



## Monday

### ONGOING PROGRAMS

**Woodshop**  
8:00 a.m.- 12:00 p.m.

**Pool Room**  
8:00 a.m. - 3:30 p.m.

**Low Impact Exercise**  
10:00 - 11:00 a.m.

**Boutique**  
10:00 a.m. - 3:00 p.m.  
(closed July 11)

**Duplicate Bridge**  
12:00 - 3:15 p.m.

**Leatherworking**  
12:30 - 3:00 p.m.

**Hand and Foot Canasta**  
12:30 - 3:30 p.m.

**Pinochle**  
12:30 - 3:30 p.m.

**Creative Crafts**  
1:00 - 3:00 p.m.

### MONTHLY PROGRAMS

**11 - Movie Day**  
11:30 a.m - 1:30 p.m.

**18 - Bingo**  
11:30 a.m. - 12:30 p.m.

**25 - Movie Day**  
11:30 a.m. - 1:30 p.m.

**4 - INDEPENDENCE DAY**  
Creekside Closed

## Tuesday

### ONGOING PROGRAMS

**Woodshop**  
8:00 a.m.- 12:00 p.m.

**Pool Room**  
8:00 a.m. - 3:30 p.m.

**Gentle Mat Yoga**  
9:00 - 10:00 a.m.

**Rock Shop**  
9:00 a.m. - 12:00 p.m.

**Quilting**  
9:00 a.m. - 1:00 p.m.

**Boutique**  
10:00 a.m. - 3:00 p.m.

**Gentle Mat Yoga**  
10:15 - 11:15 a.m.

**Retirement & Me**  
11:00 a.m. - 12:00 p.m.

**Club 500**  
12:30 - 3:30 p.m.

### MONTHLY PROGRAMS

**12 - Medicare Counseling**  
(appointment only)

**26 - Medicare Counseling**  
(appointment only)

## Wednesday

### ONGOING PROGRAMS

**Pool Room**  
8:00 a.m. - 3:30 p.m.

**Strength and Balance**  
9:00 - 9:45 a.m.

**Woodcarvers**  
9:00 - 11:00 a.m.

**Euchre**  
9:00 - 11:30 a.m.

**Boutique**  
10:00 a.m. - 3:00 p.m.

**Wii Bowling**  
12:00 - 2:00 p.m.

**Cribbage**  
12:30 - 3:00 p.m.

**Leatherworking**  
12:30 - 3:00 p.m.

**Club 500**  
12:30 - 3:30 p.m.

### MONTHLY PROGRAMS

**6 - Foot Care**  
9:00 a.m. - 3:00 p.m.

**13 - Bocce Babes Bunco**  
12:30 - 2:30 p.m.

**20 - Foot Care**  
9:00 a.m. - 3:00 p.m.

**20 - Bocce Babes Book Club**  
12:30 - 2:30 p.m.

**27 - Garden Club**  
10:00 - 11:30 a.m.

## Thursday

### ONGOING PROGRAMS

**Woodshop**  
8:00 a.m.- 12:00 p.m.

**Pool Room**  
8:00 a.m. - 1:00 p.m.

**Needleworkers**  
9:00 - 11:30 a.m.

**Classic Country Music Jam**  
9:00 a.m. - 12:00 p.m.

**Open Tech Lab**  
9:30 - 11:30 a.m.

**The Nurse Is In**  
10:00 a.m. - 2:00 p.m.

**Boutique**  
10:00 a.m. - 3:00 p.m.

**Rock Shop**  
12:00 - 3:00 p.m.

**Cribbage**  
12:45 - 3:15 p.m.

**Women's Pool**  
1:00 - 3:30 p.m.

### MONTHLY PROGRAMS

**28 - Caregiver Support Group**  
1:00 - 2:30 p.m.

**28 - Writers Club**  
1:00 - 3:00 p.m.

## Friday

### ONGOING PROGRAMS

**Woodshop**  
8:00 a.m. - 12:00 p.m.

**Pool Room**  
8:00 a.m. - 1:00 p.m.

**Chair Yoga 9**  
9:00 - 10:00 a.m.

**Hearts**  
9:00 a.m. - 12:00 p.m.

**Quilting**  
9:00 a.m. - 1:00 p.m.

**Low Impact Exercise**  
10:00 - 11:00 a.m.  
(no class July 22)

**Boutique**  
10:00 a.m. - 1:00 p.m.

**Chair Yoga 10**  
10:15 - 11:15 a.m.

### MONTHLY PROGRAMS

**1- Byte Syte**  
10:00 a.m. - 12:00 p.m.

**8- Summer Card Craft**  
9:30 - 11:30 a.m.

**22- Fare For All**  
11:00 a.m. - 1:00 p.m.

### JULY CELEBRATIONS

**July 4**  
Independence Day

**July 11**  
National Cheer Up The Lonely Day

**July 13**  
National French Fry Day

**July 22**  
National Hammock Day

**July 23**  
National Gorgeous Grandma Day

### AND JULY IS:

National Grilling Month

National Independent Retailer Month

National Blueberry Month

## CREEKSIDE COMMUNITY CENTER

Programs for ages 50+  
and/or adults with a  
disability

