

Sign up for Fitness Classes!

Did you know Bloomington Parks and Recreation offers fitness classes for adults 50+ five days a week? From yoga to strength and balance, our programs are designed for all fitness levels. We offer both free and low-cost options to fit every schedule and budget. Whether you are looking to try something new or wanting to keep up a routine, we have something for you!

Visit blm.mn/adultprograms to explore the full schedule.

LEGO CLUB

NEW PROGRAM!



Join us at Logan Lodge for our brand-new LEGO Club, where creativity and collaboration come together. Each week, participants will work as a team to build a large LEGO set, piece by piece. No experience needed—just bring your curiosity and enjoy some hands-on fun with others!

Bloomington Police Department Tour - FREE

Now's your chance to see the inside of Bloomington's Police Department! Join us before your National Night Out celebrations for a behind-the-scenes look. Space is limited. Register today!

Date: Tuesday, August 5, 2-3 p.m.

Location: Bloomington Police Department, 1800 W Old Shakopee Rd

Join the Book Club!

Do you love to read and connect with others? If so, join our Book Club! The Book Club meets monthly to discuss a wide range of current and classic novels in a relaxed and welcoming setting.

July Title: *One For The Money* by Janet Evanovich
Meeting Date: Tuesday, July 22, 12:30 p.m. at Logan Lodge



blm.mn/adultprograms

PENN POST

A newsletter for adults ages 50+ and/or adults with disabilities
 City of Bloomington Parks and Recreation Department

Fire Station Tour

Have you ever wanted to see the inside of a fire station? Now's your chance! Space is limited, register today.

Date: Friday, July 11, 10-11:30 a.m.

Location: Fire Station 3, 2301 E. 86th St.

Cost: Free



What's Next? Understanding the Move to Senior Living Communities Presentation

Join Amelia Curtiss from True North Senior Advisors for a session covering types of senior living, levels of care, what to look for when touring, and local resources to support your journey. Whether you're planning for yourself or helping a loved one, come get informed and ask questions.

Date: Monday, July 21, 10-11 a.m.

Location: Logan Lodge, 9930 Logan Ave. S.

Cost: Free

Registration Required
 Visit
blm.mn/adultprograms
 or
 Call 952-563-4944

Learn to Play Kubb & Mölkky

Come discover the Scandinavian favorites Kubb and Mölkky! These easy-to-learn wooden lawn games are a great way to get outside and have some fun. We'll go over the basics, then play together. All experience levels welcome.

Date: Thursday, July 31, 2-3:30 p.m.

Location: Civic Plaza East Lawn, 1800 W Old Shakopee Rd

Cost: Free



Summer BINGO

Ready to shout BINGO?!

Join us for laughs, luck and prizes!

Date: Friday, July 25, 10-11:30 a.m.


