

DECEMBER 2023

Woodshop
8:00 a.m.- 12:00 p.m.

Pool Room
8:00 a.m. - 3:30 p.m.

Low Impact Exercise
9:00 - 10:00 a.m.

Low Impact Exercise
10:00 - 11:00 a.m.

Boutique
10:00 a.m. - 3:00 p.m.

Duplicate Bridge
12:15 - 3:15 p.m.

Hand and Foot Canasta
12:15 - 3:30 p.m.

Leatherworking
12:30 - 3:00 p.m.

Pinochle
12:30 - 3:30 p.m.

Creative Crafts
1:00 - 3:00 p.m.

11 - The Polar Express Movie
11:30 a.m - 1:30 p.m.

18 - Movie Day
11:30 a.m - 1:30 p.m.

December 25
Christmas Day

Tuesday

ONGOING PROGRAMS

Woodshop
8:00 a.m. - 12:00 p.m.

Pool Room
8:00 a.m. - 3:30 p.m.

Gentle Mat Yoga 9
9:00 - 10:00 a.m.
(No class December 26)

Rock Shop
9:00 a.m. - 12:00 p.m.

Quilting
9:00 a.m. - 1:00 p.m.

Boutique
10:00 a.m. - 3:00 p.m.

Gentle Mat Yoga 10
10:15 - 11:15 a.m.
(No class December 26)

SAIL
10:15 - 11:15 a.m.

Senior Discussion Group
11:00 a.m. - 12:00 p.m.

Card Lessons
12:30 - 3:00 p.m.

Club 500
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

5 - Lunch and Live Better
11:15 a.m. - 12:45 p.m.

12 - Bloomingtones Concert
10:00 - 11:00 a.m.

12 - Medicare Counseling
(appointment only)

26 - Medicare Counseling
(appointment only)

Woodshop
8:00 a.m. - 12:00 p.m.

Pool Room
8:00 a.m. - 3:30 p.m.

Gentle Mat Yoga 9
9:00 - 10:00 a.m.
(No class December 26)

Rock Shop
9:00 a.m. - 12:00 p.m.

Quilting
9:00 a.m. - 1:00 p.m.

Boutique
10:00 a.m. - 3:00 p.m.

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10:15 - 11:15 a.m.
(No class December 26)

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10:15 - 11:15 a.m.

Senior Discussion Group
11:00 a.m. - 12:00 p.m.

Card Lessons
12:30 - 3:00 p.m.

Club 500
12:30 - 3:30 p.m.

5 - Lunch and Live Better
11:15 a.m. - 12:45 p.m.

12 - Bloomingtones Concert
10:00 - 11:00 a.m.

12 - Medicare Counseling
(appointment only)

26 - Medicare Counseling
(appointment only)

Wednesday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 3:30 p.m.

Euchre
9:00 - 11:30 a.m.

Foot Care
9:00 a.m. - 3:00 p.m.
(December 6 & 20)

Colored Pencil art Class
10:00 - 11:30 a.m.
(no class Decmeber 27)

Boutique
10:00 a.m. - 3:00 p.m.

Wii Bowling
12:00 - 2:00 p.m.

Rock Shop
12:00 - 3:00 p.m.

Cribbage
12:30 - 3:00 p.m.

Leatherworking
12:30 - 3:00 p.m.

Club 500
12:30 - 3:30 p.m.

Bunco
1:00 - 3:00 p.m.
(December 13 & 20)

MONTHLY PROGRAMS

13 - Holiday Bingo
10:00 - 11:00 a.m.

20 - Creekside Book Club
12:30 - 2:30 p.m

Pool Room
8:00 a.m. - 3:30 p.m.

Euchre
9:00 - 11:30 a.m.

Foot Care
9:00 a.m. - 3:00 p.m.
(December 6 & 20)

Colored Pencil art Class
10:00 - 11:30 a.m.
(no class December 27)

Boutique
10:00 a.m. - 3:00 p.m.

Wii Bowling
12:00 - 2:00 p.m.

Rock Shop
12:00 - 3:00 p.m.

Cribbage
12:30 - 3:00 p.m.

Leatherworking
12:30 - 3:00 p.m.

