

Monday**ONGOING PROGRAMS**

- Pool Room**
8:00 a.m. - 7:00 p.m.
- Woodshop**
8:00 a.m. - 12:00 p.m.
- AARP Tax Aide**
9:00 a.m. - 12:00 p.m.
- ESL**
9:30 - 11:30 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Duplicate Bridge**
12:15 - 3:15 p.m.
- Hand and Foot Canasta**
12:30 - 4:00 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- SAIL**
1:00 - 2:00 p.m.
- Pinochle**
1:00 - 4:00 p.m.
- Crafts**
2:00 - 4:00 p.m.
- Country Kickers Ultra Beginners Line Dancing**
3:00 - 4:00 p.m.

SPECIAL PROGRAMS

- 2 - Hearts Tournament**
12:30 - 3:00 p.m.
- 9 - Movie Day**
12:45 p.m.
- 23 - Creekside Garden Club**
10:00 a.m.
- 23 - Movie Day**
12:45 p.m.

Tuesday**ONGOING PROGRAMS**

- Country Kickers Line Dancing**
8:00 - 8:45 a.m.
- Woodshop**
8:00 a.m. - 12:00 p.m.
- Pool Room**
8:00 a.m. - 7:00 p.m.
- Pool Tournament**
8:30 a.m.
- AARP Tax Aide**
9:00 a.m. - 12:00 p.m.
- Quilting**
9:00 a.m. - 1:00 p.m.
- Low Impact Exercise**
9:00 - 10:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Duplicate Bridge**
12:15 - 3:15 p.m.
- Club 500**
1:00 - 3:30 p.m.
- Rock Shop**
1:00 - 4:00 p.m.
- Boutique**
5:00 - 7:00 p.m.
- Bone Builders I**
6:00 - 7:00 p.m.

SPECIAL PROGRAMS

- 10 - Smart Driver Program**
9:00 a.m., 4 hours
- 10 - Health Insurance Counseling**
By appointment only.
- 10 - Hearts Tournament**
9:00 - 11:30 a.m.
- 10 - The Nurse Is In**
3:00 - 5:00 p.m.
- 24 - Smart Driver Program**
9:00 a.m., 4 hours
- 24 - Health Insurance Counseling**
By appointment only.
- 24 - Artistry - Gyotaku Fish Prints with Watercolor - Part 1**
1:00 - 3:00 p.m.
- 24 - The Nurse Is In**
3:00 - 5:00 p.m.

Wednesday**ONGOING PROGRAMS**

- Pool Room**
8:00 a.m. - 7:00 p.m.
- Ceramics**
8:00 a.m. - 12:00 p.m.
- SS Strength and Balance**
9:00 - 10:00 a.m.
- Euchre**
9:00 - 11:30 a.m.
- Woodcarvers**
9:00 - 11:00 a.m.
- Foot Care Clinic**
(By appointment)
9:00 a.m. - 4:00 p.m.
- SAIL**
10:00 - 11:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Cribbage**
12:45 - 3:00 p.m.
- Club 500**
1:00 - 3:30 p.m.

SPECIAL PROGRAMS

- 4 - Smart Driver Program**
1:00 p.m., 4 hours
- 11 - Bocce Babes Bunco**
12:30 - 2:30 p.m.
- 18 - Smart Driver Program**
1:00 p.m., 4 hours

Thursday**ONGOING PROGRAMS**

- Pool Room**
8:00 a.m. - 1:00 p.m.
- Ceramics**
8:00 a.m. - 3:00 p.m.
- Woodshop**
8:00 a.m. - 12:00 p.m.
- Gentle Mat Yoga 9**
9:00 - 10:00 a.m.
(no class March 12)
- Low Impact Exercise**
9:00 - 10:00 a.m.
- Rock Shop**
9:00 a.m. - 12:00 p.m.
- Needleworkers**
9:00 - 11:30 a.m.
- Open Computer Lab**
9:30 - 11:30 a.m.
- Creekside Crickets**
9:00 a.m. - 12:00 p.m.
- Gentle Mat Yoga 10**
10:15 - 11:15 a.m.
(no class March 12)
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Social Bridge**
12:15 - 3:15 p.m.
- Cribbage**
12:45 - 3:00 p.m.
- Women's Pool**
1:00 p.m.
- Pool Tournament**
6:00 p.m.

SPECIAL PROGRAMS

- 5 - Women's Evening Bridge**
6:30 - 10:00 p.m.
- 26 - Writers Club**
1:00 - 3:00 p.m.

