

MONDAY **TUESDAY THURSDAY** WEDNESDAY FRIDAY

ONGOING PROGRAMS

Woodshop

8:00 a.m. - 12:00 p.m.

Pool Room

8:00 a.m. - 4:30 p.m.

Low Impact Exercise

9:00 - 10:00 a.m.

Low Impact Exercise

10:00 - 11:00 a.m.

Boutique

10:00 a.m. - 3:00 p.m.

Duplicate Bridge

12:15 - 3:15 p.m.

Hand and Foot Canasta

12:15 - 3:30 p.m.

Leatherworking

12:30 - 3:00 p.m.

Pinochle

12:30 - 3:30 p.m.

Creative Crafts

1:00 - 3:00 p.m.

ONGOING PROGRAMS

Woodshop

8:00 a.m. - 12:00 p.m.

Pool Room

8:00 a.m. - 4:30 p.m.

Gentle Mat Yoga

9:00 - 10:00 a.m.

Rock Shop

9:00 a.m. - 12:00 p.m.

AARP Smart Driver Class

9:00 a.m. - 1:00 p.m. (May 6, 13, 20)

Quilting

9:00 a.m. - 1:00 p.m.

Walkina Club

10:00 - 11:00 a.m. (offsite)

Boutique

10:00 a.m. - 3:00 p.m.

Gentle Mat Yoaa

10:15 - 11:15 a.m.

SAIL

10:15 - 11:15 a.m.

Senior Discussion Group

11:00 a.m. - 12:00 p.m.

Club 500

12:30 - 3:30 p.m.

ONGOING PROGRAMS

Pool Room

8:00 a.m. - 4:30 p.m.

Euchre

9:00 - 11:30 a.m.

Happy Feet Foot Care

9:00 a.m. - 3:00 p.m. (May 7, 14, 21)

Line Dancina

10:00 - 11:30 a.m.

Boutique

10:00 a.m. - 3:00 p.m.

Wii Bowling

12:00 - 2:00 p.m.

Rock Shop

12:00 - 3:00 p.m.

Cribbaae

12:30 - 3:00 p.m.

Leatherworkina

12:30 - 3:00 p.m.

Club 500

12:30 - 3:30 p.m.

Bunco

1:00 - 3:00 p.m. (May 14 and 21)

ONGOING PROGRAMS

Woodshop

8:00 a.m. - 12:00 p.m.

Pool Room

8:00 a.m. - 1:00 p.m.

Needleworkers

9:00 - 11:30 a.m.

Countru Music Jam

9:00 a.m. - 12:00 p.m.

Open Tech Lab

9:30 - 11:30 a.m.

Creekside Crickets

10:00 - 11:30 a.m.

Boutique

10:00 a.m. - 3:00 p.m.

Fun Functional Fitness

12:00 - 12:45 p.m. (No class May 8)

Rock Shop

12:00 - 3:00 p.m.

Cribbaae

12:45 - 3:15 p.m.

Women's Pool

1:00 - 4:30 p.m.

ONGOING PROGRAMS

Woodshop

8:00 a.m. - 12:00 p.m.

Pool Room

8:00 a.m. - 4:30 p.m.

Chair Yoaa

9:00 - 10:00 a.m.

(No class May 9)

Low Impact Exercise

9:00 - 10:00 a.m.

Hearts

9:00 a.m. - 12:00 p.m.

Quilting

9:00 a.m. - 1:00 p.m.

Bloomingtones

9:30 - 11:30 a.m.

Low Impact Exercise

10:00 - 11:00 a.m. (no class May 16)

Boutique

10:00 a.m. - 1:00 p.m.

Chair Yoaa

10:15 - 11:15 a.m. (No class May 9)

SAIL

10:15 - 11:15 a.m.

Club 500

12:30 - 3:30 p.m.

MONTHLY PROGRAMS

30 - Cheers to Creekside:

MAY IS THE GATEWAY TO SUMMER." -JEAN HERSEY

THE MONTH OF



OR code for information and registration for activities at Creekside Community Center



CREEKSIDE COMMUNITY CENTER

Programs for ages 50+ and/or adults with a disability 952-563-4944 MN Relay 711

CREEKSIDE@BLOOMINGTONMN.GOV

- 10:30 a.m. 12:00 p.m.
- 28 Garden Club
- 28 Book Club

- 10:00 11:30 a.m.
- 12:30 2:30 p.m.

MONTHLY PROGRAMS

- 22 Caregiver Support Group 1:00 - 2:30 p.m.
- 1:00 3:00 p.m.

MONTHLY PROGRAMS 5 - Don't Let Scams Get You

12 - Movie 11:30 a.m. - 1:30 p.m.

