



Monday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Woodshop
8:00 - 11:00 a.m.

Ageless Grace
9:00 - 9:45 a.m.
(no class December 24)

ESL
9:30 - 11:30 a.m.

Boutique
10:00 a.m. - 3:00 p.m.
(closed December 24)

Lunch
11:30 a.m.
(no lunch December 24)

Duplicate Bridge
12:15 - 3:15 p.m.

Leatherworking
12:30 - 3:00 p.m.

Bone Builders II
1:00 - 2:00 p.m.

Pinochle
1:00 - 4:00 p.m.

Hand and Foot Canasta
12:30 - 4:00 p.m.

SPECIAL PROGRAMS

3 - 500, Euchre, Hearts Lessons
(by appointment)

3 - Hearts Tournament
12:30 - 3:00 p.m.

10 - Get Acquainted
10:00 - 11:00 a.m.

10 - Smart Driver Program
9:00 a.m., 4 hours

10 - Movie Day
12:45 p.m.

17 - Movie Day
12:45 p.m.

Tuesday

ONGOING PROGRAMS

Walking Club (Mall of America)
8:00 a.m.

Country Kickers Line Dancing
8:00 - 8:45 a.m.

Woodshop
8:00 - 11:00 a.m.

Pool Room
8:00 a.m. - 7:00 p.m.

Pool Tournament
8:30 a.m.

Crafts & Quilting
9:00 a.m. - 1:00 p.m.

Low Impact Exercise
9:00 - 10:00 a.m.

SS Cardio and Strength
9:00 - 10:00 a.m.
(no class December 11)

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Club 500
1:00 - 3:30 p.m.

Rock Shop
1:00 - 4:00 p.m.

Boutique
5:00 - 7:00 p.m.

Bone Builders I
6:00 - 7:00 p.m.

SPECIAL PROGRAMS

4 - Smart Driver Program
9:00 a.m., 4 hours

4 - Senior Scams
9:30 a.m. - 12:00 p.m.
(Civic Plaza, Council Chambers)

11 - Health Insurance Counseling
By appointment only, 1-800-333-2433

*Christmas Day
December 25
Creekside Closed*

Wednesday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Ceramics
8:00 a.m. - 12:00 p.m.
(closed December 26)

SS Strength and Balance
9:00 - 10:00 a.m.

Euchre
9:00 - 11:30 a.m.

Woodcarvers
9:00 - 11:00 a.m.

Foot Care Clinic
(Appointment only)
9:00 a.m. - 4:00 p.m.

Bone Builders II
10:00 - 11:00 a.m.

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Leatherworking
12:30 - 3:00 p.m.

Club 500
1:00 - 3:30 p.m.

Cribbage
12:45 - 3:00 p.m.

SPECIAL PROGRAMS

12 - Chess
9:00 a.m. - 12:00 p.m.

12 - Fare For All
11:00 a.m. - 1:00 p.m.

12 - The Nurse Is In
11:00 a.m. - 1:00 p.m.

12 - Hearing Testing
12:00 - 1:00 p.m.

19 - Smart Driver Program
9:00 a.m. - 4 hours

19 - Duplicate Bridge Tournament
12:15 - 4:00 p.m.

19 - Poetry Class
6:30 - 8:30 p.m.

Thursday

ONGOING PROGRAMS

Walking Club (Mall of America)
8:00 a.m.

Pool Room
8:00 a.m. - 1:00 p.m.

Ceramics
8:00 a.m. - 3:00 p.m.
(Closed December 20, 27)

Woodshop
8:00 - 11:00 a.m.

Low Impact Exercise
9:00 - 10:00 a.m.

Rock Shop
9:00 a.m. - 12:00 p.m.

Needleworkers
9:00 - 11:30 a.m.

Open Computer Lab
9:30 - 11:30 a.m.

Creekside Crickets
9:00 a.m. - 12:00 p.m.

Gentle Mat Yoga
10:00 - 11:00 a.m.
(no class December 13)

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Social Bridge
12:15 - 3:15 p.m.

