

AR & LE

Fall 2015



Sunday ■ October 11, 2015 ■ 11 am to 4 pm

Family Fun Sunday at Water Park of America!

See back cover for details!

Adaptive Recreation and Learning Exchange partnership (AR&LE) offers recreation, leisure and community education opportunities specifically designed to meet the needs of people with disabilities in the cities of Bloomington, Eden Prairie, Edina and Richfield.



Adaptive Recreation and Learning Exchange

Serving Bloomington, Eden Prairie, Edina & Richfield

WELCOME!

We would like to extend the invitation for you to take part in the variety of programs offered through the Adaptive Recreation & Learning Exchange Partnership (AR&LE). The information provided here should give you a closer look and better understanding of how our program works and where to acquire additional information that you may need. For over 30 years, the Adaptive Recreation and Learning Exchange (AR&LE) has been a leader in providing options for people with disabilities to participate in programs and activities that are specifically designed to meet their diverse needs.

WHAT IS AR&LE?

AR&LE is made up of two parts - Adaptive Recreation “AR” and Learning Exchange “LE”.

- *Adaptive Recreation:* The cities of Bloomington, Eden Prairie, Edina and Richfield each have programs that are specifically designed for people of all ages with disabilities including; softball, bowling, swimming lessons, fitness programs, skiing/snowboarding, basketball, as well as a number of social programs for both youth and adults.
- *Learning Exchange:* The school districts of Bloomington, Edina, Eden Prairie and Richfield Community Education Adults with Disabilities programs are working together to offer customized classes for adults with developmental and/or physical disabilities. Classes include cooking, independent living skills, health and fitness, and other leisure learning activities.

PROGRAM CATALOG

AR&LE publishes a quarterly program catalog with descriptions of all programs to be offered for the upcoming season. This is sent out quarterly to all the participants and professionals who are on our mailing list.

Electronic copies of the current AR&LE program catalog are available via the Internet at: www.BloomingtonMN.gov, and enter keywords “Adaptive Recreation” in the search engine.

PROFILES

In order to be on our mailing list, each person must complete a profile. Individuals with disabilities who participate in AR&LE programs should fill out a Participant profile. With the completed profile, the information is then available to the program staff so that they can be aware of any health, medical and special needs issues that pertain to the participant. Those individuals who provide support to, or work with the participant, should complete a Professional profile. After requesting a profile from any of the AR&LE staff or filling out and printing an online copy from www.BloomingtonMN.gov return the completed profile to the address below or scan and email to parkserv@BloomingtonMN.gov.

Bloomington Parks & Recreation
Attn: Mara
1800 West Old Shakopee Road
Bloomington, MN 55431

PROGRAM FEES AND REGISTRATION

The fees to register for AR&LE programs vary. Some are broken into Resident and Non-resident amounts. A Resident is anyone living in the four cities of Bloomington, Eden Prairie, Edina, or Richfield. Non-residents are considered to be those living outside of these cities. If a non-resident fee is charged, the difference is very minimal.

REFUND POLICY

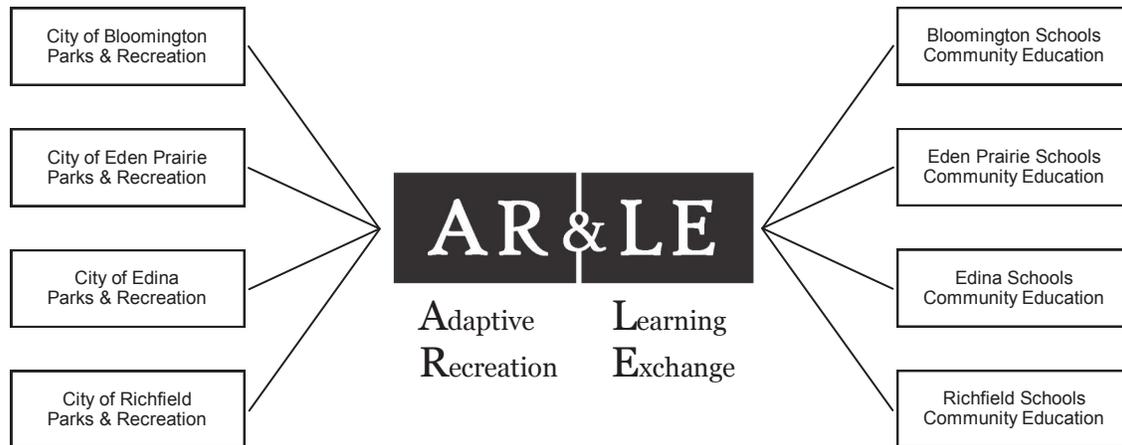
Each city reserves the right to implement their own refund policy.

The Cities of Bloomington, Eden Prairie, Edina and Richfield do not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all services, programs, and activities. This information can be available in alternate formats, upon request.

THE STAFF

The supervisory responsible for the planning and implementation of all the adaptive recreation programs have many years of experience in the Adaptive Recreation field. Their program staff are also highly skilled and dedicated individuals with professional and educational backgrounds in human services fields.

Working together, the Community Education directors from the school districts of Bloomington, Eden Prairie, Edina and Richfield employ a Coordinator for the Learning Exchange. Under the direction of the Learning Exchange Coordinator, professional instructors teach the Learning Exchange classes with the assistance of talented and trained volunteers.



CONTACT INFORMATION

Bloomington Adaptive Recreation

- Jackie Doncavage - Recreation Supervisor: 952-563-8877 (tty: 952-563-8740)
jdoncavage@BloomingtonMN.gov
- Jenna Smith - Recreation Supervisor: 952-563-8891
jmsmith@BloomingtonMN.gov

Eden Prairie Adaptive Recreation

- Nicole Minton - Recreation Supervisor: 952-949-8457 (tty: 952-949-8399)
nminton@edenprairie.org

Edina Adaptive Recreation

- Amanda Clarke - Recreation Supervisor: 952-826-0433 (tty: 952-826-0379)
aclarke@EdinaMN.gov

Richfield Adaptive Recreation

- Ann Jindra - Recreation Supervisor: 612-861-9361 (MN Relay Service at 711)
ajindra@cityofrichfield.org

Learning Exchange

- Janet Clarke - Learning Exchange Coordinator: 952-681-6121 (MN Relay Service at 711)
jclarke@isd271.org



TRAIL (Transportation Resource to Aid Independent Living) provides transportation for adults with developmental disabilities living in Bloomington, Eden Prairie, Edina and Richfield, allowing them to attend customized recreation and leisure programs offered by the Adaptive Recreation and Learning Exchange (AR&LE). Through donations and fundraising TRAIL subsidizes the cost of transportation; as a result, riders pay a nominal fee for their rides. Programs with this bus symbol have TRAIL available. To learn more or to make a donation, go to www.ridetrial.org, call Michelle at 952-828-0983, or email ridetrail@msn.com. **The current AR&LE catalog is available at www.ridetrial.org under "Resources".**

PERSONAL PROGRAM CHART

Use the chart below to keep track of your registered programs! If you don't want to cut out the registration forms, **an electronic copy of the current AR&LE program catalog is available via the Internet at: www.BloomingtonMN.gov** and enter keywords "Adaptive Recreation" in the search engine.