Club 500
12:30 - 3:30 p.m.

Bunco
1:00 - 3:00 p.m.
(December 13 & 20)

13 - Holiday Bingo
10:00 - 11:00 a.m.

20 - Creekside Book Club
12:30 - 2:30 p.m.

Thursday	
ONGOING PROGRAMS	
Woodshop	8:00 a.m.- 12:00 p.m.
Pool Room	8:00 a.m. - 1:00 p.m.
Needleworkers	9:00 - 11:30 a.m.
Classic Country Music Jam	9:00 a.m. - 12:00 p.m.
Open Tech Lab	9:30 - 11:30 a.m.
Creekside Crickets	10:00 - 11:30 a.m.
Boutique	10:00 a.m. - 3:00 p.m.
Rock Shop	12:00 - 3:00 p.m.
Cribbage	12:45 - 3:15 p.m.
Women's Pool	1:00 - 3:30 p.m.
Fun Functional Fitness	2:00 - 2:45 p.m. (no class December 28)
MONTHLY PROGRAMS	
14 - Festive Sweater & Photo Booth Day	9:00 a.m. - 3:00 p.m.
21 - Caregiver Support Group	1:00 - 2:30 p.m.
21- Writers Club	1:00 - 3:00 p.m.

Woodshop
8:00 a.m.- 12:00 p.m.

Pool Room
8:00 a.m. - 1:00 p.m.

Needleworkers
9:00 - 11:30 a.m.

Classic Country Music Jam
9:00 a.m. - 12:00 p.m.

Open Tech Lab
9:30 - 11:30 a.m.

Creekside Crickets
10:00 - 11:30 a.m.

Boutique
10:00 a.m. - 3:00 p.m.

Rock Shop
12:00 - 3:00 p.m.

Cribbage
12:45 - 3:15 p.m.

Women's Pool
1:00 - 3:30 p.m.

Fun Functional Fitness
2:00 - 2:45 p.m.
(no class December 28)

14 - Festive Sweater & Photo Booth Day
9:00 a.m. - 3:00 p.m.

21 - Caregiver Support Group
1:00 - 2:30 p.m.

21- Writers Club
1:00 - 3:00 p.m.

Friday	
ONGOING PROGRAMS	
Woodshop	8:00 a.m. - 12:00 p.m.
Pool Room	8:00 a.m. - 1:00 p.m.
Chair Yoga 9	9:00 - 10:00 a.m. (No class December 29)
Low Impact Exercise	9:00 - 10:00 a.m.
Hearts	9:00 a.m. - 12:00 p.m.
Quilting	9:00 a.m. - 1:00 p.m.
Bloomingtones	9:30 - 11:30 a.m.
Low Impact Exercise	10:00 - 11:00 a.m. (no class December 15)
Board Games Group	10:00 a.m. - 12:00 p.m. (December 8 and 22)
Boutique	10:00 a.m. - 1:00 p.m.
Chair Yoga 10	10:15 - 11:15 a.m. (No class December 29)
SAIL	10:15 - 11:15 a.m.
MONTHLY PROGRAMS	
1 - Byte Syte	10:00 a.m - 12:00 p.m.
15- Fare For All	11:00 a.m. - 1:00 p.m.
15- Ornament Craft Workshop	2:00 - 4:00 p.m.

Woodshop
8:00 a.m. - 12:00 p.m.

Pool Room
8:00 a.m. - 1:00 p.m.

Chair Yoga 9
9:00 - 10:00 a.m.
(No class December 29)

Low Impact Exercise
9:00 - 10:00 a.m.

Hearts
9:00 a.m. - 12:00 p.m.

Quilting
9:00 a.m. - 1:00 p.m.

Bloomingtones
9:30 - 11:30 a.m.

Low Impact Exercise
10:00 - 11:00 a.m.
(no class December 15)

Board Games Group
10:00 a.m. - 12:00 p.m.
(December 8 and 22)

Boutique
10:00 a.m. - 1:00 p.m.

Chair Yoga 10
10:15 - 11:15 a.m.
(No class December 29)

SAIL
10:15 - 11:15 a.m.

