

February 2023

Monday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m.- 12:00 p.m.
- Pool Room**
8:00 a.m. - 3:30 p.m.
- Low Impact Exercise**
9:00 - 10:00 a.m.
- Low Impact Exercise**
10:00 - 11:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Duplicate Bridge**
12:00 - 3:15 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Hand and Foot Canasta**
12:30 - 3:30 p.m.
- Pinochle**
12:30 - 3:30 p.m.
- Creative Crafts**
1:00 - 3:00 p.m.

MONTHLY PROGRAMS

- 13 - Movie Day**
11:30 a.m - 1:30 p.m.
- 27 - Movie Day**
11:30 a.m. - 1:30 p.m.

Presidents Day
February 20
Creekside Closed

Tuesday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m.- 12:00 p.m.
- Pool Room**
8:00 a.m. - 3:30 p.m.
- Gentle Mat Yoga 9**
9:00 - 10:00 a.m.
- Rock Shop**
9:00 a.m. - 12:00 p.m.
- Quilting**
9:00 a.m. - 1:00 p.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Gentle Mat Yoga 10**
10:15 - 11:15 a.m.
- Senior Discussion Group**
11:00 a.m. - 12:00 p.m.
- Club 500**
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

- 14 - Medicare Counseling**
(appointment only)
- 14 - Hands-Only CPR & AED Training**
10:00 a.m. - 12:00 p.m.
- 28 - Medicare Counseling**
(appointment only)

Wednesday

ONGOING PROGRAMS

- Pool Room**
8:00 a.m. - 3:30 p.m.
- Euchre**
9:00 - 11:30 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Wii Bowling**
12:00 - 2:00 p.m.
- Cribbage**
12:30 - 3:00 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Club 500**
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

- 1 - Foot Care**
9:00 a.m. - 3:00 p.m.
- 8 - Bocce Babes Bunco**
1:00 - 3:00 p.m.
- 15 - Foot Care**
9:00 a.m. - 3:00 p.m.
- 15 - Bocce Babes Bunco**
1:00 - 3:00 p.m.
- 22 - Garden Club**
10:00 - 11:30 a.m.
- 22 - Bocce Babes Book Club**
12:30 - 2:30 p.m.

Thursday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m.- 12:00 p.m.
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Needleworkers**
9:00 - 11:30 a.m.
- Classic Country Music Jam**
9:00 a.m. - 12:00 p.m.
- Open Tech Lab**
9:30 - 11:30 a.m.
- Crickets**
10:00 a.m. - 11:30 p.m.
- The Nurse Is In**
10:00 a.m. - 2:00 p.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Rock Shop**
12:00 - 3:00 p.m.
- Cribbage**
12:45 - 3:15 p.m.
- Women's Pool**
1:00 - 3:30 p.m.

MONTHLY PROGRAMS

- 9 - Bingo**
1:00 - 3:00 p.m.
- 23- Writers Club**
1:00 - 3:00 p.m.
- 23 - Caregiver Support Group**
1:00 - 2:30 p.m.

Friday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m. - 12:00 p.m.
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Chair Yoga 9**
9:00 - 10:00 a.m.
- Hearts**
9:00 a.m. - 12:00 p.m.
- Low Impact Exercise**
9:00 - 10:00 a.m.
(no class February 17)
- Quilting**
9:00 a.m. - 1:00 p.m.
- Bloomingtones**
9:30 a.m. - 12:00 p.m.
- Low Impact Exercise**
10:00 - 11:00 a.m.
(no class February 17)
- Boutique**
10:00 a.m. - 1:00 p.m.
- Chair Yoga 10**
10:15 - 11:15 a.m.

MONTHLY PROGRAMS

- 17- Fare For All**
11:00 a.m. - 1:00 p.m.

FEBRUARY DAYS:

- February 2**
National Groundhog Day
- February 4**
National Sweater Day
- February 9**
National Pizza Day
- February 17**
National Random Acts of Kindness Day
- February 22**
National Pink Day

AND FEBRUARY IS:

National Library Lover's Month

CREEKSIDE COMMUNITY CENTER

Programs for ages 50+
and/or adults with a
disability

952-563-4944
MN Relay 711

CREEKSIDE@
BLOOMINGTONMN.GOV

ARTS & CRAFTS

Boutique: Crocheted, knitted, and embroidered items as well as baby blankets, quilts, jackets, jewelry, artwork, and wood novelties for sale by local crafters. Monday-Thursday, 10 a.m.-3 p.m., Friday 10 a.m.-1 p.m.

Creative Crafts: Bring a project you are working on or create something from our donated supplies. Monday 1-3 p.m.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee.

Needleworkers: Socialize while creating blankets, scarves and other clothing items. Thursday, 9-11:30 a.m.

North Star Scrollers: Learn everything about scroll sawing. Members of all ability levels. Meets the first Saturday of each month, 9:30-11:30 a.m., September-May. \$20 annual dues. Contact Katie at 612-825-7569 for information.