Day	Date/Time	Program	Location
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			



Jackie Doncavage - Recreation Supervisor (Adaptive)
 Phone: 952-563-8877
 TTY: 952-563-8740
 Email: jdoncavage@BloomingtonMN.gov
Jenna Smith - Recreation Supervisor (Inclusion)
 Phone: 952-563- 8891
 Email: jmsmith@BloomingtonMN.gov
 Address: 1800 W. Old Shakopee Road
 Bloomington 55431
 Website: www.BloomingtonMN.gov

 **FALL FORMAL**
Friday, September 25, 2015

Dress your best, pin on a corsage or boutonniere, and come out for an elegant evening of glitz, glamour and dancing! Come with a date, a group or on your own. We're teaming up with Project SOAR, Reach for Resources, Windows of Opportunity and the Access Program @ YMCA to host this very special event. Treats will be served.

- Who:** Adults 18+
- Time** 7:00-9:00 pm
- Location:** Minnetonka High School, Cafeteria
18301 MN Hwy 7 (frontage road), Minnetonka
Park in West Lot—Use TONKA CENTER entrance
- Cost:** \$10 for pre-registration or at the door the day of event.
- Pictures:** Included in cost of event is one 4x6 print per participant. Additional prints are \$1 each, pay at event. Pictures will be mailed to your home after the event.
- Register by:** Pre-registrations (with payment) accepted until the day before the dance or register and pay at the dance. Must have a completed AR&LE Participant Profile on file or be affiliated with one of the other sponsoring agencies.
- TRAIL:** **TRAIL is available!** TRAIL riders must request TRAIL by Monday, September 21, by calling 952-563-8877. Minimum of four riders required.

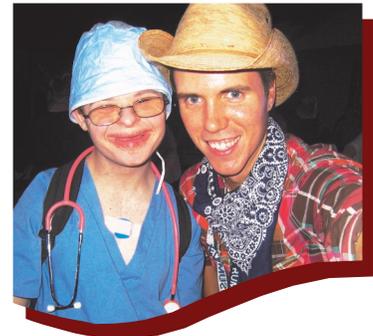


 **DANCE YOUR SOCKS OFF!**

Halloween Dance ■ October 23, 2015
 Wear your favorite costume and
 Monster Mash the night away!

Holiday Dance ■ November 13, 2015
 Break out your fanciest holiday sweater!

- Who:** Adults 18+
- Time:** 7:00-9:00 pm
- Location:** Valley View Middle School, 8900 Portland Avenue South,
Bloomington. Parking is available on the West side (back) of
the building. Enter through door E on the North end.
- Cost:** \$6 (support staff free). Includes one can of soda or water.
Pre-registrations (with payment) accepted until the day before
the dance or register and pay at the dance.
- TRAIL:** TRAIL riders must request TRAIL by noon the Monday before
each dance by calling 952-563-8877.
Minimum of four riders required.



Looking for registration forms or want to pre-register/pay for our programs? Go online to www.BloomingtonMN.gov (keyword "Dance") or contact us at 952-563-8877.



Nicole Minton - Recreation Supervisor
Eden Prairie Parks and Recreation
Phone: 952-949-8457
TTY: 952-949-8399
Email: nminton@edenprairie.org
Address: 8080 Mitchell Road, Eden Prairie 55344
Website: www.edenprairie.org

Staff to participant ratio for all programs is 1:3

ACCESS FOR ALL

Adaptive recreation programs are designed for individuals with disabilities. **Staff to participant ratio is 1:3.** Participants should independently demonstrate the following skills:

- Ability to follow the program schedule and adapt to change in routine with minimal prompting
- Willingness to try new activities and adjust to a variety of settings
- Communicate needs and wants
- Ability to dress oneself and use the restroom

If support is needed with one of these skills, then a personal support staff (PSS) must accompany the participant. If a PSS will be attending the program, please inform Nicole Minton, Therapeutic Recreation Supervisor, at nminton@edenprairie.org or 952-949-8457.

ADAPTIVE ICE SKATING - AGES 10-22

Using personalized instruction, this program encourages skaters of all abilities, at an individual pace, within a group setting. Start by becoming familiar with the ice and learn to stand and fall correctly, then progress to improving balance, coordination, flexibility and strength while learning a number of fundamental skating skills. No previous skating experience is required. Protective head gear (such as a bike helmet) is a must.

Dates/Time: Wednesdays ▪ October 7 - November 11 ▪ 6:55 - 7:25 pm
Location: Eden Prairie Community Center
Cost/Registerer: \$75 ▪ Registration deadline is September 25; maximum 4



EVERYONE CAN DANCE - AGES 13-22

Learn the basic building blocks of dance that include hand-eye coordination, flexibility and rhythm. Learn a short dance based on a pop culture theme. Parents are invited to attend a performance on Saturday, November 21 at the Mall of America. More information will be provided through email.

Dates/Time: Thursday-Friday ▪ October 9, 15, 16 and November 13 ▪ 3:00-4:00 pm
Location: Eden Prairie Community Center, Room 201
Cost/Registerer: \$47 ▪ Registration deadline is October 1; maximum 10

FUN WITH FITNESS - AGES 13-22

A low-impact fitness class designed to enhance range of motion, strength and endurance. Register a parent, sibling, or PSS at no cost and workout together.

Dates/Time: Saturdays ▪ November 7 - December 19 ▪ 10:35 - 11:20 am
Location: Eden Prairie Community Center, Room 201
Cost/Registerer: \$48 ▪ Registration deadline October 30; maximum 10



GLEE CLUB - AGES 13-22

Sing familiar songs and play a variety of instruments in a fun and supportive environment. Friends and family are invited to attend a performance at the end of camp.