1 - Byte Syte
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15- Fare For All
11:00 a.m. - 1:00 p.m.

15- Ornament Craft Workshop
2:00 - 4:00 p.m.

December 4
National Sock Day

December 8
National Brownie Day

December 14
National Monkey Day

December 21
National Crossword Puzzle Day

December 31
National Make Up Your Mind Day

Pear Month	
Tie Month	

Programs for ages 50+ and/or adults with a disability

**CREEKSIDE@
BLOOMINGTONMN.GOV**

ARTS & CRAFTS

Boutique: Crocheted, knitted, and embroidered items as well as baby blankets, quilts, jackets, jewelry, artwork, and wood novelties for sale by local crafters. Monday-Thursday, 10 a.m.-3 p.m., Friday 10 a.m.-1 p.m.

Colored Pencil Art Class: Learn the basics of colored pencil art. No experience necessary. All supplies are provided. Wednesdays, 10 - 11:30 a.m. 4-week sessions. Fee applies

Creative Crafts: Bring a project you are working on or create something from our donated supplies. Mondays 1-3 p.m.

Leatherworking: Learn to make useful items and works of art out of leather. Mondays and Wednesdays, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee.

Needleworkers: Socialize while creating blankets, scarves and other clothing items. Thursdays, 9-11:30 a.m.

North Star Scrollers: Learn everything about scroll sawing. Members of all ability levels. Meets the first Saturday of each month, 9:30-11:30 a.m., September-May. \$20 annual dues. Contact Katie at 612-825-7569 for information.

Quilting: Share your talents with this group. Tuesdays and Fridays, 9 a.m.-1 p.m. Items are made using donated materials.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Tuesdays 9 a.m. - 12 p.m., Wednesdays & Thursdays 12 - 3 p.m. \$5 fee per visit.

Woodshop: Fully equipped woodshop open Mondays, Tuesdays, Thursdays, and Fridays, 8 a.m. - 12 p.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Mondays, 12:15 - 3:15 p.m. \$1 to play. Participants must bring a partner.

Club 500: Tuesdays and Wednesdays, 12:30-3:30 p.m. \$1 to play.

Cribbage: Wednesdays, 12:30-3 p.m. and Thursdays, 12:45-3:15 p.m. \$1 to play.

Euchre: Wednesdays, 9-11:30 a.m. \$1 to play.

Hand and Foot Canasta: Mondays, 12:15-3:30 \$1 to play.

Hearts: Fridays, 9 a.m.-12 p.m.

Pinochle: Mondays, 12:30-3:30 p.m. \$1 to play.

Card Lessons: Tuesdays, 12:30 p.m. Cribbage, Euchre, Hearts, and Pinochle

EDUCATION

Byte Syte: Computer, cell phone, smart tv, and internet users meet to discuss problems and related topics. Meets first Friday of the month, 10 a.m. - 12 p.m.

Creekside Book Club: Join us to discuss current and classic novels. Call for book titles. Meets fourth Wednesday at 12:30 p.m., third Wednesday in December.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

Library: An extensive collection of books and puzzles to borrow. Stop in and place a piece or two in our community puzzle.

Open Tech Lab: Tutors are on hand to help with technology questions. Thursdays, 9:30-11:30 a.m. Bring your own laptop, tablet, or cell phone.

Senior Discussion Group: Enjoy conversation with older adults on a range of topics such as adjusting to retirement, staying healthy, and current news. A chance to meet new people and share your interests. Meets Tuesdays, 11 a.m.-12 p.m.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

Smart Driver Program: Refresh your driving skills and qualify for lower insurance rates. Initial 8-hour class held 2nd Tuesday every month, 9 a.m.-5 p.m. Refresher, 4-hour classes, 9 a.m. to 1 p.m., first and third Tuesdays. Reservations required. Fees apply.

FITNESS

Fun Functional Fitness: Improve your strength, balance, and flexibility with this 45-minute class. Light weights and bands will be provided for a total body workout. This class will be modified for all abilities. 6-week sessions. Fee applies. Thursdays, 2-2:45 p.m. Registration required.

