saturday of each month, 1 p.m.

Duplicate Bridge: Mondays, Tuesdays and Fridays, 12:15-3:15 p.m.

Euchre: Wednesdays, 9-11:30 a.m. Tournament Saturday, 12:30 p.m.: August 8. Lessons the first Monday of even months, 10-11:30 a.m.

Hearts: First Monday of each month, 12:30-3 p.m.

Social Bridge: Thursdays, 12:15-3:15 p.m.

Women's Evening Bridge: First and third Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, TTY 952-563-4933.

Fitness

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Tuesdays, 6-7 p.m. Saturdays, 9-10 a.m.

Chair Yoga: A gentle yoga. Fridays, 10-11 a.m. 6-weeks. Fee applies.

Low Impact Exercise: A light and moderate exercise focused on balance, light aerobics, and strength training. Tuesdays and Thursdays, 9-10 a.m.

Walking Club: Meets Spring through Fall at various walking paths and trails throughout the city.

Zumba Gold: A low impact dance fitness class that incorporates Latin dance and aerobic exercise. Friday, 9-10 a.m. 7-weeks. Registration required. Fee applies.

Recreation

Bocce Ball: Summer co-ed and women's leagues are held at Creekside and Valley View Field June-August.

Bocce Babes: A women's social group playing bocce ball and other fun activities June-January. Contact Parks and Recreation 952-563-8877, TTY 952-563-8740. Fees may apply.

Born Again Jocks: Men's sports leagues including bocce ball, bowling, tennis, golf, softball, table tennis, and volleyball. Contact Parks and Recreation 952-563-8877, TTY 952-563-8740. Fees may apply.

Bowling: Men's leagues meet Tuesdays and Thursdays at Southtown Lanes. Contact 952-881-7731, TTY 952-563-4933. Fees apply.

Field Trips: Local day trips offered once a month. Leaving from and returning to Creekside. Registration required. Fee to participate.

Monday, July 13 - Centennial Lakes Park, 5-9 p.m.

Monday, August 31 - State Fair, 10 a.m.-3 p.m.

Flower Club: Plant and maintain flower beds throughout Bloomington and at Creekside May-September. Create and design planters at Creekside.

Golf: Co-ed leagues meet Monday mornings at Hyland Greens Golf Course. Contact 952-881-6863, TTY 952-563-4933. Fees apply. Informational meeting at Creekside Monday, April 13, at 8 a.m.

Informal Games: Stop in the library for informal card games, board games, or puzzles. Monday-Friday, 7 a.m.-7 p.m.

Nintendo Wii Bowling League: Stay active and fit while playing virtual bowling on the Nintendo Wii. Fridays, 12:30 p.m.

Pool Room: Monday-Friday, 8 a.m.-4:30 p.m. and Saturdays, 8 a.m.-1 p.m. Tournaments: Tuesdays, 8:30 a.m. and Thursdays, 6 p.m. Ladies: Thursdays, 1 p.m. \$12 annual membership fee.

Recreational Equipment: Stop by the office to pick up equipment for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Wellness

Blood Pressure Checks: First Wednesday of each month, 10-11:30 a.m. A Public Health nurse is also available to discuss health-related topic.

Dakim BrainFitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 20 minute demonstration session.

Foot Care: A professional foot care nurse will address your needs. Wednesdays, 9 a.m.-3 p.m. Contact Happy Feet at 763-560-5136, TTY 952-563-4933. Appointment required. Fees apply.

Health Insurance Counseling: A trained volunteer answers questions about Medicare. Second Tuesday of each month, 9-11 a.m. Appointment required. No fee.

Hearing Testing: Second Wednesday of even months, 12:30-1:15 p.m. Appointment required. No fee.

Martin Luther Care Center Caregiver Support Group: Alzheimer's Association affiliated support group focuses on emotional support and sharing experiences. Meets first and third Tuesday, 10:30 a.m.

Medical Equipment Loan: Reserve wheelchairs, walkers, and canes for short-term use. A deposit is required.

Leadership

50+ Program Leaders: Become involved in the planning, developing and implementing of activities and programs for the 50+ Program.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or dead.

Education

AARP Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held monthly. Reservations required. Fee applies.