Cribbage
12:45 - 3:00 p.m.

Women's Pool
1:00 p.m.

Pool Tournament
6:00 p.m.

SPECIAL PROGRAMS

6 - Medicare Workshop
9:00 - 11:00 a.m.
(Civic Plaza, Council Chambers)

6 - Women's Evening Bridge
6:30 - 10:00 p.m.

20 - Holiday Baking with Marjorie Johnson
1:00 - 2:30 p.m.
(Civic Plaza, Schneider Theater)

20 - Writers Club
1:00 - 3:00 p.m.

Friday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 7:00 p.m.

Woodshop
8:00 - 11:00 a.m.

Bloomingtones
9:30 a.m. - 12:00 p.m.

Chair Yoga 9
9:00 - 10:00 a.m.
(no class December 14)

SS Strength and Balance
9:00 - 10:00 a.m.

Crafts & Quilting
9:00 a.m. - 1:00 p.m.

Chair Yoga 10
10:00 - 11:00 a.m.
(no class December 14)

Boutique
10:00 a.m. - 3:00 p.m.

Lunch
11:30 a.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Wii Bowling
12:30 p.m.

Club 500
1:00 - 3:30 p.m.

SPECIAL PROGRAMS

7 - Winter Fun With Pastels
1:00 - 3:00 p.m.

14 - Byte Syte (ACUG)
9:30 - 11:30 a.m.

28 - Byte Syte (ACUG)
9:30 - 11:30 a.m.

Saturday

ONGOING PROGRAMS

Ceramics
8:00 a.m. - 12:00 p.m.
(closed December 22 and 29)

Pool Room
8:00 a.m. - 1:00 p.m.

Bone Builders I
9:00 - 10:00 a.m.

Boutique
9:00 a.m. - 12:00 p.m.
(closed December 29)

Classic Country Music Jam
9:00 a.m. - 12:30 p.m.
(cancelled December 15)

SPECIAL PROGRAMS

8 - Smart Driver Program
9:00 a.m., 8 hours

8 - 500 Tournament
1:30 p.m.

8 - Boutique at Indoor Farmers Market
9:00 a.m. - 12:00 p.m.
(Civic Plaza)

15 - Cribbage Tournament
1:00 p.m.

CREEKSIDE COMMUNITY CENTER

Programs for ages
50+ and/or adults
with a disability

952-563-4944
TTY ONLY 952-563-8740

**RESERVATIONS@
BLOOMINGTONMN.GOV**

ARTS & CRAFTS

Art Classes In Partnership with Artistry: Unique instructor lead art classes offered throughout the year. All supplies provided. Registration required. See Artistry flyer for class details. \$15 each.

Winter Fun With Pastels: Friday, December 7, 1-3 p.m.

Boutique: Handcrafted items for sale. Open Monday-Friday, 10 a.m.-3 p.m., Tuesday, 5-7 p.m., and Saturday in November and December 9 a.m.-12 p.m.

Shop with us at the indoor Farmer's Market at Civic Plaza Saturday, December 8, 9 a.m. - 12 p.m.

Ceramics: Select from an assortment of greenware and bisque and paint or glaze. Open Wednesday and Saturday, 8 a.m.-12 p.m. and Thursday, 8 a.m.-3 p.m. Fees may apply. Closed December 20 through January 5.

Crafts & Quilting: Share your talents with this group Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee. Donations accepted.

Needleworkers: Socialize while creating blankets, scarves and other clothing items Thursday, 9-11:30 a.m.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Open Tuesday, 1-4 p.m. and Thursday, 9 a.m.-12 p.m. \$1 fee per visit.

Woodcarvers: Learn the art of woodcarving Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8-11 a.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Monday, Tuesday, and Friday, 12:15-3:15 p.m. \$.50 to play. Tournament third Wednesday of each month. 12:15-4 p.m. \$3 to play.

Social Bridge: Thursday, 12:15-3:15 p.m. \$.50 to play.

