

January 2019

Monday

ONGOING PROGRAMS

- Pool Room**
8:00 a.m. - 7:00 p.m.
- Woodshop**
8:00 - 11:00 a.m.
- ESL**
9:30 - 11:30 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
(closed January 7)
- Lunch**
11:30 a.m.
- Duplicate Bridge**
12:15 - 3:15 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Bone Builders II**
1:00 - 2:00 p.m.
- Pinochle**
1:00 - 4:00 p.m.
- Hand and Foot Canasta**
12:30 - 4:00 p.m.

SPECIAL PROGRAMS

- 7 - Hearts Tournament**
12:30 - 3:00 p.m.
- 14 - Get Acquainted**
10:00 - 11:00 a.m.
- 14 - Movie Day**
12:45 p.m.
- 28 - Garden Club**
10:00 a.m.
- 28 - Smart Driver Program**
1:00 p.m., 4 hours
- 28 - Movie Day**
12:45 p.m.

*Martin Luther King Jr. Day
January 21
Creekside Closed*

Tuesday

ONGOING PROGRAMS

- Walking Club (Mall of America)**
8:00 a.m.
- Country Kickers Line Dancing**
8:00 - 8:45 a.m.
- Woodshop**
8:00 - 11:00 a.m.
- Pool Room**
8:00 a.m. - 7:00 p.m.
- Pool Tournament**
8:30 a.m.
- Crafts & Quilting**
9:00 a.m. - 1:00 p.m.
- Low Impact Exercise**
9:00 - 10:00 a.m.
- SS Cardio and Strength**
9:00 - 10:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Duplicate Bridge**
12:15 - 3:15 p.m.
- Club 500**
1:00 - 3:30 p.m.
- Rock Shop**
1:00 - 4:00 p.m.
- Boutique**
5:00 - 7:00 p.m.
- Bone Builders I**
6:00 - 7:00 p.m.

SPECIAL PROGRAMS

- 8 - Health Insurance Counseling**
By appointment only.
- 22 - Health Insurance Counseling**
By appointment only.
- 22 - Smart Driver Program**
1:00 p.m., 4 hours
- Prepare + Prosper**
Beginning the 29th. By appointment only.

*New Years Day
January 1
Creekside Closed*

Wednesday

ONGOING PROGRAMS

- Pool Room**
8:00 a.m. - 7:00 p.m.
- Ceramics**
8:00 a.m. - 12:00 p.m.
(closed January 2)
- SS Strength and Balance**
9:00 - 10:00 a.m.
- Euchre**
9:00 - 11:30 a.m.
- Woodcarvers**
9:00 - 11:00 a.m.
- Foot Care Clinic**
(Appointment only)
9:00 a.m. - 4:00 p.m.
- Bone Builders II**
10:00 - 11:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Club 500**
1:00 - 3:30 p.m.
- Cribbage**
12:45 - 3:00 p.m.

SPECIAL PROGRAMS

- 9 - Smart Driver Program**
9:00 a.m., 4 hours
- 9 - Chess**
9:00 a.m. - 12:00 p.m.
- 16 - Duplicate Bridge Tournament**
12:15 - 4:00 p.m.
- 16 - Poetry Class**
6:30 - 8:30 p.m.
- 23 - Fare For All**
11:00 a.m. - 1:00 p.m.
- 23 - The Nurse Is In**
11:00 a.m. - 1:00 p.m.

Thursday

ONGOING PROGRAMS

- Walking Club (Mall of America)**
8:00 a.m.
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Ceramics**
8:00 a.m. - 3:00 p.m.
(Closed January 3)
- Woodshop**
8:00 - 11:00 a.m.
- Low Impact Exercise**
9:00 - 10:00 a.m.
- Rock Shop**
9:00 a.m. - 12:00 p.m.
- Needleworkers**
9:00 - 11:30 a.m.
- Open Computer Lab**
9:30 - 11:30 a.m.
- Creekside Crickets**
9:00 a.m. - 12:00 p.m.
- Gentle Mat Yoga**
10:00 - 11:00 a.m.
(no class January 31)
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Social Bridge**
12:15 - 3:15 p.m.
- Cribbage**
12:45 - 3:00 p.m.
- Women's Pool**
1:00 p.m.
- Pool Tournament**
6:00 p.m.

SPECIAL PROGRAMS

- 3 - Women's Evening Bridge**
6:30 - 10:00 p.m.
- 24 - Writers Club**
1:00 - 3:00 p.m.
- Prepare + Prosper**
Beginning the 31st. By appointment.

Friday

ONGOING PROGRAMS

- Pool Room**
8:00 a.m. - 7:00 p.m.
- Woodshop**
8:00 - 11:00 a.m.
- Bloomingtones**
9:30 a.m. - 12:00 p.m.
- Chair Yoga 9**
9:00 - 10:00 a.m.
- SS Strength and Balance**
9:00 - 10:00 a.m.
- Crafts & Quilting**
9:00 a.m. - 1:00 p.m.
- Chair Yoga 10**
10:00 - 11:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Lunch**
11:30 a.m.
- Duplicate Bridge**
12:15 - 3:15 p.m.
- Wii Bowling**
12:30 p.m.
- Club 500**
1:00 - 3:30 p.m.