Friday**ONGOING PROGRAMS**

- Pool Room**
8:00 a.m. - 7:00 p.m.
- Woodshop**
8:00 a.m. - 12:00 p.m.
- Bloomingtones**
9:30 a.m. - 12:00 p.m.
- Chair Yoga 9**
9:00 - 10:00 a.m.
(no class March 13)
- SS Strength and Balance**
9:00 - 10:00 a.m.
- Quilting**
9:00 a.m. - 1:00 p.m.
- Chair Yoga 10**
10:15 - 11:15 a.m.
(no class March 13)
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Wii Bowling**
12:00 - 2:30 p.m.
- Duplicate Bridge**
12:15 - 3:15 p.m.
- Club 500**
1:00 - 3:30 p.m.

SPECIAL PROGRAMS

- 6 - Artistry - Still Life in Watercolor Pencils**
1:00 - 3:00 p.m.
- 13 - Byte Syte (ACUG)**
9:30 - 11:30 a.m.
- 20 - Fare For All**
11:00 a.m. - 1:00 p.m.
- 20 - The Nurse Is In**
11:00 a.m. - 1:00 p.m.
- 27 - Artistry - Gyotaku Fish Prints with Watercolor - Part 2**
1:00 - 3:00 p.m.

Saturday**ONGOING PROGRAMS**

- Ceramics**
8:00 a.m. - 12:00 p.m.
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Bone Builders I**
9:00 - 10:00 a.m.
- Classic Country Music Jam**
9:00 a.m. - 12:30 p.m.

SPECIAL PROGRAMS

- 7 - North Star Scrollers**
9:30 - 11:30 a.m.
- 14 - Smart Driver Program**
9:00 a.m., 8 hours
- 14 - 500 Tournament**
1:30 p.m.
- 14 - Creekside F.U.N.**
5:30 p.m.
- 21 - Cribbage Tournament**
1:00 p.m.

REMEMBER TO CHECK IN!

Creekside Community Center requests that all participants stop by the front desk to swipe their key card, request a key card, or sign in as a guest for the day. This helps track facility attendance.

**CREEKSIDE
COMMUNITY
CENTER**

**952-563-4944
MN Relay 711**

**CREEKSIDE@
BLOOMINGTONMN.GOV**

March 2020

ARTS & CRAFTS

Art Classes In Partnership with Artistry: Unique instructor-lead art classes offered throughout the year. 1-3 p.m. All supplies provided. Registration required. See Artistry flyer for class details.

Still Life - in Watercolor Pencils: Friday, March 6, \$15

Gyotaku Fish Prints with Watercolor: Tuesday, March 24 (Part 1) and Friday, March 27 (Part 2), \$30

Paint Like VanGogh: Friday, April 3, \$15

Weaving a Wall Hanging: Friday, April 17, \$15

Dying and Painting Silk Scarves: Tuesday, April 21, \$20

Boutique: Handcrafted items for sale. Open Monday-Friday, 10 a.m.-3 p.m., Tuesday, 5-7 p.m.

Ceramics: Select from an assortment of greenware and bisque and paint or glaze. Open Wednesday and Saturday, 8 a.m.-12 p.m. and Thursday, 8 a.m.-3 p.m. Fees may apply.

Crafts: Bring a project you are working on or create something from our donated supplies. Meets Monday, 2-4 p.m.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee. Donations accepted.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursday, 9-11:30 a.m.

North Star Scrollers: Learn everything about scroll sawing. Members of all ability levels. Meets the first Saturday of each month, 9:30-11:30 a.m., September-May. \$20 annual dues.

Quilting: Share your talents with this group Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Open Tuesday, 1-4 p.m. and Thursday, 9 a.m.-12 p.m. \$2 fee per visit.

Woodcarvers: Learn the art of woodcarving Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8:00 a.m. - 12 p.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Monday, Tuesday, and Friday, 12:15-3:15 p.m. \$.50 to play.

Social Bridge: Thursday, 12:15-3:15 p.m. \$.50 to play.

Women's Evening Bridge: First Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, \$2 to play.

Club 500: Tuesday, Wednesday, and Friday, 1-3:30 p.m. \$.50 to play. Tournament Saturday, March 14, 1:30 p.m. \$3 to play.

Cribbage: Wednesday and Thursday, 12:45-3 p.m. \$1 to play. Tournaments the third Saturday of each month, 1 p.m. \$3 to play.

Euchre: Regular Euchre. Wednesday, 9-11:30 a.m. \$.50 to play. Tournament Saturday, May 9, 12:30 p.m. \$2 to play.

Hand and Foot Canasta: Monday, 12:30-4 p.m. \$1 to play.

Hearts: Tournaments the first Monday, 12:30-3 p.m., and second Tuesday, 9-11:30 a.m. of each month. \$2 to play.

Pinochle: Single deck. All skill levels. Monday, 1-4 p.m. \$.50 to play. Tournament Monday, April 20, 1 p.m. \$3 to play. Bring a partner.

Card Lessons: 500, Euchre, and Hearts-by appointment first Monday of even months, 10-11:30 a.m. Pinochle-by appointment.

