

Open Table Tennis

Mondays 10am-12pm

October 6

October 13

Expanded hours starting Mid-October

\$3 daily entry
cash only



Bethany Gym at Substance Church
6900 West 115th Street

Upcoming Holidays and Closures

OPEN - Monday, October 13
Columbus Day/Indigenous Peoples' Day

CLOSED - Tuesday, November 11
Veterans' Day



CLOSED - Thursday, November 27
Thanksgiving

CLOSED - Friday, November 28
Day After Thanksgiving

CLOSED - Thursday, December 25
Christmas



Book Club

The book club meets monthly to discuss a wide range of current and classic novels in a welcoming setting.

Meetings: Fourth Tuesday of the month, 12:30 p.m. - 2:30 p.m.

October Title: *The Perfect Nanny* by Leila Slimani

PENN PALS

Love receiving the Penn Post? Join our volunteer group, the Penn Pals!

Penn Pals meet once a month at Logan Lodge to prepare the Penn Post, which is mailed out to more than 900 homes each month. Volunteers will help fold and sticker the newsletter before it heads to the post office. Light refreshments will be provided.

Interested in joining or want more details? Email ParksRec@bloomingtonmn.gov or call 952-563-4944

October 2025



blm.mn/adultprograms

PENN POST

A newsletter for adults ages 50+ and/or adults with disabilities

City of Bloomington Parks and Recreation Department

Seasonal Crafts: Halloween

Join us for Seasonal Crafts, our craft series celebrating the spirit of the season through fun, hands-on projects! This time we're getting into the Halloween spirit with a ghostly theme full of spooky fun and creativity. All materials are provided and no experience is necessary.

Date: Friday, October 10, 1-2 p.m.

Location: Logan Lodge, 9930 Logan Ave S.

Cost: Free

Registration Required:

Visit blm.mn/adultprograms or Call 952-563-4944



Annual Medicare Update

Medicare can be complicated, and it changes from year to year. Come learn from MN Aging Pathways (Formerly Senior Linkage Line) about what's new in Medicare, so you can choose the best plan for your needs.

Date: Monday, October 20, 10-11 a.m.

Location: Logan Lodge, 9930 Logan Ave S.

Cost: Free

Registration Required:

Visit blm.mn/adultprograms or Call 952-563-4944



There is Thriving in Place

Join Machele Borell from Comfort Keepers for an informative presentation on in-home care and home safety for seniors. She'll cover when in-home care may be needed, how to choose the right agency, and the benefits it provides for safety, independence, and peace of mind. Machele will also highlight TruBlue Home Service Ally and share tips on affordable home modifications to make homes safer and more accessible.

Date: Tuesday, October 28, 10-11 a.m.

Location: Logan Lodge, 9930 Logan Ave S.

Cost: Free

Registration Required:

Visit blm.mn/adultprograms or Call 952-563-4944



Halloween Bingo

Start your morning with some spooky fun at Halloween Bingo! Wear your favorite costume and enjoy an hour of games, prizes, and ghoulishly good fun. Costumes are encouraged, so come ready for a spooktacular celebration!

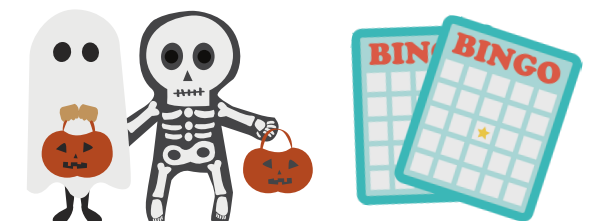
Date: Friday, October 31, 10:30-11:30 a.m.

Location: Black Box Theater, 1800 W. Old Shakopee Rd.

Cost: Free

Registration Required:

