

Partnership expands opportunities for health in our Latino community

December, 2014 – There is a prime reason that partnerships are the key to a healthy community. Partnerships are about “We” acting together instead of “I” acting alone. The importance of “We” versus “I” to health is stressed when you see that if you replace the “I” in “Illness” with “We” you get “Wellness.” Through our partnership we act to provide opportunities that support wellness in our community. Many opportunities provide equal access to health and wellness in our Latino community.



Above, this Cycles for Change bike tune up station was one of many resources for healthy living that community partners shared.

Opportunities connect residents with resources they need

The Healthy Living Hub at Assumption Church provides opportunities for Spanish-speaking community members to connect with resources for healthy food, healthy living and physical activity they need. Opportunities include community gardens, health and nutrition classes and recreation.

As a Healthy Living Hub partner, Bloomington Public Health provides opportunities that make healthy choices easier for our Latino neighbors.

Sixty organizations partner to increase opportunities for healthy living

This October, organizers at the Healthy Living Hub site brought partners together to share more healthy living opportunities for our Latino community. Sixty organizations, including Bloomington Public Health, participated.

Bloomington Public Health staff shared information about how its partnership with the Healthy Living Hub supports community wellness through healthy eating, physical activity and quit-smoking opportunities.

Staff promoted Safe Routes to School, affordable healthy food options, childcare provider trainings and bike safety education classes. These are opportunities supported by the Statewide Health Improvement Program through its Tri-City Partners for Healthy Communities partnership.

Sixty organizations partnering to expand opportunities for health is how “We” act for healthy communities. The opportunities allow more people to make choices that support a long and healthy life. And the opportunities make our community a wonderful place to live.

Contact for more information

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