Quilting: Share your talents with this group. Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Tuesday 9 a.m. - 12 p.m. and Thursday 12 - 3 p.m. \$5 fee per visit.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8 a.m. - 12 p.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Monday, 12-3:15 p.m. \$.50 to play.

Club 500: Tuesday and Wednesday, 12:30-3:30 p.m. \$1 to play.

Cribbage: Wednesday, 12:30-3 p.m. and Thursday, 12:45-3:15 p.m. \$1 to play.

Euchre: Wednesday, 9-11:30 a.m. \$1 to play.

Hand and Foot Canasta: Monday, 12:30-3:30 \$1 to play.

Hearts: Friday, 9 a.m.-12 p.m. \$.50 to play.

Pinochle: Monday, 12:30-3:30 p.m. \$1 to play.

EDUCATION

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

Library: An extensive collection of books and puzzles to borrow.

Open Tech Lab: Tutors are on hand to help with technology questions. Thursdays, 9:30-11:30 a.m. Bring your own laptop, tablet, or cell phone.

Senior Discussion Group: Enjoy conversation with older adults on a range of topics such as adjusting to retirement, staying healthy, and current news. A chance to meet new people and share your interests. Meets Tuesdays, 11 a.m.-12 p.m.

Smart Driver Program: Refresh your driving skills and qualify for lower insurance rates. Initial 8-hour class held 2nd Tuesday every month, 9 a.m.-5 p.m. Refresher, 4-hour classes, 9 a.m. to 1 p.m., remaining Tuesdays. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

FITNESS

Low Impact Exercise: Follow an exercise video that includes light to moderate exercise focused on balance, light aerobics, and strength training. Program is volunteer-led. Monday and Friday 9-10 a.m. and 10-11 a.m. Free. (No class February 17).

Yoga: Registration required. 6-week sessions. Fee applies.

Chair Yoga: A gentle, modified yoga. Fridays.

Session 9, 9 -10 a.m.

Session 10, 10:15-11:15 a.m.

Gentle Mat Yoga: Bring your own mat. Tuesdays

Session 9, 9 -10 a.m.,

Session 10, 10:15-11:15 a.m.

HEALTH CHECKS

Caregiver Support Goup: Sessions focus on helping caregivers as they care for themselves and their loved ones; a safe place to share experiences and learn from one another. Meets 1-2:30 p.m., 4th Thursday December through October and 3rd Thursday in November. Register at Senior Community Services, 952-767-7890.

Foot Care: Meet with a nurse to address your foot care needs. First and third Wednesday, 9 a.m. - 3 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Free Medicare Counseling Appointments: One-on-one appointments to help navigate the often-complex process of enrolling in Medicare or supplemental health insurance policies. Provided by the Senior LinkAge Line. Schedule an in-person appointment at trellisconnects.org/get-help/medicare or 1-800-333-2433. Second and fourth Tuesdays. No fee.

The Nurse Is In: Talk with a Bloomington Public Health nurse regarding health, safety, medical questions, blood pressure checks, resources, etc. Contact Ann at 612-704-3578. No fee. Thursday, 10 a.m. - 2 p.m.

LEADERSHIP

Adults 50+ Program Leaders: Be involved in planning, developing, and implementing activities and programs for adults aged 50+.

MUSIC

Music groups are available for performances. New members are always welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m., September through May.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert every Thursday, 9 a.m.- 12 p.m..

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion playing oldies, country, and folk. Rehearsals Thursday, 10 a.m., September through May.

RECREATION

Bocce Babes: Join us for

Bocce Ball - Valley View Park, every Wednesday, 9:30 a.m. (June through September)

Bunco - Creekside, second and third Wednesday, 1:00 p.m.

Book Club - Creekside, fourth Wednesday, 12:30 p.m. (first Wednesday in December).

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Wednesday of each month February-October, 10-11:30 a.m.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Movies: Enjoy watching a movie with others. Call for movie titles. Monday, 11:30 a.m. - 1:30 p.m. Donations for movie rentals and popcorn accepted.

February 13 and 27

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Wednesday league, 12 p.m.

Pool Room: \$15 annual membership fee. For all skill levels.

Monday-Wednesday, 8 a.m.-3:30 p.m.

Thursday-Friday, 8 a.m.-1 p.m.

Thursday, 1-3:30 p.m. - Ladies Only.

Fare For All: A pop-up grocery store that sells packs of fresh produce and frozen meat at up to 40% off of retail prices. No qualifications. No income restrictions.

Friday, February 17, 11 a.m. - 1 p.m.

Friday, March 17, 11 a.m. - 1 p.m.

Bingo: Join us for a fun afternoon of Bingo.

Free. Registration required until full.

Thursday, February 9, 1 p.m.

CPR & AED Training: Hands-only CPR and Automated External Defibrillator (AED) learning opportunity. Training provided by Bloomington Public Health. Course intended for personal use and is NOT eligible for formal certification.

Free. Registration required



CREEKSIDE COMMUNITY CENTER

For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711
Creekside@BloomingtonMN.gov



The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 West Old Shakopee Road, Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711