



# BLOOMINGTON COMMUNITY BRAIN HEALTH SERVICES

## FREE MENTAL HEALTH SERVICES AND SUPPORT

The Bloomington Community Brain Health Services (BCBHS) program aims to enhance accessibility to mental health treatment and resources for individuals and families within the City of Bloomington. BCBHS offers residents up to fifteen one-hour mental health treatment sessions for individuals, couples, families, and groups. Services are provided at no cost to Bloomington residents and are available in various settings, including in-home, onsite at the Bloomington Civic Center, and through a online telehealth platform. In addition to receiving mental health treatment, program participants collaborate closely with BCBHS mental health providers to identify and access additional mental health services and follow-up care as needed.



### SERVICES OFFERED

- Individual Therapy
- Family Relationship Therapy
- Couples/Marriage Therapy
- School-based Group Discussion



### ELIGIBILITY & COST

Services are available to Bloomington residents ages 8 and older at no cost.



### HOW TO ACCESS SERVICES

#### How to make a referral:

- Call
- Email
- Text
- Complete online referral form using QR Code



### OUR COMMITMENT

The Bloomington Community Brain Health Services program is dedicated to creating a welcoming, culturally responsive, and judgment-free environment where all people feel supported and empowered as they navigate challenges. Our purpose is to support and enable Bloomington residents to lead happier, healthier lives and to thrive as a stronger, more connected community.



### FOR MORE INFORMATION

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**SCAN TO COMPLETE  
REFERRAL FORM**