Women's Evening Bridge: First Thursday of each month, 6:30-10 p.m. To join, contact Lois at 952-890-3086, \$2 to play.

Club 500: Tuesday, Wednesday, and Friday, 1-3:30 p.m. \$.50 to play. Tournament Saturday, December 8, 1:30 p.m. \$3 to play.

Cribbage: Wednesday and Thursday, 12:45-3 p.m. \$1 to play. Tournaments the third Saturday of each month, 1 p.m. \$3 to play.

Euchre: Regular Euchre. Wednesday, 9-11:30 a.m. \$.50 to play. Tournament Saturday, April 13, 2019, 12:30 p.m. \$2 to play.

Hand and Foot Canasta: Monday, 12:30-4 p.m. \$1 to play.

Hearts: Tournaments the first Monday of each month, 12:30-3 p.m. \$2 to play.

Pinochle: Single deck. All skill levels. Monday, 1-4 p.m. \$.50 to play.

Card Lessons: 500, Euchre, and Hearts-by appointment first Monday of even months, 10-11:30 a.m. Pinochle-by appointment.

EDUCATION

Byte Syte Advanced Computer User Group (ACUG): Discuss topics and participate in demonstrations. Meets second and fourth Friday of the month, 9:30-11:30 a.m.

English as a Second Language (ESL): Practice and improve English skills. Small group tutoring includes basic conversation, writing, and daily life skills. Meets Monday, 9:30-11:30 a.m. No fee.

Library: An extensive collection of books and puzzles to borrow.

Naturalization Test Tutoring: Contact Human Services to arrange free tutoring with a volunteer. Study supplies provided by the tutor.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Fee applies for computer use.

Poetry Class: For all poet levels. Annual poetry contest, reading, and reception. Meets the third Wednesday of the month, 6:30-8:30 p.m.

Smart Driver Program: Refresh your driving skills and perhaps qualify for lower insurance rates. 8-hour initial class and 4-hour refresher courses held by AARP. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

HEALTH CHECKS

Flu Shots: Bloomington Public Health provides flu shots at Creekside during flu season.

Foot Care: Meet with professional foot care nurse to address your foot care needs. Wednesday, 9 a.m.- 4 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Health Insurance Counseling: Speak with a trained volunteer. Second and fourth Tuesday of each month, 9-12 p.m. Appointment required; 1-800-333-2433 Senior Linkage Line. No fee.

Hearing Testing: Second Wednesday of even months, 12-1 p.m. Appointment required. No fee.

The Nurse Is In: Walk-in and talk with a Bloomington Public Health Nurse regarding health, safety, medical questions, blood pressure checks, resources, etc. No fee. December 12 and January 16, 2019, 11 a.m.-1 p.m.

LEADERSHIP

Adults 50+ Program Leaders: Be involved in the planning, developing, and implementing of activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

MIND & BODY

Ageless Grace®: Exercise movements done seated in a chair to help improve strength, balance, self-esteem, joint mobility, and more. Drop-ins welcome. Monday, 9-9:45 a.m. No class December 24. Program ends December 31, 2018.

Bone Builders: Strengthen muscles and promote balance and stability. Weights provided. Registration required.

I - Tuesday, 6-7 p.m. and Saturday, 9-10 a.m.

II - Monday, 1-2 p.m. and Wednesday, 10-11 a.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

Country Kickers Line Dancing: This fun, instructor lead beginner's class, will help increase balance and memory while exercising as a group. Free and open to men and women of all dancing abilities. Tuesday, 8-8:45 a.m.

Low Impact Exercise: Light to moderate exercise focused on balance, light aerobics, and strength training. Tuesday and Thursday, 9-10 a.m.

Silver Sneakers® Flex™ (SS): Drop-ins welcome. Fee may apply.

Cardio and Strength: Improve cardio, maintain/increase bone density, flexibility, range of motion, muscle tone, and coordination. Bring your own mat. Must be able to get up and down off the floor. Tuesday, 9-10 a.m.