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second and fourth Friday of the month, 9:30-11:30 a.m.

Coffee Talks: Informational sessions on a variety of topics, 10-11 a.m. Reservations required. Free.

Thursday, July 9 - Advance Care Planning-Honoring Choices

Friday, July 24 - Telephone Equipment Distribution Program

Friday, August 21 - Hearing Health and How it Affects Your Day to Day Living

Educational Discussion Group (University of MN OLLI Group): Discuss educational topics. Meets the last Monday of January-June, September, and October, 1-2 p.m.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes writing, basic conversation and daily life skills. Meets Mondays and Tuesdays 9:30-11:30 a.m.

iPad Tutoring: Bring your own iPad or watch a demonstration. First Thursday of the month, 9:30-11:30 a.m. Free.

Library: An extensive collection of books and puzzles available to borrow.

Open Computer Lab: Tutors are on hand to help with technology questions Thursdays, 9:30-11:30 a.m. Fee applies.

Poetry Class: For all poet levels. Class is led by award winning, published poet, Jerry Neren the third Wednesday of the month, 6:30-8:30 p.m.

Writers Club: For of all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

Movie Monday

Donations for film rentals and popcorn accepted.

Movie Monday: The latest films of today. First Monday of the month, 12:45 p.m.

July 6 - "Birdman"

August 3 - to be determined

Music

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Fridays, 9 a.m. September-May

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a FREE country concert every Saturday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursdays, 9:30 a.m.

Nutrition Programs

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility.

Special Lunch Events:

Thursday, July 2 - America the Beautiful

Tuesday, July 28 - Bingo & Birthday Bash

Tuesday, August 14 - Birthday Bash

Thursday, August 27 - Blue Hawaii

Buyer's Club: This mini-market offers fresh produce, staples, dry baking products, pasta, nuts, etc. Open Thursday, 9 a.m.-12 p.m.

Fare for All: This community food distribution program can save you up to 40% on fresh produce, frozen meat and other basic groceries. No income guidelines. Cash, credit, debit, and EBT accepted.

Wednesdays, 11 a.m.-1 p.m.

July 22 and August 19

Loaves & Fishes: Come in and have a seat for a FREE evening meal open to everyone. Monday-Friday, 5:30-6:30 p.m.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

Other Programs

Emergency Cell Phone Program: Free cell phone programmed to call 911 for residents. Priority is given to low income, homeless, individuals 50+ and/or individuals with a disability. Schedule a 30-minute appointment.

Coffee Round Table: Drop in for a hot cup of coffee and conversation.

Get Acquainted with the 50+ Program: Learn about activities and programs the second Thursday of each month, 9:30 a.m. Register three days in advance and enjoy a free lunch on us.

Transportation: A group route, door-to-door service for Bloomington residents 50+ and/or individuals with a disability who participate in Human Services programs. Residents must be traveling within city limits and ineligible for services from other providers. Reservations required. Fee applies.

Volunteering: Volunteers of all ages may choose to assist at one time special events or as an on-going basis with programs and activities.

Special Events

Let's Go Fishing: June 8, July 8, August 20, and September 15, 9:15 a.m.-12:30 p.m. A fully accessible fishing trip on Lake Riley. Cost \$10 per person per trip. Registration required for each trip.

Stress Management: June 9-30, 10-11 a.m. Learn about stress styles, coping techniques, power of choice, and more in this 4-week course. Free. Registration required.

Old Time Movie: Monday, June 15, 12:45 p.m. 16mm old time movies of the 30's, 40's and 50's. "Stampede" and 6 "Popeye" Color Cartoons.

Western Roundup, 50+ Country Western Dinner & Dance: Friday, June 26, 6-9:30 p.m. at Bloomington Armory. Reservations required.

AARP Property Tax Assistance: Tuesday, July 7, 9 a.m. Walk-in only.

Poetry Contest: Submit poems May 1-July 1. Free to participate.

Thursday Musical Interlude: Musical performances from local artists. Thursdays, 11:15 a.m.-12 p.m. Check for specific dates. Free.



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BloomingtonMN.gov



The City of Bloomington does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all City of Bloomington services, programs, and activities. Upon request, this information can be available in Braille, large print, audio tape and/or electronic format.