Location: Black Box Theater, 1800 W Old Shakopee Rd

Cost: Free



JULY 2025

R = Pre-Registration Required
\$ = Participation Cost

Monday	Tuesday	Wednesday	Thursday	Friday
<div>30</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m.</div> <div>Logan Lodge: Hand & Foot Canasta, 11:30 a.m.-2:30 p.m. Duplicate Bridge, 12:00-3:15 p.m. Leatherworking, 12:30-3 p.m. Pinochle, 12:30-3:30 p.m.</div>	<div>1</div> <div>Center for the Arts: No Gentle Mat Yoga Class</div> <div>Logan Lodge: Quilting, 9 a.m.-1 p.m. Senior Disc. Group, 11 a.m.-12 p.m. Double Deck Pinochle, 12-3 p.m. Club 500, 12:30-3:30 p.m.</div> <div>Various Locations: Walking Club, 10 a.m.</div>	<div>2</div> <div>Center for the Arts: Line Dancing, 10-11:30 a.m. (\$) </div> <div>Logan Lodge: Euchre, 9-11:30 a.m. Mahjong, 10 a.m.-12 p.m. Adaptive Board Games, 10:30 a.m-12 p.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.</div>	<div>3</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. Fun Func. Fitness, 12-12:45 p.m. (R) (\$) </div> <div>Christ the King Lutheran Church: No Country Music Jam</div> <div>Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m.</div>	<div>4</div> <div>LOGAN LODGE AND CENTER FOR THE ARTS CLOSED FOR JULY 4TH HOLIDAY</div>
<div>7</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m.</div> <div>Logan Lodge: Hand & Foot Canasta, 11:30 a.m.-2:30 p.m. Duplicate Bridge, 12:00-3:15 p.m. Leatherworking, 12:30-3 p.m. Pinochle, 12:30-3:30 p.m.</div>	<div>8</div> <div>Center for the Arts: Gentle Mat Yoga, 9-10 a.m. (R) (\$) Gentle Mat Yoga, 10:15-11:15 a.m. (R) (\$) </div> <div>Logan Lodge: Quilting, 9 a.m.-1 p.m. Senior Disc. Group, 11 a.m.-12 p.m. Double Deck Pinochle, 12-3 p.m. Club 500, 12:30-3:30 p.m. Bunco, 1-3 p.m.</div> <div>Various Locations: Walking Club, 10 a.m.</div>	<div>9</div> <div>Center for the Arts: Line Dancing, 10-11:30 a.m. (\$) </div> <div>Logan Lodge: Euchre, 9-11:30 a.m. Mahjong, 10 a.m.-12 p.m. Movie, 10 a.m.-12 p.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.</div>	<div>10</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. Fun Func. Fitness, 12-12:45 p.m. (R) (\$) </div> <div>Christ the King Lutheran Church: Country Music Jam, 9 a.m.-12 p.m.</div> <div>Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m.</div>	<div>11</div> <div>Center for the Arts: No Chair Yoga Class</div> <div>Logan Lodge: Hearts, 9 a.m.-12 p.m. Quilting, 9 a.m.-1 p.m. LEGO Club, 10:30 a.m.-12 p.m. Club 500, 12:30-3:30 p.m.</div> <div>Special Event! Fire Department Tour (R) 10-11:30 a.m. at Fire Station #3</div>
<div>14</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m.</div> <div>Logan Lodge: Hand & Foot Canasta, 11:30 a.m.-2:30 p.m. Duplicate Bridge, 12:00-3:15 p.m. Leatherworking, 12:30-3 p.m. Pinochle, 12:30-3:30 p.m.</div>	<div>15</div> <div>Center for the Arts: Gentle Mat Yoga, 9-10 a.m. (R) (\$) Gentle Mat Yoga, 10:15-11:15 a.m. (R) (\$) </div> <div>Logan Lodge: Quilting, 9 a.m.-1 p.m. Senior Disc. Group, 11 a.m.-12 p.m. Double Deck Pinochle, 12-3 p.m. Club 500, 12:30-3:30 p.m.</div> <div>Various Locations: Walking Club, 10 a.m.</div>	<div>16</div> <div>Center for the Arts: No Line Dancing Class</div> <div>Logan Lodge: Euchre, 9-11:30 a.m. Mahjong, 10 a.m.-12 p.m. Adaptive Crafts, 10:30-11:30 a.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.</div>	<div>17</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. Fun Func. Fitness, 12-12:45 p.m. (R) (\$) </div> <div>Christ the King Lutheran Church: Country Music Jam, 9 a.m.-12 p.m.</div> <div>Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m. Caregiver Support Group, 1-3 p.m.</div>	<div>18</div> <div>Center for the Arts: Chair Yoga, 9-10 a.m. (R) (\$) Chair Yoga, 10:15-11:15 a.m. (R) (\$) </div> <div>Logan Lodge: Hearts, 9 a.m.-12 p.m. Quilting, 9 a.m.-1 p.m. LEGO Club, 10:30 a.m.-12 p.m. Club 500, 12:30-3:30 p.m.</div>