SPECIAL PROGRAMS

- 11 - Byte Syte (ACUG)**
9:30 - 11:30 a.m.
- 25 - Byte Syte (ACUG)**
9:30 - 11:30 a.m.

Saturday

ONGOING PROGRAMS

- Ceramics**
8:00 a.m. - 12:00 p.m.
(closed January 5)
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Bone Builders I**
9:00 - 10:00 a.m.
- Classic Country Music Jam**
9:00 a.m. - 12:30 p.m.

SPECIAL PROGRAMS

- 5 - North Star Scrollers**
9:30 - 11:30 a.m.
- 12 - Smart Driver Program**
9:00 a.m., 8 hours
- 12 - 500 Tournament**
1:30 p.m.
- 19 - Smart Driver Program**
9:00 a.m., 4 hours
- 19 - Cribbage Tournament**
1:00 p.m.
- Prepare + Prosper**
Beginning the 26th. By appointment.

CREEKSIDE COMMUNITY CENTER

Programs for ages
50+ and/or adults
with a disability

952-563-4944
TTY ONLY 952-563-8740

RESERVATIONS@
BLOOMINGTONMN.GOV

ARTS & CRAFTS

Art Classes In Partnership with Artistry: Unique instructor lead art classes offered throughout the year. All supplies provided. Registration required. See Artistry flyer for class details. \$15 each.

Boutique: Handcrafted items for sale. Open Monday-Friday, 10 a.m.-3 p.m., Tuesday, 5-7 p.m., and Saturday in November and December 9 a.m.-12 p.m.

Ceramics: Select from an assortment of greenware and bisque and paint or glaze. Open Wednesday and Saturday, 8 a.m.-12 p.m. and Thursday, 8 a.m.-3 p.m. Fees may apply. Closed through January 5.

Crafts & Quilting: Share your talents with this group Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee. Donations accepted.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursday, 9-11:30 a.m.

North Star Scrollers: Learn everything about scroll sawing. Members of all ability levels. Meets the first Saturday of each month, 9:30-11:30 a.m. \$20 annual dues. September-May.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Open Tuesday, 1-4 p.m. and Thursday, 9 a.m.-12 p.m. \$2 fee per visit.

Woodcarvers: Learn the art of woodcarving Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8-11 a.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Monday, Tuesday, and Friday, 12:15-3:15 p.m. \$.50 to play. Tournament third Wednesday of each month. 12:15-4 p.m. \$3 to play.

Social Bridge: Thursday, 12:15-3:15 p.m. \$.50 to play.

Women's Evening Bridge: First Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, \$2 to play.

Club 500: Tuesday, Wednesday, and Friday, 1-3:30 p.m. \$.50 to play. Tournament Saturday, January 12, 1:30 p.m. \$3 to play.

Cribbage: Wednesday and Thursday, 12:45-3 p.m. \$1 to play. Tournaments the third Saturday of each month, 1 p.m. \$3 to play.

Euchre: Regular Euchre. Wednesday, 9-11:30 a.m. \$.50 to play. Tournament Saturday, April 13, 2019, 12:30 p.m. \$2 to play.

Hand and Foot Canasta: Monday, 12:30-4 p.m. \$1 to play.

Hearts: Tournaments the first Monday of each month, 12:30-3 p.m. \$2 to play.

Pinochle: Single deck. All skill levels. Monday, 1-4 p.m. \$.50 to play. Tournament February 18. \$3 to play.

Card Lessons: 500, Euchre, and Hearts-by appointment first Monday of even months, 10-11:30 a.m. Pinochle-by appointment.

EDUCATION

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second and fourth Friday of the month, 9:30-11:30 a.m.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes basic conversation, writing, and daily life skills. Meets Monday, 9:30-11:30 a.m. No fee.

Library: An extensive collection of books and puzzles to borrow.

Naturalization Test Tutoring: Contact Creekside to arrange free tutoring with a volunteer. Study supplies provided by the tutor.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Fee applies for computer use.

Poetry Class: For all poet levels. Annual poetry contest, reading, and reception. Meets the third Wednesday of the month, 6:30-8:30 p.m.

Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held by AARP. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

HEALTH CHECKS

Flu Shots: Bloomington Public Health provides flu shots at Creekside during flu season.

Foot Care: Meet with professional foot care nurse to address your foot care needs. Wednesday, 9 a.m.-4 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Health Insurance Counseling: Speak with a trained volunteer. Second and fourth Tuesday of each month, 9-12 p.m. Appointment required; 1-800-333-2433 Senior Linkage Line. No fee.