Dates/Time: Saturdays ▪ September 26 - October 31 ▪ 9:30 - 11:00 am
Location: Eden Prairie Senior Center
Cost/Registerer: \$120 ▪ Registration deadline is September 11; maximum 10



CLUB 204 - AGES 13-22

Hang out with friends after school and unwind through sensory activities, fitness and games! Transportation is provided for participants coming from the Eden Prairie School District. No program October 9, 15, 16 or November 13, 26, 27.

Dates/Time: Thursdays and Fridays ▪ September 24 - December 18 ▪ 2:30 - 5:00 pm
Location: Eden Prairie Community Center, Room 203 and 204
Cost/Registerer: \$305 ▪ Registration deadline is September 11; maximum 10

HEALTHY SNACKS FOR THE HOLIDAYS - AGES 13-22

Learn a few quick and easy snacks you can make and share with family and friends this holiday season. We will make a grocery list and shop for items on our recipes, then make and sample snacks.

Dates/Time: Sunday ▪ November 8 ▪ 1:00 - 3:00 pm
Sunday ▪ December 13 ▪ 1:00 - 3:00 pm
Location: Eden Prairie Senior Center
Cost/Registerer: \$36 each session ▪ Registration deadline is seven days prior to the outing; maximum 8



OUTINGS

Explore Nature at Carl Kroening Interpretive Center - Ages 13-22

Surrounded by prairie and woodlands overlooking the Mississippi River is a perfect way to enjoy a fall day. We'll be walking the trails and checking out the displays of live amphibians and reptiles. Dress for the weather. Registration deadline is September 11; maximum 8

Date: Sun, Sept 20 Time: 1:00–3:30 pm Location: Drop off/Pick up at EP Senior Center Cost: \$25

Sever's Corn Maze - Ages 13-22

It's much more than a corn maze! Take in the many activities and attractions-- pick your own pumpkin, tire mountain, petting zoo, and food! Registration deadline is September 25; maximum 8

Date: Sun, Oct 4 Time: 1:00–3:30 pm Location: Drop off/Pick up at EP Senior Center Cost: \$25

Fur Ever Wild - Ages 13-22

Experience up close encounters with our North American wildlife. Join your friends for an adventure to see wolves, foxes, cougars, and more! Registration deadline is October 16; maximum 8

Date: Sun, Oct 25 Time: 1:00–3:30 pm Location: Drop off/Pick up at EP Senior Center Cost: \$36

Movie at Hopkins Cinema 6 - Ages 13-22

There's nothing like watching a good movie while munching on popcorn. Bring \$5 to \$10 for snacks and beverages. The program time may be adjusted due to the show time. Registration deadline is November 6; maximum 8

Date: Sun, Nov 15 Time: 1:30-4:30 pm Location: Drop off/Pick up at EP Senior Center Cost: \$28

Shop 'Til You Drop - Ages 13-30

Bring any amount of money and shop for a gift for someone in need. We will drop off at a Toys for Tots location. We will have dinner at the food court. Registration deadline is December 4; maximum 8

Date: Sun, Dec 13 Time: 4:00–6:00 pm Location: Drop off/Pick up Eden Prairie Center Cost: \$28

MACPHAIL PRIVATE MUSIC THERAPY SESSION OR ADAPTIVE LESSONS

Students are assessed before a treatment plan is implemented to meet individual needs and strengths. To register for music therapy, a placement interview is necessary to gather information that will aid in placing the student with an appropriate music therapist. Financial Assistance may be available to families and individuals who meet the eligibility guidelines. To learn more contact: Contact Marian Santucci, MacPhail Music Therapy Manager at 612-767-5596 or santucci.marian@macphail.org for more information or to set up a placement interview.

✂-----

Eden Prairie Registration Form

Participant Name		Home Phone		E-mail		Age	
Address/City				Apt. #	Zip Code	Birth Date	
Special Information:							
In order to participate in AR&LE programs, participants <u>must</u> have a completed Participant Profile on file. For more information see page 2 of this catalog.							
Parent/Guardian		Home Phone		Work Phone		E-mail	
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>							
Participant or Parent/Guardian Signature _____				Date _____			
Code Registration begins August 11th 454101-01 Adaptive Ice Skating, Oct 7-Nov 11 ----- <input type="checkbox"/> \$75 455201-01 Everyone Can Dance, ----- <input type="checkbox"/> \$47 455202-01 Fun with Fitness, Nov 7-Dec 19 ----- <input type="checkbox"/> \$48 455203-01 Glee Club, Sept 26-Oct 31 ----- <input type="checkbox"/> \$120 455204-01 Club 204, Sept-Dec ----- <input type="checkbox"/> \$305 455205-01 Healthy Snacks for Holidays, Nov 8 ----- <input type="checkbox"/> \$36 455205-02 Healthy Snacks for Holidays, Dec 13 ----- <input type="checkbox"/> \$36				Outings 455206-01 Carl Kroening Interpretive Center, Sept 20 ----- <input type="checkbox"/> \$25 455207-01 Sever's Corn Maze, Oct 4 ----- <input type="checkbox"/> \$25 455208-01 Fur Ever Wild, Oct 25 ----- <input type="checkbox"/> \$36 455209-01 Movie at Hopkins Cinema 6, Nov 15 ----- <input type="checkbox"/> \$28 455210-01 Shop 'Til you Drop, Dec 13 ----- <input type="checkbox"/> \$28			
Staff to participant ratio for all programs is 1:3				Mail completed form and check payable to the City of Eden Prairie to: Eden Prairie Community Center 16700 Valley View Road Eden Prairie, MN 55346			
TOTAL FEE(S) PAID: \$ _____							
Credit Card Information _____				Exp. Date _____			



Amanda Clarke - Recreation Supervisor
Edina Parks and Recreation
Phone: 952-826-0433
TTY: 952-826-0379
Email: aclarke@EdinaMN.gov
Address: 4801 W. 50th Street, Edina 55424
Website: www.EdinaParks.com

FALL BOWLING CLUB - AGES 7-18

Bowling is fun! Come learn to bowl or enhance your skills. Have fun being part of the team, making new friends and meeting up with your club. Teams will be arranged by age. VOLUNTEER support is welcome!