Low Impact Exercise: Follow a video that includes light to moderate exercise focused on balance, light aerobics, and strength training. Program is volunteer-led. Mondays and Fridays, 9-10 a.m. and 10-11 a.m. Free.

SAIL: Evidence-based exercise program for older adults that includes a combination of aerobic conditioning, progressive strength training, and balance exercises shown to impact risk of falling. Participation agreement is required prior to joining the class. Registration required. Tuesdays and Fridays, 10:15 - 11:15 a.m. Free

Yoga: Registration required. 6-week sessions. Fee applies.

Chair Yoga: A gentle, modified yoga. Fridays.
Session 9, 9 -10 a.m.; Session 10, 10:15-11:15 a.m.

Gentle Mat Yoga: Bring your own mat. Tuesdays
Session 9, 9 -10 a.m.; Session 10, 10:15-11:15 a.m.

HEALTH

Caregiver Support Group: Sessions focus on helping caregivers as they care for themselves and their loved ones; a safe place to share experiences and learn from one another. Meets 1-2:30 p.m., 4th Thursday, January - September, 3rd Thursday, October - December. Register at Senior Community Services, 952-767-7890.

Foot Care: Meet with a nurse to address your foot care needs. First and third Wednesday, 9 a.m. - 3 p.m. Contact Happy Feet at 763-346-3390. Appointment required. Fees apply.

Free Medicare Counseling Appointments: One-on-one appointments to help navigate the often-complex process of enrolling in Medicare or supplemental health insurance policies. Provided by the Senior LinkAge Line. Schedule an in-person appointment at trellisconnects.org/get-help/medicare or 1-800-333-2433. Second and fourth Tuesdays. No fee.

Lunch & Live Better: Bring your lunch/snack and listen to the monthly topic on healthy aging. Presented by Bloomington Public Health. Different topic each month. December 5, 11:15 a.m. - 12:15 p.m.

MUSIC

Music groups are available for performances. New members are always welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsal Fridays, 9:30 a.m., September through May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert every Thursday, 9 a.m.- 12 p.m..

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion playing oldies, country, and folk. Rehearsal Thursdays, 10 a.m., September through May.

RECREATION

Board Game Group: Play familiar board games and learn new ones in a relaxed social setting. Meets September through May. Second and fourth Fridays, 10 a.m. - 12 p.m.

Bunco - Second and third Wednesdays, 1:00 p.m.

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Wednesday of each month February-October, 10 a.m.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Call for room availability. Free.

Movies: Enjoy watching a movie with others. Call for movie titles. Mondays, 11:30 a.m. - 1:30 p.m. Donations for movie rentals and popcorn accepted. December 11 & 18.

Nintendo Wii: Stay active and start a league today. Virtual bowling, tennis, golf, and more. Wii Bowling Wednesday league, 12 p.m.

Pool Room: \$10 annual membership fee. For all skill levels.

Monday-Wednesday, 8 a.m.-3:30 p.m.
Thursday-Friday, 8 a.m.-1 p.m.
Thursday, 1-3:30 p.m. - Women's Pool.

Five Days of Holiday Fun at Creekside: Join us for an exciting week of fun and free activities. Beginning Monday with a movie, then Tuesday with a concert, Wednesday with Bingo, Thursday with the Jammers and a photo booth and closing out Friday with an ornament craft workshop. Come to one or come to all.

December 11 through December 15.

Check front side for times.

Free. Registration is appreciated.

Fare For All: A pop-up grocery store that sells packs of fresh produce and frozen meat at up to 40% off of retail prices. No qualifications. No income restrictions. Friday, December 15, 11 a.m. - 1 p.m. Friday, January 19, 11 a.m. - 1 p.m.

History of Bloomington Elementary Schools: Come to this free presentation and see photos and relics and hear stories about the evolution of elementary schools in Bloomington. Wednesday, January 17, 10 - 11 a.m. Free. Registration is appreciated.

DECEMBER 2023



BUILDING HOURS

**MONDAY - FRIDAY
8 A.M. - 4:30 P.M.**

CREEKSIDE COMMUNITY CENTER

**For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711
Creekside@BloomingtonMN.gov**



The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 West Old Shakopee Road, Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711