Hearing Testing: Second Wednesday of even months, 12-1 p.m. Appointment required. No fee.

The Nurse Is In: Walk-in and talk with a Bloomington Public Health Nurse regarding health, safety, medical questions, blood pressure checks, resources, etc. No fee. January 23 and February 20, 11 a.m.-1 p.m.

LEADERSHIP

Adults 50+ Program Leaders: Be involved in the planning, developing, and implementing of activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

MIND & BODY

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Registration required.

I - Tuesday, 6-7 p.m. and Saturday, 9-10 a.m.

II - Monday, 1-2 p.m. and Wednesday, 10-11 a.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

Country Kickers Line Dancing: This fun, instructor lead beginner's class, will help increase balance and memory while exercising as a group. Free and open to men and women of all dancing abilities. Tuesday, 8-8:45 a.m.

Low Impact Exercise: Light to moderate exercise focused on balance, light aerobics, and strength training. Tuesday and Thursday, 9-10 a.m.

Silver Sneakers® Flex™ (SS): Drop-ins welcome. Fee may apply.

Cardio and Strength: Improve cardio, maintain/increase bone density, flexibility, range of motion, muscle tone, and coordination. Bring your own mat. Must be able to get up and down off the floor. Tuesday, 9-10 a.m.

Strength and Balance: Exercise holding or sitting in a chair. Light cardio and strength training to improve range of motion, flexibility, muscle tone, and coordination. Wednesday and Friday, 9-10 a.m.

Walking Club: Meets year-round Tuesday and Thursday; spring through fall at various walking paths and locations throughout the city, 7:30 a.m., weather permitting. Winter months, meet at Mall of America, west side, first floor between Macy's and Nordstrom, 8 a.m.

Yoga: Registration required. 6-weeks. Fee applies.

Chair Yoga: A gentle, modified yoga.

Friday, Session 9, 9-10 a.m.; Session 10, 10-11 a.m.

December 21 - January 25

February 15 - March 22

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat.

Thursday, 10-11 a.m.

December 20 - January 24

February 14 - March 21

MOVIES

Donations for film rentals and popcorn accepted. Movie suggestions welcomed. Call for movie titles. Mondays at 12:45 p.m.

January 14 and 28 ... February 11 and 25

MUSIC

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m. September-May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert every Saturday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursday, 9 a.m. September-May.

NUTRITION PROGRAMS

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility.

Fare for All: Community food distribution program. Save up to 40% on fresh produce, frozen meat, and other basic groceries. No income guidelines. January 23 and February 20, 11 a.m.-1 p.m.

Loaves & Fishes: Hot, evening meals served 5:30-6:30 p.m. Monday-Friday. Open and free to all.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

RECREATION

Bocce Ball: Leagues held at Creekside and Valley View Field, weather permitting. Creekside Wednesday league, 9-11 a.m.

Chess: For all ages and skill levels. Meets the second Wednesday of each month, 9 a.m.-12 p.m. September-May. Free.

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Monday of each month January-October, 10-11:30 a.m.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Friday league, 12:30 p.m.

Normandale Lake Flower Club: Plant and maintain flower beds at Normandale Lake. Meets May-November.

Pool Room: Monday-Friday, 8 a.m.-7 p.m. and Saturday, 8 a.m.-1 p.m. Ladies: Thursday, 1 p.m. Tournaments: For men and women, Tuesday, 8:30 a.m. and Thursday, 6 p.m. \$12 annual membership fee. For all skill levels.

OTHER PROGRAMS

Get Acquainted: with the many programs and services offered through the adult 50+ programs. Second Monday every month at 10 a.m.

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

Tax Assistance: Free tax preparation. Taxpayers with complex tax returns are advised to seek paid tax assistance.

AARP Tax Aide: for middle to low income individuals and families on a first-come, first-served basis. Monday and Tuesday, February 4 - April 15, 9 a.m. For specific tax related questions and concerns, AARP Tax Aide can be reached at 952-858-9040.

Prepare + Prosper: for individuals making \$35,000 or less and families with income of \$55,000 or less. Tuesday and Thursday evenings and Saturday mornings January 29 - April 13. Appointments are required and can be scheduled by calling 651-287-0187 or online at prepareandprosper.org. Creekside Community Center does not make tax preparation appointments. For specific tax related questions and concerns, Prepare + Prosper can be reached at 651-287-0187.

Creekside Community Center does not provide tax forms or instruction books. These can be obtained through the IRS at irs.gov and the State of MN at revenue.state.mn.us

For more information or to register:

Creekside Community Center

9801 Penn Ave. S., Bloomington, MN 55431

952-563-4944, TTY ONLY 952-563-8740

reservations@BloomingtonMN.gov



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BLOOMINGTONMN.gov



The City of Bloomington does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all City of Bloomington services, programs, and activities. Upon request, this information can be available in Braille, large print, audio tape and/or electronic format.