

Guiding questions to determine policy, system, and/or environmental (PSE) change

1. What is the issue?
2. Who are the stakeholders *(people with an interest or concern)*?
3. What resources are available to address the problem? *(staff, money, materials, other)*
4. What are the social and cultural norms associated with behavioral change? *(rules or expectations of behavior and thoughts based on shared beliefs within a specific cultural or social group)*
5. Are there any policies that have created or maintained this problem? *(policies can be formal like laws or ordinances, or they can be informal like procedures that people follow in the workplace)*
6. What aspects of the environment impact this problem? *(environment can be physical or social)*
7. Are there any changes that could be made to these policies, practices, or environmental conditions that could positively impact well-being?