Fall Session: Saturdays
September 19 - November 14
Winter Session: Saturdays
January 23 - March 19
Time: 12 noon - 1:30 pm
Location: Brunswick Eden Prairie Lanes
12200 Singletree Lane
Cost: \$100/session for residents
\$105/session for nonresidents
Register by: September 3;
minimum 6, maximum 12

PRESENTS FOR THE HOLIDAYS - AGES 16 AND UP

Gifts that come from the heart are treasured. Join us as we make special gifts to give to friends and family over the holidays. Adults ages 16 and older are welcome.



Dates: Fridays ▪ November 6 - December 11 (no class November 27)
Time: 6:00 - 7:30 pm
Location: Edina Senior Center, Classroom #2
5280 Grandview Square
Cost: \$68
Register by: October 21; minimum 6, maximum 12

DREAM ICE SKATING - AGES 5 - 15

This class encourages skaters of all abilities to have fun learning to skate on their own pace. Taught by certified coaches and supported by 1:1 volunteers. No previous skating experience needed. Hockey helmet required.



Dates: Sundays ▪ September 13, 20, 27, October 4, 11, 25
(no class October 18)
Time: 10:40 - 11:40 am
Location: Braemar Arena
Cost: \$150
Register by: August 25; minimum 6, maximum 20

GET FIT VALUE PASS

AR&LE participants can use the indoor track at Edinborough Park at a reduced price. Purchase a Get Fit Value Pass for \$25.00 for 10 admissions to the walking track (only). Edinborough is located at 7700 York Avenue South. Bring your pass when you walk.

One family member or personal support staff can attend for free. Participants must provide their own supervision while using the track.

Purchase passes in person at the Edinborough Park office at 7700 York Avenue South, Edina. Telephone 952-833-9540.



Edina Registration Form

Participant Name		Home Phone	Cell Phone	E-mail	Age
Address/City			Apt. #	Zip Code	Birth Date
Special Information: Will PCA or Staff Attend with participant? <input type="checkbox"/> Yes <input type="checkbox"/> No			Dietary needs/allergies:		
In order to participate in AR&LE programs, participants must have a completed Participant Profile on file. For more information see page 2 of this catalog					
Parent/Guardian		Home Phone	Cell Phone	E-mail	
<p>THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.</p> <p>WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.</p>					
Participant or Parent/Guardian Signature _____			Date _____		
R= Resident, NR=Nonresident <div style="display: flex; justify-content: space-around;"> <u>R</u> <u>NR</u> </div> Bowling Club Fall Session ----- <input type="checkbox"/> \$100 <input type="checkbox"/> \$105 Winter Session ----- <input type="checkbox"/> \$100 <input type="checkbox"/> \$105 Presents for the Holidays ----- <input type="checkbox"/> \$68 DREAM Ice Skating ----- <input type="checkbox"/> \$150			Mail completed form and check payable to the City of Edina to: Edina Parks and Recreation 4801 W 50 th Street Edina MN 55424		
TOTAL FEE(S) PAID: \$ _____					
Credit Card Information _____				Exp. Date _____	



Ann Jindra
Recreation Supervisor
Richfield Recreation Services
Phone: 612-861-9361
TTY: 711 (Minnesota Relay Service)
Email: ajindra@cityofrichfield.org
Address: 7000 Nicollet Avenue South
Richfield 55423
Website: www.cityofrichfield.org

TRAIL LEAGUE BOWLING

Join a competitive league team or work on skills in a non-competitive open bowl setting. Play up to three games each week and have fun with friends! Fee includes an AR&LE Bowling T-shirt. Please indicate size on registration form.

Who: Adults 18 and older. **REGISTER EARLY, spaces fill quickly!**

Date/Time: Saturdays ▪ 9:20 am - 11:45 am
Session 1: September 19 - November 14, 2015
Session 2: January 23 - March 19, 2016 (April 2 make-up)

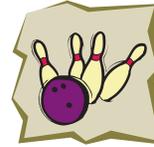
Location: Brunswick Zone, Eden Prairie Lanes, 12200 Singletree Lane

Cost: **Session 1:** Nine weeks, \$105 resident, \$115 nonresident
Session 2: Nine weeks, \$105 resident, \$115 nonresident

Register by: **September 1 for Session 1; January 4 for Session 2 or until full.**

League bowl is set-up for those who are able to bowl independently with little to no staff assistance.

Open bowl is set-up for individuals who may need assistance while bowling, use a wheelchair or walker, or will need a ramp. Please choose League or Open on the registration form. If you have a team or would like to play with a certain person, please indicate the other person's name on the comments area of your registration form. **AR&LE staff make final decisions on team placements.** Maximum 124 participants. Maximum 24 TRAIL riders.



DOWNHILL SKI LESSONS/SNOWBOARD LESSONS/SKI CLUB

This six week program is for individuals seven and older with the ability to stand up while learning to ski or snowboard. Volunteer to participant ratio 1:1. Ski Club members must be referred by ski lesson staff and be able to ski independently. Students with mobility impairments are referred to Courage Alpine Skiers. Experienced skiers & snowboarders are needed as volunteers!

Date/Time: Thursdays ▪ January 14 - February 18, 2016 (make-up February 25) ▪ 6:30 pm - 8:45 pm

Location: Hyland Ski & Snowboard Area, 8800 Chalet Road, Bloomington

Cost: If you have your own equipment: \$150 resident, \$160 nonresident
 If you need to rent equipment: \$170 resident, \$180 nonresident

Register by: Residents only until October 1, open to nonresidents beginning October 2. Deadline December 1.
 Maximum 40 students for ski lessons; maximum 25 students for snowboard lessons;
 maximum 20 participants in ski club



TRAIL CARDIO FITNESS

Stay in great shape with an aerobic exercise program improving your overall fitness level. Please wear workout shoes and clothes. Register early, spaces fill quickly.

Who: Adults 18 and older who can be safely supervised by 1 staff person per 25 participants and follow simple choreography.