EDUCATION

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second Friday of the month, 9:30-11:30 a.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes basic conversation, writing, and daily life skills. Meets Monday, 9:30-11:30 a.m. No fee.

Library: An extensive collection of books and puzzles to borrow.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Fee applies for computer use.

Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held by AARP. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

FITNESS

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Registration required. Free.

Tuesday, 6-7 p.m. and Saturday, 9-10 a.m.

Country Kickers Line Dancing: This fun, instructor lead class, will help increase balance and memory while exercising as a group. Free.

Ultra Beginners - Mondays, 2:30-3:30 p.m.

Beginners - Tuesdays, 8-8:45 a.m.

Low Impact Exercise: Light to moderate exercise focused on balance, light aerobics, and strength training. Tuesday and Thursday, 9-10 a.m. Free.

SAIL (Stay Active Independent for Life): A combination of aerobic conditioning, progressive strength training, and balance exercises to impact risk of falling. Registration required. Free.

Monday, 1-2 p.m. and Wednesday, 10-11 a.m.

Silver Sneakers® Flex™ (SS): Drop-ins welcome. Fee may apply.

Strength and Balance: Exercise holding or sitting in a chair. Light cardio and strength training to improve range of motion, flexibility, muscle tone, and coordination. Wednesday and Friday, 9-10 a.m.

Yoga: Registration required. 6-week sessions. Fee applies.

Chair Yoga: A gentle, modified yoga.

Friday, Session 9, 9-10 a.m.; Session 10, 10:15-11:15 a.m.

March 20 - April 24

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat.

Thursday, Session 10, 10-11 a.m.

March 19 - April 23

Stretch Relax Meditate: Simple stretches and yoga postures. Bring your own mat. Registration required. 6-week session. Fee applies. Watch for upcoming class dates.

HEALTH CHECKS

Flu Shots: Bloomington Public Health Provides flu shots at Creekside during flu season.

Foot Care: Meet with professional foot care nurse to address your foot care needs. Wednesday, 9 a.m.- 4 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Health Insurance Counseling: Speak with a trained volunteer. Second and fourth Tuesday of each month, 9-12 p.m. Appointment required; 1-800-333-2433 Senior Linkage Line. No fee.

Hearing Testing: Appointment required. No fee. Call for available times.

The Nurse Is In: Walk-in and talk with a Bloomington Public Health Nurse regarding health, safety, medical questions, blood pressure checks, resources, etc. No fee. March 10 and 24, 3-5 p.m.; March 20, 11 a.m.-1 p.m.

LEADERSHIP

Adults 50+ Program Leaders: Be involved in the planning, developing, and implementing of activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

MOVIES

Donations for film rentals and popcorn accepted. Movie suggestions welcomed. Call for movie titles. Mondays at 12:45 p.m.

March 9 and 23 ··· April 13 and 27

MUSIC

Music groups are available for performances. New members are welcome.

Bloomingtons: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m. September-May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert every Saturday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursday, 9 a.m. September-May.

NUTRITION PROGRAMS

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility.

Fare for All: Community food distribution program. Save up to 40% on fresh produce, frozen meat, and other basic groceries. No income guidelines. March 20 and April 24, 11 a.m.-1 p.m.

Loaves & Fishes: Hot, evening meals served 5:30-6:30 p.m. Monday-Friday. Open and free to all.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

RECREATION

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Monday of each month January-October, 10-11:30 a.m.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Friday league, 12:30 p.m.

Pool Room: Monday-Friday, 8 a.m.-7 p.m. and Saturday, 8 a.m.-1 p.m. Ladies: Thursday, 1 p.m. Tournaments: For men and women, Tuesday, 8:30 a.m. and Thursday, 6 p.m. \$12 annual membership fee. For all skill levels.

OTHER

Get Acquainted: with the many programs and services offered at Creekside. Call to schedule a tour.

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

YOUTH AND FAMILY PROGRAMS

Open Rec: Beat the cold and come inside for fun, recreational activities for children 8 years of age and younger.

Last Sunday each month. 10:00 a.m. - 12:00 p.m.

Parent or guardian must be present. \$2 per child.

March 29, April 26

Creekside Family Ultrafun Nights: Enjoy activities for the whole family.

New theme every month. Free.

March 14, 5:30 p.m. - Family Bingo

April 11, 5:30 p.m. - Marshmallow Masterpiece

Music & Dance Recess: Join your child in a class singing songs, dancing, playing instruments, and having fun! Parent participation is encouraged. Free.

Tuesdays, March 3, April 7, and May 5, 10:15 - 11:00 a.m.

For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711
Creekside@BloomingtonMN.gov



The City of Bloomington does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all City of Bloomington services, programs, and activities. Upon request, this information can be available in Braille, large print, audio tape and/or electronic format.