Visit blm.mn/adultprograms or Call 952-563-4944



OCTOBER 2025

R = Pre-Registration Required
\$ = Participation Cost

Monday	Tuesday	Wednesday	Thursday	Friday
 Program Descriptions and Registration Information blm.mn/adultprograms or (952) 563-4944 MN Relay 711	 Monday-Thursday 10 a.m.-3 p.m. Friday 10 a.m.-1 p.m. Located at Bloomington Civic Plaza, 1800 West Old Shakopee Road, down the main hallway	1 Center for the Arts: Line Dancing, 10-11:30 a.m. (\$) Logan Lodge: Euchre, 9-11:30 a.m. Mahjong, 10 a.m.-12 p.m. Adaptive Board Games, 10:30 a.m.-12 p.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.	2 Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. Fun Func. Fitness, 12-12:45 p.m. (R) (\$) Christ the King Lutheran Church: Country Music Jam, 9 a.m.-12 p.m. Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Crickets. 10 a.m.-12 p.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m.	3 Center for the Arts: Chair Yoga, 9-10 a.m. (R) (\$) Chair Yoga, 10:15-11:15 a.m. (R) (\$) Logan Lodge: Born Again Jocks, 8-10:30 a.m. Hearts, 9 a.m.-12 p.m. Quilting, 9 a.m.-1 p.m. Bloomingtones, 9:30-10:30 a.m. LEGO Club, 10:30 a.m.-12 p.m. Club 500, 12:30-3:30 p.m.
6 Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. Logan Lodge: Hand & Foot Canasta, 11:30 a.m.-2:30 p.m. Duplicate Bridge, 12:00-3:15 p.m. Leatherworking, 12:30-3 p.m. Pinochle, 12:30-3:30 p.m.	7 Center for the Arts: Gentle Mat Yoga, 9-10 a.m. (R) (\$) Gentle Mat Yoga, 10:15-11:15 a.m. (R) (\$) Logan Lodge: Quilting, 9 a.m.-1 p.m. Senior Disc. Group, 11 a.m.-12 p.m. Double Deck Pinochle, 12-3 p.m. Club 500, 12:30-3:30 p.m. Bunco, 1-3 p.m. Various Locations: Walking Club, 10 a.m.	8 Center for the Arts: Line Dancing, 10-11:30 a.m. (\$) Logan Lodge: Euchre, 9-11:30 a.m. Mahjong, 10 a.m.-12 p.m. Movie, 10 a.m.-12 p.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.	9 Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. No Fun Functional Fitness class Christ the King Lutheran Church: Country Music Jam, 9 a.m.-12 p.m. Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Crickets. 10 a.m.-12 p.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m.	10 Bethany Gym at Substance Church: Adaptive Open Gym, 10:30 a.m.-12 p.m. Center for the Arts: Chair Yoga, 9-10 a.m. (R) (\$) Chair Yoga, 10:15-11:15 a.m. (R) (\$) Logan Lodge: Born Again Jocks, 8-10:30 a.m. Hearts, 9 a.m.-12 p.m. Quilting, 9 a.m.-1 p.m. Bloomingtones, 9:30-10:30 a.m. LEGO Club, 10:30 a.m.-12 p.m. Club 500, 12:30-3:30 p.m. Special Event! Seasonal Crafts: Halloween (R) 1-2 p.m. at Logan Lodge
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27 Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. Logan Lodge: Adaptive Wii Bowling, 10:30-11:30 a.m. Hand & Foot Canasta, 11:30 a.m.-2:30 p.m. Duplicate Bridge, 12:00-3:15 p.m. Leatherworking, 12:30-3 p.m. Pinochle, 12:30-3:30 p.m.	28 Center for the Arts: Gentle Mat Yoga, 9-10 a.m. (R) (\$) Gentle Mat Yoga, 10:15-11:15 a.m. (R) (\$) Logan Lodge: Quilting, 9 a.m.-1 p.m. Senior Disc. Group, 11 a.m.-12 p.m. Double Deck Pinochle, 12-3 p.m. Book Club, 12:30-2:30 p.m. Club 500, 12:30-3:30 p.m. Various Locations: Walking Club, 10 a.m. Special Event! There is Thriving in Place (R) 10-11 a.m. at Logan Lodge	29 Center for the Arts: Line Dancing, 10-11:30 a.m. (\$) Logan Lodge: Euchre, 9-11:30 a.m. Mahjong, 10 a.m.-12 p.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.	30 Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. No Fun Functional Fitness class Christ the King Lutheran Church: Country Music Jam, 9 a.m.-12 p.m. Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Crickets. 10 a.m.-12 p.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m.	31 Center for the Arts: Chair Yoga, 9-10 a.m. (R) (\$) Chair Yoga, 10:15-11:15 a.m. (R) (\$) Logan Lodge: Born Again Jocks, 8-10:30 a.m. Hearts, 9 a.m.-12 p.m. Quilting, 9 a.m.-1 p.m. Bloomingtones, 9:30-10:30 a.m. LEGO Club, 10:30 a.m.-12 p.m. Club 500, 12:30-3:30 p.m. Special Event! Halloween Bingo (R) 10:30-11:30 a.m. at Black Box Theater