Dates/Time: **Fall Session:** Mondays and Wednesdays ▪ September 14 - November 4, 2015 ▪ 7:00 - 8:00 pm
Holiday Session: Wednesdays only ▪ November 18 - December 16, 2015 ▪ 7:00 - 8:00 pm

Location: Richfield Community Center, 7000 Nicollet Avenue South

Cost: Fall Session: 2 days per week: \$48 resident, \$52 nonresident
 Fall Session: 1 day per week: \$24 resident, \$26 nonresident *Please indicate Mon and/or Wed on registration form.
 Holiday Session: \$15 resident, \$17 nonresident, Wednesday only

***TRAIL is available on Mondays & Wednesdays for Fall Session! Minimum of five riders each night and maximum of ten riders for Monday and twenty riders for Wednesday.**

****Two TRAIL buses are available for Holiday Session. Minimum of 5 riders and maximum of twenty.**

Register by: September 8, for Fall session, November 12, for Holiday session; minimum 10 per night, maximum 25 per night

TRAIL MOVIES AND MUNCHIES

Meet new people, visit with friends, and enjoy a movie on the big screen!

Who: Adults 18 and older. Support staff are asked to assist clients as needed.

Dates/Time: Fridays ▪ 7:00 - 9:00 pm
 Sept 4 **Night at the Museum: Secret of the Tomb** (\$8 movie & pizza)
 Oct 2 **Home**
 Nov 6 **Max**
 Dec 4 **Where Hope Grows**

Location: Richfield Community Center, 7000 Nicollet Avenue South

Cost: \$5 per movie **payable at the door.** This is to cover the cost of your munchies. \$8 for September 4 movie & pizza. Support Staff are invited to attend free of charge. (September 4 staff are required to pay \$6 if they would like pizza.)

Register by: Movies and Munchies is a drop-in program, but prior registration is appreciated by calling 612-861-9385.
 TRAIL riders: Call by 12:00 pm the Tuesday before each movie to register or check the box on the registration form. maximum 50.





GOOD HAPPENINGS

Good Happenings is a social club for adults 22 and older who enjoy participating in recreational activities and events with a group of friends. Activities are listed below. Sign up for all or select just a few of the activities offered!

Putt-Putt Golf at Centennial Lakes Park – Try your luck on the 18 hole bent-grass putting course at Centennial Lakes Park in Edina. Enjoy the beautiful setting with friends on a fall afternoon. Registration deadline: September 21; min 15, max 25

Date: Sun, Sept 27 Time: 3:00-5:00 pm Location: 7499 France Ave. So. (drop off/pick/up LL Hughes Pavilion) Cost: \$15
Staff cost: \$0 purchase own golf

Pinterest Party– Have you ever wanted to take the cool ideas you see on Pinterest, and actually make them? We'll do just that at the Pinterest Party. We will make one snack project and one art project found on Pinterest. Please eat dinner beforehand. Registration deadline: October 6; min 10, max 30

Date: Tues, Oct 13 Time: 7:00-8:30 pm Location: Richfield Community Center Cost: \$15
Staff cost: \$0

Halloween Bingo & Scary Sundaes! – Get ready to dress up in your Halloween costume, play Bingo and have an ice cream sundae with all of your favorite toppings. There will be a prize for best costume! Please eat beforehand. Registration deadline: October 23; min 15, max 40

Date: Fri, Oct 30 Time: 7:00-8:30 pm Location: Richfield Community Center Cost: \$12
Staff cost: \$3 for sundae

Vikings Football Party– Watch the Vikings take on the St. Louis Rams on the big screen at the Richfield Community Center! We will have pizza for lunch! Wear your team colors! Registration deadline: November 2; min 15, max 40

Date: Sun, Nov 8 Time: noon-3:30 pm Location: Richfield Community Center Cost: \$15
Staff cost: \$7 for food

12th Annual Thank Goodness for Friends Thanksgiving Dinner – Enjoy the company of your Good Happenings friends as you visit while enjoying the spread of good food and dessert at Old Country Buffet! Registration deadline: November 17; min 15, max 40

Date: Tues, Nov 24 Time: 6:45-8:15 pm Location: Old Country Buffet, Richfield Cost: \$17
Staff cost: purchase own dinner

Holiday Lights in the Park – A bus will take us to Phalen Park in St. Paul to see the annual 'Holiday Lights in the Park' display. We will drive through the park to view more than 60 holiday-themed light displays. You won't want to miss this! Please eat dinner beforehand. Registration deadline: December 4; min 15, max 35

Date: Fri, Dec 11 Time: 6:45-8:45 pm Location: Richfield Community Center Cost: \$15
Staff cost: \$0 - please note if attending!

✂ -----

Richfield Registration Form

Participant Name	Home Phone	Cell Phone	E-mail	Age
Address/City		Apt #	Zip Code	Birth Date
Special Information:		Food Allergies:		

In order to participate in AR&LE programs, participants must have a completed Participant Profile on file.
For more information see page 2 of this catalog

Emergency Contact	Home Phone	Work Phone
-------------------	------------	------------

THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City, its agents or employees from any such claims, injuries, or damages.

Participant or Parent/Guardian Signature _____ Date _____

R= Resident, NR=Nonresident TRAIL riders please check TRAIL box.

	R	NR	TRAIL
League Bowling			
Session 1: League.....	<input type="checkbox"/> \$105	<input type="checkbox"/> \$115	<input type="checkbox"/>
Session 1: Open.....	<input type="checkbox"/> \$105	<input type="checkbox"/> \$115	<input type="checkbox"/>
Session 2: League.....	<input type="checkbox"/> \$105	<input type="checkbox"/> \$115	<input type="checkbox"/>
Session 2: Open.....	<input type="checkbox"/> \$105	<input type="checkbox"/> \$115	<input type="checkbox"/>
Bowling Shirt (circle size):	S M L XL	XXL	
Downhill Ski Lessons.....	<input type="checkbox"/> \$150/170	<input type="checkbox"/> \$160/180	
Snowboard Lessons.....	<input type="checkbox"/> \$150/170	<input type="checkbox"/> \$160/180	
Ski Club.....	<input type="checkbox"/> \$150/170	<input type="checkbox"/> \$160/180	
Cardio Fitness			
Fall Session: Mon. & Wed.....	<input type="checkbox"/> \$48	<input type="checkbox"/> \$52	<input type="checkbox"/> TRAIL
Fall Session: Mon. or Wed (circle one).....	<input type="checkbox"/> \$24	<input type="checkbox"/> \$26	<input type="checkbox"/> TRAIL
Holiday Session: Wed only.....	<input type="checkbox"/> \$15	<input type="checkbox"/> \$17	<input type="checkbox"/> TRAIL

*Note: TRAIL is available Monday & Wednesday nights.