1:00 - 2:00 p.m.

19 - Movie 11:30 a.m. - 1:30 p.m.

CREEKSIDE CLOSED MAY 26 MEMORIAL DAY

MONTHLY PROGRAMS

- 13 Medicare Counseling (by appointment only)
- 13 History Presentation Charles Lindbergh 10:00 - 11:30 a.m.
- 20 Older Adult Job Fair 1:00 - 4:00 p.m. 27 - Medicare Counseling

(by appointment only)

MONTHLY PROGRAMS

- 7 Adaptive Board Games
- 21 Adaptive Crafts 10:30 - 11:30 a.m.

22 - Writers Club

16 - Fare for All

- 11:00 a.m. 1:00 p.m.
 - A Farewell Celebration 1:00 - 3:30 p.m.

BOUTIQUE WILL BE CLOSED MAY 26 - 30

ARTS & CRAFTS

Boutique: Crocheted, knitted, and embroidered items as well as baby blankets, quilts, jackets, jewelry, artwork, and wood novelties for sale by local crafters. Mondays - Thursdays, 10 a.m. - 3 p.m. and Fridays, 10 a.m. - 1 p.m.

Creative Crafts: Bring a project you are working on or create something from donated materials. Mondays, 1 - 3 p.m. No fee.

Leatherworking: Learn to make useful items and works of art. Tools, leather, and dyes available to use. Mondays & Wednesdays, 12:30 - 3 p.m. No fee.

Needleworkers: Socialize while creating blankets, scarves, and other clothing items. Thursdays, 9 - 11:30 a.m. No fee.

Quilting: Create quilted items using donated material. Tuesdays & Fridays, 9 a.m. - 1 p.m. No fee.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Tuesdays, 9 a.m. - 12 p.m., Wednesdays & Thursdays, 12 - 3 p.m. \$5 fee per visit.

Woodshop: Fully equipped woodshop open Mondays, Tuesdays, Thursdays, & Fridays, 8 a.m. - 12 p.m. Must pass a proficiency test. \$1 fee per visit.

CARD GROUPS

All card groups are \$1 to play.

Duplicate Bridge: Mondays, 12:15 - 3:15 p.m.

Participants must bring a partner.

Club 500: Tuesdays, Wednesdays, & Fridays, 12:30 - 3:30 p.m. **Cribbage:** Wednesdays, 12:30 - 3 p.m. & Thursdays, 12:45 - 3:15

Euchre: Wednesdays, 9 - 11:30 a.m.

Hand and Foot Canasta: Mondays, 12:15 - 3:30 p.m.

Hearts: Fridays, 9 a.m. - 1 p.m. **Pinochle:** Mondays, 12:30 - 3:30 p.m.

EDUCATION

Creekside Book Club: Join us for a discussion on current and classic novels. 4th Wednesday, 12:30 - 2:30 p.m. Call the office for book titles. No fee.

Library: An extensive collection of books and puzzles to borrow. Stop in and place a piece or two in our community puzzle. Mondays - Fridays, 8 a.m. - 4:30 p.m. No Fee.

Open Tech Lab: Volunteers are on hand to assist with technology questions. Bring your own laptop, tablet, or cell phone. Thursdays, 9:30 - 11:30 a.m. No fee.

Senior Discussion Group: Enjoy conversation with older adults on a range of topics such as adjusting to retirement, staying healthy, current news, and more. A chance to meet new people and share your interests. Tuesdays, 11a.m. - 12 p.m. No fee.

Smart Driver Program: Refresh your driving skills and qualify for lower insurance rates. 1st, 2nd, and 3rd Tuesdays, 9 a.m. - 1 p.m. Reservations required. Fees apply.

Writers Club: For all skill levels. Share your stories and listen to others. 4th Thursday, 1 - 3 p.m. No fee.



FITNESS

Fun Functional Fitness: Improve your strength, balance, and flexibility with this 45 minute class. Light weights and bands are provided for a full body workout. All abilities are welcome - exercises can be modified. 6 week sessions, Thursdays, 12-12:45 p.m. Registration required. \$42 R/\$54 NR.

Line Dancing: Join us for social line dancing. This instructor led class teaches a variety of steps with new dances being taught each week. Wednesdays, 10 - 11:30 a.m. \$5 per class.

Low Impact Exercise: Follow a video that includes light to moderate exercise focused on balance, light aerobics, and strength training. Program is volunteer led. Mondays and Fridaus. 9 - 10 a.m. and 10 - 11 a.m. No fee.