Strength and Balance: Exercise holding or sitting in a chair. Light cardio and strength training to improve range of motion, flexibility, muscle tone, and coordination. Wednesday and Friday, 9-10 a.m.

Walking Club: Meets year-round Tuesday and Thursday; spring through fall at various walking paths and locations throughout the city, 7:30 a.m., weather permitting. Winter months, meet at Mall of America, west side, first floor between Macy's and Nordstrom, 8 a.m.

Yoga: Registration required. 6-weeks. Fee applies.

Chair Yoga: A gentle, modified yoga.

Friday, Session 9, 9-10 a.m.; Session 10, 10-11 a.m.
December 21 - January 25

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat.

Thursday, 10-11 a.m., December 20 - January 24.

MOVIES

Donations for film rentals and popcorn accepted. Movie suggestions welcomed. Call for movie titles

Mondays, December 10 and 17, 12:45 p.m.

Mondays, January 14 and 28, 12:45 p.m.

MUSIC

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m. September-May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert every Saturday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion. Playing oldies, country, and folk. Rehearsals Thursday, 9 a.m. September-May.

NUTRITION PROGRAMS

The City Diner at Creekside: Meals served at 11:30 a.m. Monday-Friday. Registration required. Fee based on eligibility.

Fare for All: Community food distribution program. Save up to 40% on fresh produce, frozen meat, and other basic groceries. No income guidelines. December 12 and January 23, 2019, 11 a.m.-1 p.m.

Loaves & Fishes: Hot, evening meals served 5:30-6:30 p.m. Monday-Friday. Open and free to all.

Optage Home Delivered Heat and Eat Meals: Frozen breakfast, lunch, and dinner entrees delivered once a week. To order, call 651-724-4996. Fees apply.

RECREATION

Bocce Ball: Leagues held at Creekside and Valley View Field, weather permitting. Creekside Wednesday league, 9-11 a.m.

Chess: For all ages and skill levels. Meets the second Wednesday of each month, 9 a.m.-12 p.m. Free. September-May.

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Monday of each month January-October, 10-11:30 a.m.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Friday league, 12:30 p.m.

Normandale Lake Flower Club: Plant and maintain flower beds at Normandale Lake. Meets May-November.

Pool Room: Monday-Friday, 8 a.m.-7 p.m. and Saturday, 8 a.m.-1 p.m. Ladies: Thursday, 1 p.m. Tournaments: For men and women, Tuesday, 8:30 a.m. and Thursday, 6 p.m. \$12 annual membership fee. For all skill levels.

OTHER PROGRAMS

Caregiver Support Group: Alzheimer's Association support group focuses on emotional support and sharing experiences. Sponsored by Martin Luther Care Center. Meets first and third Tuesday, 10:30 a.m.

Coffee Round Table: Drop in for a cup of coffee and conversation.

Get Acquainted: with the many programs and services offered through the adult 50+ programs. Second Monday every month at 10 a.m.

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

SPECIAL EVENTS

Senior Scams: how to better protect yourself in 2019: Learn about current scams, prevention tips and strategies, and identify legal methods and practices for protecting assets. Tuesday, December 4, 9:30 a.m. in the Civic Plaza Council Chambers. Two CEU Credits for professionals. Free. Registration requested but not required.

Holiday Baking with Marjorie Johnson: City Manager Jaime Verbrugge will walk Marjorie down memory lane as she shares her love of baking while demonstrating how to make one of her favorite recipes. Thursday, December 20 at Bloomington Civic Plaza, Schneider Theater, 1 - 2:30 p.m. Space is limited; registration is required.

For more information or to register:

Creekside Community Center

9801 Penn Ave. S., Bloomington, MN 55431

952-563-4944, TTY ONLY 952-563-8740

reservations@BloomingtonMN.gov



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BLOOMINGTONMN.gov



The City of Bloomington does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its services, programs, or activities. Upon request, accommodation will be provided to allow individuals with disabilities to participate in all City of Bloomington services, programs, and activities. Upon request, this information can be available in Braille, large print, audio tape and/or electronic format.