Movies & Munchies

Night at the Museum: Secret of Tomb (Sept 4)..... TRAIL

Home (Oct 2)..... TRAIL

Max (Nov 6)..... TRAIL

Where Hope Grows (Dec 4)..... TRAIL

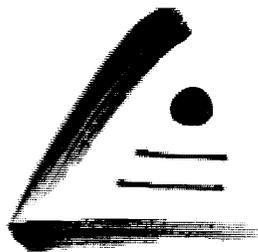
Good Happenings

	<u>Participant</u>	<u>Staff</u>	<u>TRAIL</u>
Putt-Putt Golf @ Centennial Lakes, Sept 27.....	<input type="checkbox"/> \$15	<input type="checkbox"/> \$0	<input type="checkbox"/>
Pinterest Party, Oct 13.....	<input type="checkbox"/> \$15	<input type="checkbox"/> \$0	<input type="checkbox"/>
Halloween Bingo & Scary Sundaes, Oct 30.....	<input type="checkbox"/> \$12	<input type="checkbox"/> \$3	<input type="checkbox"/>
Vikings Football Party, Nov 8.....	<input type="checkbox"/> \$15	<input type="checkbox"/> \$7	<input type="checkbox"/>
Thanksgiving Dinner @ OCB, Nov 24.....	<input type="checkbox"/> \$17	<input type="checkbox"/> yes	<input type="checkbox"/>
Holiday Lights in the Park Dec 11.....	<input type="checkbox"/> \$15	<input type="checkbox"/> yes	<input type="checkbox"/>

Mail completed form and check, payable to the City of Richfield to:
Richfield Recreation Services
7000 Nicollet Avenue
Richfield, MN 55423

Comments: _____

Credit Card Information _____	TOTAL FEE(S) PAID: \$ _____	Exp. Date _____
-------------------------------	-----------------------------	-----------------



Learning Exchange

Learning Exchange
 Janet Clarke - Coordinator
 Phone: 952-681-6121
 TTY: 711 (Minnesota Relay Service)
 Email: jclarke@isd271.org
 Address: 2575 West 88th Street, Bloomington 55431
 Website: www.bloomington.k12.mn.us

Learning Exchange classes are for adults, 18 years and older.

On-line Registration Site and Web Site: For on-line registration, go to br.thatscommunityed.com and create an account. Or link from our web page at bloomington.k12.mn.us and click on *Community Services*, then *Adults with Disabilities*, then *Register for Classes*.

Personal Leisure and Healthy Lifestyles



HOLIDAY MANNERS HOW-TOS!

Have a blast with Janet Clarke exploring the the “do’s and don’ts” of how to interact socially over the holidays. In this interactive class we’ll look at how to handle gift giving and receiving, tips on conversation starters, how to interact at a buffet dinner, how to respond to an invitation to a party and so much more! You’ll get a handout of tips on how to be the best mannered guest ever!

Date/Time: Monday ▪ November 16 ▪ 7:00 - 8:15 pm
Location: Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington
Cost: \$10, checks payable to **ISD 271**
Register by: November 2; minimum 6, maximum 20



THE COOL SCIENCE OF PHYSICS!

Spinning tops, catapults and balancing; what does this have to do with science? It’s all about physics, the science of movement. You get to make a spinner, a simple catapult and a balance stick at class. Experiment with these and other objects to explore force, momentum, energy, inertia and much more. Find out how these concepts affect objects that you use in everyday life!

Date/Time: Monday ▪ November 9 ▪ 7:00 - 8:30 pm
Location: South View Middle School, Room 201 (enter door #1), 4725 South View Lane, Edina
Cost: \$10, checks payable to **ISD 271**
Register by: October 26; minimum 6, maximum 16



HEALTHY LIVING: PREVENTING AND MANAGING DIABETES

Join the healthy living conversation! This class is for anyone who has wondered what diabetes is or if they might be at risk to someday have diabetes, or for people who already have diabetes. Led by nursing students from Bethel University, we’ll look at what diabetes is, what you can do to prevent diabetes, misconceptions about diabetes, and affirm healthy ways to deal with diabetes if you already have it. Come share your experiences and ask your questions.

Date/Time: Thursday ▪ November 5 ▪ 7:00 - 8:15 pm
Location: Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington
Cost: \$8, checks payable to **ISD 271**
Register by: October 22; minimum 6, maximum 20



SHOOTING POOL

Have a blast learning the basics of shooting pool or practicing what you already know! This class shows you the basics and will give you time to play several games with other class members and volunteers from the Pool Room.

Date/Time: Monday ▪ September 21 ▪ 7:00 - 8:15 pm
Location: Edina Senior Center, 5280 Grandview Square, Edina
Cost: \$8, checks payable to **ISD 271**
Register by: September 7; minimum 6, maximum 12



CHAIR YOGA AND RELAXATION

Come stretch, breathe, feel more energized, but relaxed! It’s the magic of yoga. We’ll do poses and relaxation exercises seated in a chair – no laying on the ground, no mats. As with all exercise classes, if you have any health issues, check with a doctor first.

Dates: Tuesdays ▪ September 15 ▪ October 6 ▪ November 17 ▪ December 15
Time: 7:00 - 8:00 pm
Location: Fraser Sheridan Court Commons Room, 2500 W. 66th Street, Richfield
Cost: All four classes for only \$18, checks payable to **ISD 271**
Register by: September 1; minimum 6, maximum 12





GRIEF AND LOSS DISCUSSION

Loss doesn't have to be overwhelming if you know how to approach it. Whether the loss is about a job or the death of a parent, you can be equipped to understand the feelings. This is a continuation of the grief discussion class from Winter 2015. Even if you were not part of that class, come be part of this discussion led by Tom Colbert, a licensed psychologist. You'll discover how to feel more comfortable about preparing for loss and ways to cope with feelings after a loss. Leave feeling more prepared to understand yourself and others when loss happens.



Date/Time: Thursday ▪ October 1 ▪ 7:00 - 8:15 pm
Location: Jefferson High School, Media Center, 4001 W. 102nd St., Bloomington
Cost: \$8, checks payable to **ISD 271**
Register by: September 24; minimum 8, maximum 20



VOLUNTEER AND SOCIAL TIME!

Come volunteer with your friends at the new Arc's Value Village store in Bloomington. Volunteers will help unpack, sort and tag donations and fill the sales floor. Make a difference in the community by offering your help! We'll have a half-hour social time afterwards at McDonald's, by walking across the parking lot. Cost of a small treat at McDonald's included in registration price. Bring extra money if you want more. **Important:** Wear closed-toed shoes, no sandals or flip flops.

