

SPEND \$5, GET \$5

Use EBT/SNAP and get up to \$5 worth of Market Bucks AT YOUR FARMERS MARKET

3 Easy steps to use EBT at the Farmers Market

1. Buy tokens at the EBT booth
2. Use tokens (and Market Bucks) to buy SNAP-eligible foods from market vendors
3. Keep unused tokens for future visits or return them at the EBT booth

Match SNAP with more Market Bucks each day you use your EBT card at the market

What you can buy with SNAP at the Farmers Market



Fruits and Vegetables

Meat, Fish, Eggs and Dairy



Honey and Maple Products

Baked Goods



Seeds and Plants that Produce Food



Jams, Jellies, Pickles and Sauces



What is SNAP?

SNAP, or the Supplemental Nutrition Assistance Program, is federal food assistance placed on EBT (Electronic Benefit Transfer) cards that helps thousands of Minnesotans meet their nutritional needs. To find out if you can get SNAP, and for farmers market locations that accept SNAP and Market Bucks, call the MN Food Helpline at 1-888-711-1151 or visit z.umn.edu/farmersmarkets online.

More about tokens

Tokens can be spent only at the market where they are purchased. Tokens do not expire.

More about Market Bucks

Between May 1, 2014 and October 31, 2014, you can use Market Bucks to buy SNAP-eligible foods from vendors at participating farmers markets. Unused Market Bucks may not be returned for credit or cash.

