

# City of Bloomington, Division of Public Health

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## Celebration is part of Heart Safe Communities award

February, 2015 – Bloomington has what it takes to improve the chances of surviving a sudden cardiac arrest. To prove it, the City received the Minnesota's Heart Safe Communities "stamp of approval."

### Award reception invitation

Bloomington's City Council will be awarded the designation at the start of its meeting, 7 p.m., on Monday, February 23.

The Bloomington Heart Safe Community program invites all to celebrate this award at a reception prior to the February 23 Council meeting, 6:30 p.m. in the Civic Plaza Atrium. To RSVP for the reception, contact Lisa Brodsky at 952-563-4962 or [heartsafe@BloomingtonMN.gov](mailto:heartsafe@BloomingtonMN.gov) by February 17, 2015.



### Preparing for Heart Safe Communities status

Public Health, Police, Fire and Allina Emergency Management Systems began work in 2011 to accomplish the following Heart Safe Communities requirements:

- Created and put into action a plan that provides training in CPR and AEDs (Automated External Defibrillators)
- Assured the community has AEDs available for use
- Promoted awareness and education about how to recognize when someone is having a sudden cardiac arrest and what to do about it

In this time, City of Bloomington completed the following:

- Trained 106 Bloomington fire fighters and Community Emergency Response Team members to teach Anytime CPR and AED use to others
- Trained nearly 3, 500 individuals in Anytime CPR
- Identified 126 public AEDs in Bloomington
- Developed 6 CPR/AED self-instruction loaner kits for community use

### Potential impact in our community

According to most recent statistics, heart disease is the most common cause of death in Bloomington. According to Lisa Brodsky, public health emergency preparedness manager, "Performing CPR right away and using an AED can double, if not triple, the likelihood of surviving a sudden cardiac arrest. As a Heart Safe Community, Bloomington hopes to increase the success rate and survival rate for those suffering of sudden cardiac arrest."

### Interested in training?

People interested in getting CPR and AED training should contact Bloomington's Heart Safe Communities program at [heartsafe@BloomingtonMN.gov](mailto:heartsafe@BloomingtonMN.gov).

People can also contact the City of Bloomington, Division of Public Health at 952-563-8900 for information.

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**For more information, contact:** Bloomington Public Health Division | 1900 West Old Shakopee Road, Bloomington, MN 55431 | PH: 952-563-8900 V/TTY | *Office hours:* Monday - Friday, 8 a.m. - 4:30 p.m. *Interpreters and transportation information are available upon request.*