Date/Time: Thursday ▪ October 15 ▪ 6:30 - 8:30 pm
Location: Drop off: Enter back of store at Arc's Value Village, 10546 France Ave. So., Bloomington
Pick up: McDonald's; 4000 West Old Shakopee Road, Bloomington
Cost: \$5, checks payable to **ISD 271**
Register by: October 1; minimum 6, maximum 20



COCOA AND CAROLS

Sing holiday songs and Christmas carols accompanied by piano music, and sip hot cocoa. What a wonderful way to celebrate the season with friends!



Date/Time: Monday ▪ December 7 ▪ 7:00 - 8:15 pm
Location: Edina Senior Center, 5280 Grandview Square, Edina
Cost: \$12, checks payable to **ISD 271**
Register by: November 23; minimum 6, maximum 40

Arts & Crafts



DRAMATIC DRAGON OR BIRD MASK/HAT

Come create your own dragon or bird wearable sculpture! You can wear it on top of your head as a hat, or as a mask and it looks awesome sitting on display! Using tag board, paper engineering techniques, colorful markers and various embellishments, you'll be amazed at how easy and fun it is to make this creation!



Date/Time: Tuesday ▪ September 29 ▪ 7:00 - 8:30 pm
Location: Bloomington Civic Plaza; 1800 West Old Shakopee Road, Bloomington
Cost: \$15, checks payable to **ISD 271**
Register by: September 15; minimum 6, maximum 16



DAZZLING SNOWFLAKE

Craft this large sparkling wooden snowflake to use as a door hanger, put on your Christmas tree, or use as a package decoration. Make it from wooden clothespins, then paint it and decorate it with gems. Great for all winter long!

Date/Time: Monday ▪ November 30 ▪ 7:00 - 8:00 pm
Location: South View Middle School, Room 201 (enter door #1)
4725 South View Lane, Edina
Cost: \$12, checks payable to **ISD 271**
Register by: November 16; minimum 6, maximum 16



Cooking Classes



HALLOWEEN CUPCAKES!

Discover some clever decoration techniques for fun and spooky cupcakes. It's cake decorating without squeezing an icing bag! You'll decorate 4 cupcakes this night - bring a container to take home the ones you don't eat!

Date/Time: Thursday ▪ October 8 ▪ 7:00 - 8:00 pm (*note different time*)
Location: Jefferson High School, Cooking Lab A100, 4001 W. 102nd St., Bloomington
Cost: \$15, checks payable to **ISD 271**
Register by: September 24; minimum 6; maximum 16



DINING CLUB

Do you love to help make food then eat it?! Dining Club is for all ability levels of learners who can follow safety instructions. Staff/volunteer to participant ratio is approximately 1:3; group home staff are expected to stay and assist. The focus is preparing food together and socializing while eating and washing dishes together. Bring containers for potential leftovers and take home the written recipe!

 **TRAIL riders: Only ONE Thursday cooking class has TRAIL. Usually it is the second Thursday class of a pair of classes. See registration form to verify that your choice offers TRAIL.**



Time: Dining Club classes meet from 7:00 pm - 8:30 pm
Location: Jefferson High School, Cooking Lab A100, 4001 W. 102nd St., Bloomington
Cost: \$15 per class, checks payable to **ISD 271**
Register by: Two weeks before class; minimum 6, maximum 15 (Hurry, these fill fast!)

Fabulous Baked French Toast **Thursday, Sep 17 or Thursday, Sept 24** (TRAIL)

We'll use apples, cinnamon, eggs and hearty bread to make this baked breakfast delight. The great thing about baked French toast is that when you are at home, you can make it and bake it right then, or put it together the night before and bake the next morning. Delicious with warm syrup!

Bold Beef Enchiladas **Thursday, Oct 22 or Thursday, Oct 29** (TRAIL)

Let's make ground beef enchiladas in flour tortillas topped with homemade red sauce, cheese and fresh cilantro. Served with Mexican beans and rice for a meal that will make you say "Ole!"

Classic Chicken and Dumplings **Thursday, Nov 12 or Thursday, Nov 19** (TRAIL)

Learn how to make the ultimate comfort food. Fresh chicken and veggies in broth complimented perfectly by tender dumplings. A hearty meal to warm the coldest night!

Holiday Make and Take **Thursday, Dec 3 or Thursday, Dec 10** (TRAIL)

We'll be decorating cookies, dipping pretzels and more. Have fun with friends and take home a plate of treats to enjoy yourself or share with others!

Specific Group Programs for Young Adults Ages 22 to 40

Wonder if this is a good match for you or do you have food allergies? Call Janet to discuss: 952-681-6121

CHEF'S CLUB - AGES 22 TO 40

New format this year - see below! Do you love to eat? Want to cook REAL food and get the food-making skills to live independently? Chef's Club is for learners who can work independently, with a minimum of direction. Learners should be able to safely use knives, oven and stove top without direct supervision. Staff to participant ratio is approximately 1:5. Here the focus is learning to read a recipe; learning basic food preparation techniques like cutting and chopping, roasting and sautéing, food-related tips and tricks and safe dish washing. And, of course, having fun together! Bring containers for potential leftovers and take home the written recipe!



First night's menu: Chicken Parmesan, includes breading and cooking a chicken breast, then making savory tomato sauce and pasta to accompany it. The group at class will discuss menus and interests to determine the content of the following two classes!

Dates **New Day of the Week!** Tuesdays ▪ September 22, October 20, November 10
Time: 7:00 - 8:30 pm
New Location: Kennedy High School; Cooling Lab C103, 9701 Nicollet Ave. So., Bloomington
Cost: \$45 for 3-class session, checks payable to **ISD 271**
Register by: September 8; minimum 6, maximum 12

Looking for other classes with people who share your interests? You might like:

- **Volunteer and Social Time!** ▪ see page 13
- **Holiday Manners How-tos!** ▪ see page 12
- **The Cool Science of Physics!** ▪ see page 12

IMPORTANT LEARNING EXCHANGE REGISTRATION INFORMATION!

Learning Exchange classes are customized to meet the needs of adults with developmental or cognitive disabilities, ages 18 and older.

Registration and Payment: Pre-registration and pre-payment is required for all classes. Walk-in participants are not allowed.