<div>21</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m.</div> <div>Logan Lodge: Hand & Foot Canasta, 11:30 a.m.-2:30 p.m. Duplicate Bridge, 12:00-3:15 p.m. Leatherworking, 12:30-3 p.m. Pinochle, 12:30-3:30 p.m.</div> <div>Special Event! What's Next? Understanding the Move to Senior Living Communities Presentation (R) 10-11 a.m. at Logan Lodge</div>	<div>22</div> <div>Center for the Arts: Gentle Mat Yoga, 9-10 a.m. (R) (\$) Gentle Mat Yoga, 10:15-11:15 a.m. (R) (\$) </div> <div>Logan Lodge: Quilting, 9 a.m.-1 p.m. Senior Disc. Group, 11 a.m.-12 p.m. Double Deck Pinochle, 12-3 p.m. Book Club, 12:30-2:30 p.m. Club 500, 12:30-3:30 p.m.</div> <div>Various Locations: Walking Club, 10 a.m.</div>	<div>23</div> <div>Center for the Arts: Line Dancing, 10-11:30 a.m. (\$) </div> <div>Logan Lodge: Euchre, 9-11:30 a.m. Garden Club, 10-11 a.m. Mahjong, 10 a.m.-12 p.m. Movie, 10 a.m.-12 p.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.</div>	<div>24</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. Fun Func. Fitness, 12-12:45 p.m. (R) (\$) </div> <div>Christ the King Lutheran Church: Country Music Jam, 9 a.m.-12 p.m.</div> <div>Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m. Writers Club, 1-3 p.m.</div>	<div>25</div> <div>Center for the Arts: Chair Yoga, 9-10 a.m. (R) (\$) Chair Yoga, 10:15-11:15 a.m. (R) (\$) </div> <div>Logan Lodge: Hearts, 9 a.m.-12 p.m. Quilting, 9 a.m.-1 p.m. LEGO Club, 10:30 a.m.-12 p.m. Club 500, 12:30-3:30 p.m.</div> <div>Special Event! Summer Bingo (R) 10-11:30 a.m. at Center for the Arts</div>
<div>28</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m.</div> <div>Logan Lodge: Hand & Foot Canasta, 11:30 a.m.-2:30 p.m. Duplicate Bridge, 12:00-3:15 p.m. Leatherworking, 12:30-3 p.m. Pinochle, 12:30-3:30 p.m.</div>	<div>29</div> <div>Center for the Arts: No Gentle Mat Yoga Class</div> <div>Logan Lodge: Quilting, 9 a.m.-1 p.m. Senior Disc. Group, 11 a.m.-12 p.m. Double Deck Pinochle, 12-3 p.m. Club 500, 12:30-3:30 p.m.</div> <div>Various Locations: Walking Club, 10 a.m.</div>	<div>30</div> <div>Center for the Arts: Line Dancing, 10-11:30 a.m. (\$) </div> <div>Logan Lodge: Euchre, 9-11:30 a.m. Mahjong, 10 a.m.-12 p.m. Wii Bowling, 12-2 p.m. Cribbage, 12:30-3 p.m. Leatherworking, 12:30-3 p.m.</div>	<div>31</div> <div>Center for the Arts: Low Impact Fitness, 9-10 a.m. Low Impact Fitness, 10-11 a.m. No Fun Functional Fitness Class</div> <div>Christ the King Lutheran Church: Country Music Jam, 9 a.m.-12 p.m.</div> <div>Logan Lodge: Needleworkers, 9-11:30 a.m. Double Deck Pinochle, 9 a.m.-12 p.m. Open Tech Lab, 9:30-11:30 a.m. Cribbage, 12:30-3 p.m. Creative Crafts, 1-3 p.m.</div> <div>Special Event! Learn to Play Kubb and Mölkky (R) 2-3:30 p.m. at Civic Plaza East Lawn</div>	<div></div> <div>Program Descriptions and Registration Information blm.mn/adultprograms or (952) 563-4944 MN Relay 711</div>