SAIL: Evidence-based exercise program for older adults that includes a combination of aerobic conditioning, progressive strength training, and balance exercises shown to improve risk of falling. Registration required. Tuesdays and Fridays, 10:15 - 11:15 a.m.. No fee.

Chair Yoga: A gentle, modified yoga. 6 week sessions, Fridays, 9 - 10 a.m. or 10:15 - 11:15 a.m. Registration required. \$42 R/\$54 NR.

Gentle Mat Yoga: Bring your own mat. 6 week sessions, Tuesdays, 9 - 10 a.m. or 10:15 - 11:15 a.m. Registration required. \$42 R/\$54 NR.

Walking Club: Meet at a different Bloomington park each week for a 1-3 mile hike led by Parks and Recreation staff. Participants can walk at their preferred pace and distance. Tuesdays, 10 - 11 a.m. Registration required. No Fee.

HEALTH

Caregiver Support Group: Sessions are designed to support caregivers both in caring for their loved ones and in caring for themselves, while also providing a safe space to share experiences and learn from one another. 4th Thursday, 1 - 2:30 p.m. Register at Senior Community Services, 952-767-7890.

Foot Care: Meet with a nurse to address your foot care needs. 1st, 2nd, and 3rd Wednesdays, 9 a.m. - 3 p.m. Appointment required through Happy Feet, 763-346-3390. Fees apply.

Medicare Counseling Appointments: One-on-one appointments to help navigate the process of enrolling in Medicare or supplemental health insurance policies. Provided by the Senior LinkAge Line. Schedule an in-person appointment at trellisconnects.org/get-help/medicare or 1-800-333-2433. 2nd and 4th Tuesdays. No fee.

MUSIC

Music groups are available for performances. New members are always welcome.

Bloomingtones: A mixed chorale group that sings a wide variety of music from all eras. Rehearsal Fridays, 9:30 a.m. September through May. No fee.

Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert. Thursdays, 9 a.m. - 12 p.m. No fee.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, accordion, and banjos that play oldies, country, and folk music. Rehearsal Thursdays, 10 a.m. September through May. No fee.

RECREATION

Bunco: A multiplayer dice game. 2nd and 3rd Wednesdays, 1 p.m. No fee

Games and Equipment: Cards, board games, and puzzles are available in the library. Check out equipment for bocce ball, table tennis, and Nintendo Wii at the main office to use at Creekside. Call ahead for availability. No fee.

Garden Club: Create, plant, and maintain the gardens and planters at Creekside. No experience needed. Meetings 4th Wednesday, 10 a.m. March through October.

Movies: Enjoy watching a movie with others. Call for movie titles. 2nd and 3rd Mondays, 11:30 a.m. - 1:30 p.m. No fee.

Nintendo Wii: Stay active with this gaming system and join our Wii Bowling league on Wednesdays, 12 - 2 p.m. No fee.

Pool Room: For all skill levels. Mondays-Fridays, 8 a.m. - 4:30 p.m. and Women's Pool Thursdays, 1 - 4:30 p.m. \$10 annual membership.

ADAPTIVE RECREATION

Fun monthly activities that adults with disabilities are welcome to participate in.

Adaptive Board Games: 1st Wednesday, 10:30 a.m. - 12 p.m. No fee.

Adaptive Crafts: 3rd Wednesday, 10:30 - 11:30 a.m. No fee.

SPECIAL EVENTS

Don't Let Scams Get You: Join staff from the Minnesota Attorney General's Office for a presentation and conversation about common scams targeting seniors and what you can do to keep yourself safe. Registration required. No fee.

Monday, May 5, 1 - 2 p.m.

Fare for All: A pop-up grocery store that sells packs of fresh produce and frozen meat at up to 40% off retail prices. No qualifications. No income restrictions. Open to all.

Friday, May 16, 11 a.m. - 1 p.m.

Cheers to Creekside - A Farewell Celebration: Join us as we come together to remember, honor, and celebrate the 50+ years we've had with the Creekside Community Center building. Registration required. No fee.

Friday, May 30, 1 - 3:30 p.m.

History Presentation Series: Step back in time with history presenter David Jones as he brings the past to life in this educational series. Registration required. No fee.

Tuesday, May 13, 10 a.m. - Charles Lindbergh

Older Adult Job Fair: Join us for an event offering meaningful employment opportunities for older adults. Presented by Martin Luther Manor and the City of Bloomington's Parks and Recreation department and Public Health division. Register at 952-885-8805. No fee.

Tuesday, May 20, 1- 4 p.m.

Creekside will be closing down after May 30 and relocating to the Logan Lodge at 9930 Logan Ave. Programming will resume June 16.



For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711
Creekside@BloomingtonMN.gov

The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 West Old Shakopee Road, Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711