

This is your SHIP

The Minnesota Statewide Health Improvement Partnership
Bloomington | Edina | Richfield



SHIP helps build thriving communities, creating opportunities for all people in Minnesota to live longer, healthier lives.

OUR FOCUS AREAS:



ACTIVE LIVING

Increase safe, accessible opportunities for physical activity.



HEALTHY EATING

Expand access to nourishing, affordable, culturally relevant foods.



MENTAL WELL-BEING

Create positive environments that support mental health and promote linkages to mental well-being resources.



COMMERCIAL TOBACCO-FREE LIVING

Prevent product use, promote quitting and eliminate exposure to secondhand smoke.

HOW WE DO OUR WORK:

Policy, systems and environmental (PSE) change seeks to make healthier choices accessible to all members of a community. PSE change in our communities looks like...

- **Policy change:** raising the minimum age to purchase tobacco products from 18 to 21.
- **Systems change:** trauma-informed training for staff working with youth facing housing instability.
- **Environmental change:** creating a community garden cultivated by the residents at a multi-family housing site.

PARTNERSHIPS

SHIP helps build thriving communities, creating opportunities for all people in Minnesota to live longer, healthier lives.

COMMUNITY

Focus on active living, commercial tobacco-free living, healthy eating and ways to make healthy choices easier.

SCHOOLS

Healthy students are better learners. Working with schools to enhance the physical health and emotional well-being of students.

HEALTH CARE

Connecting clinical services and community-based services to improve health outcomes.

WORKSITES

Working with employers in our communities to implement workplace wellness initiatives to support employee well-being.

CHILD CARE

Healthy behaviors are being developed and formed during childhood. SHIP partners with child care settings to support healthy child development.



How to get involved:

- Connect with public health staff
- Sign up for our newsletter at blm.mn/ph

Contact us:

SHIP@BloomingtonMN.gov
Blm.mn/SHIP



The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 W. Old Shakopee Rd., Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711.