Supervision: Participants requiring personal assistance for physical and/or behavioral issues must be accompanied by a caregiver.

Medication and Seizures: Instructors and staff are not licensed to administer medications. If medications are required during a class, a caregiver must attend to administer the medication. A caregiver must accompany participants with active seizure disorders.

Three or more people registering from the same address/residential provider: A care provider should attend the class to assist the participants.

Register on-line with a credit card or link to your checking account:
 br.thatscommunityed.com Or mail in this form with payment to:
 ISD 271 - Learning Exchange, 2575 W. 88th Street, Bloomington, MN 55431

Note: Checks MUST be made payable to ISD 271 or they will be returned. Thanks!

Learning Exchange Registration Form

Participant Name	Home Phone	E-mail	Age
Address	Apt. #	City	Zip Code
Staff will attend: Yes ___ No ___ Allergies/Medical Concerns:			
Parent/Guardian	Home Phone	Cell/Work Phone	E-mail
Emergency Contact	Phone/s	Relationship	

THE DATA PRACTICES ACT requires that we inform you of your rights about the private data we are requesting on this form. Private data is available to you, but not to the public. This information can be shared with the Recreation and Learning Exchange staff of the Cities and School Districts of Bloomington, Edina, Eden Prairie, Richfield and TRAIL. You can withhold this data, but we may not be able to complete your registration and/or you may not receive updated program information. Your signature on this form indicates you understand these rights.

WAIVER: I, the undersigned, understand that my participation in this activity or program is completely voluntary and that the activity or program being offered is for the benefit of the participant. The City or School District shall not be liable for any claims, injuries, or damages, of whatever nature, incurred by the participant which are directly or indirectly attributable to the negligence, whether passive or active, of the City or School District, its agents or employees, arising out of, or in connection with, the activity or program. On behalf of the participant and myself, I expressly release and discharge the City or School District, its agents or employees from any such claims, injuries, or damages.

WAIVER: I understand and agree that Adaptive Recreation and Learning Exchange may use my photo image for publicity purposes.

 Participant or Parent/Guardian Signature Date

TRAIL Riders please check TRAIL Box <u>Class ID</u> <u>Cost</u> <u>TRAIL</u>			<u>Class ID</u> <u>Cost</u> <u>TRAIL</u>		
Personal Leisure & Healthy Lifestyles			Cooking Classes		
LE123F	Holiday Manner How-tos!, Nov 16	<input type="checkbox"/> \$10 <input type="checkbox"/>	LE119F	Halloween Cupcakes, Oct 8.....	<input type="checkbox"/> \$15 <input type="checkbox"/>
LE122F	The Cool Science of Physics!, Nov 9	<input type="checkbox"/> \$10 <input type="checkbox"/>	Dining Club Note: TRAIL only available on some Thursdays. TRAIL Riders should make sure the class you select has TRAIL available.		
LE124F	Healthy Living: Prevent & Manage Diabetes, Nov 5	<input type="checkbox"/> \$ 8 <input type="checkbox"/>	Fabulous Baked French Toast		
LE16S	Shooting Pool, Sept 21	<input type="checkbox"/> \$ 8 <input type="checkbox"/>	LE114F-A	Thurs, Sept 17.....	<input type="checkbox"/> \$15
LE11F	Chair Yoga and Relaxation Tuesdays: Sept 15, Oct 6, Nov 17, Dec 15	<input type="checkbox"/> \$18	LE114F-B	Thurs, Sept 24.....	<input type="checkbox"/> \$15 <input type="checkbox"/>
LE95F	Grief and Loss Discussion, Oct 1	<input type="checkbox"/> \$ 8 <input type="checkbox"/>	Bold Beef Enchiladas		
LE104F	Volunteer and Social Time, Oct 15.....	<input type="checkbox"/> \$ 5 <input type="checkbox"/>	LE115F-A	Thurs, Oct 22	<input type="checkbox"/> \$15
LE13F	Cocoa & Carols, Dec 7	<input type="checkbox"/> \$12 <input type="checkbox"/>	LE115F-B	Thurs, Oct 29	<input type="checkbox"/> \$15 <input type="checkbox"/>
Arts & Crafts			Classic Chicken and Dumplings		
LE121F	Dramatic Dragon or Bird Mask/Hat, Sept 29	<input type="checkbox"/> \$15 <input type="checkbox"/>	LE116F-A	Thurs, Nov 12.....	<input type="checkbox"/> \$15
LE120F	Dazzling Snowflake, Nov 30	<input type="checkbox"/> \$12 <input type="checkbox"/>	LE116F-B	Thurs, Nov 19.....	<input type="checkbox"/> \$15 <input type="checkbox"/>
			Holiday Make & Take		
			LE117F-A	Thurs, Dec 3.....	<input type="checkbox"/> \$15
			LE117F-B	Thurs, Dec 10.....	<input type="checkbox"/> \$15 <input type="checkbox"/>
			Specific Group Programs - ages 22 to 40		
			LE118F	Chef's Club: Tuesday: Sept 22, Oct 20, Nov 10.....	<input type="checkbox"/> \$45 <input type="checkbox"/>

Mail complete form to: ISD 271/Learning Exchange
 2575 W 88th Street
 Bloomington, MN 55431

Checks MUST be made payable to ISD 271 or they will be returned.

TOTAL FEE(S) PAID: \$ _____ Check/Money Order Payable to: **ISD 271**

Credit Card: Visa MasterCard Discover

Number _____ Exp. Date _____

By signing above, I authorize my Credit Card to be charged

_____ Date

AR&LE

The Adaptive Recreation & Learning Exchange
1800 W. Old Shakopee Road
Bloomington MN 55431-3096



Water Park of America
by MALL OF AMERICA®

TRAIL FAMILY FUN SUNDAY!

Sunday, October 11th | 11am - 4pm
\$13 in advance or \$15 at the door
Tickets on sale August 15 - October 7
www.ridetrail.org
Questions? Email ridetrail@msn.com | 612.861.9361

Water Park of America & Radisson Hotel Bloomington
1700 East American Blvd., Bloomington, MN 55425 | www.waterparkofamerica.com | 952.854.8700

TRAIL

TRAIL is a 501(c)(3) nonprofit providing transportation for developmentally disabled adults, enabling them to attend customized recreation and leisure programs offered by AR&LE (Adaptive Recreation & Learning Exchange) in Bloomington, Eden Prairie, Edina and Richfield.

AR&LE