**952-563-4944**  
**MN Relay 711**

**CREEKSIDE@**  
**BLOOMINGTONMN.GOV**

## ARTS & CRAFTS

**Creative Crafts:** Bring a project you are working on or create something from our donated supplies. Monday 1-3 p.m.

**Leatherworking:** Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee.

**Needleworkers:** Socialize while creating blankets, scarves and other clothing items. Thursday, 9-11:30 a.m.

**North Star Scrollers:** Learn everything about scroll sawing. Members of all ability levels. Meets the first Saturday of each month, 9:30-11:30 a.m., September-May. \$20 annual dues. Contact Katie at 612-825-7569 for information.

**Quilting:** Share your talents with this group. Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

**Rock Shop:** Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Tuesday 9 a.m. - 12 p.m. and Thursday 12 - 3 p.m. \$5 fee per visit.

**Woodcarvers:** Learn the art of woodcarving. Wednesday, 9-11 a.m. Participants must provide their own wood.

**Woodshop:** Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8 a.m. - 12 p.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

## CARD GROUPS

**Duplicate Bridge:** Monday, 12-3:15 p.m. \$.50 to play.

**Club 500:** Tuesday and Wednesday, 12:30-3:30 p.m. \$1 to play.

**Cribbage:** Wednesday, 12:30-3 p.m. and Thursday, 12:45-3:15 p.m. \$1 to play.

**Euchre:** Wednesday, 9-11:30 a.m. \$1 to play.

**Hand and Foot Canasta:** Monday, 12:30-3:30 \$1 to play.

**Hearts:** Friday, 9 a.m.-12 p.m. \$.50 to play.

**Pinochle:** Monday, 12:30-3:30 p.m. \$.50 to play.

## EDUCATION

**Byte Syte:** Computer, cell phone, smart tv, and internet users meet to discuss problems and related topics. Meets first Friday of the month, 10 a.m.-12 p.m.

**Dakim Brain Fitness System:** Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

**Library:** An extensive collection of books and puzzles to borrow.

**Open Tech Lab:** Tutors are on hand to help with technology questions. Thursdays, 9:30-11:30 a.m. Bring your own laptop, tablet, or cell phone.

**Retirement & Me: So What Do I Do Now?** Retirement discussion group. Meets Tuesdays, 11 a.m.-12 p.m.

**Smart Driver Program:** Refresh your driving skills and qualify for lower insurance rates. Register for on-line class at [aarpdriversafety.org](http://aarpdriversafety.org) and use promo code DRIVINGSKILLS for a 25% discount on class fee. Watch for in-person classes to return in July. Reservations required. Fees apply.

**Writers Club:** For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

## HEALTH CHECKS

**Caregiver Support Goup:** Sessions focus on helping caregivers as they care for themselves and their loved ones; a safe place to share experiences and learn from one another. Meets 1-2:30 p.m., 4th Thursday December through October and 3rd Thursday in November. Register at Senior Community Services, 952-767-7890.

**Foot Care:** Meet with a nurse to address your foot care needs. First and third Wednesday, 9 a.m. - 3 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

**Free Medicare Counseling Appointments:** One-on-one appointments to help navigate the often-complex process of enrolling in Medicare or supplemental health insurance policies. Provided by the Senior LinkAge Line. Schedule an in-person appointment at [trellisconnects.org/get-help/medicare](http://trellisconnects.org/get-help/medicare) or 1-800-333-2433. Second and fourth Tuesdays. No fee.

**The Nurse Is In:** Talk with a Bloomington Public Health nurse regarding health, safety, medical questions, blood pressure checks, resources, etc. Contact Ann at 612-704-3578. No fee. Thursday, 10 a.m. - 2 p.m.

## LEADERSHIP

**Adults 50+ Program Leaders:** Be involved in planning, developing, and implementing activities and programs for adults aged 50+.

**Creekside Senior Memorial Trust Fund:** A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

## FITNESS

**Low Impact Exercise:** Light to moderate exercise focused on balance, light aerobics, and strength training. Program is volunteer-led and includes exercising to video. Monday and Friday, 10-11 a.m. Free. (No class July 22).

**Yoga:** Registration required. 6-week sessions. Fee applies.

**Chair Yoga:** A gentle, modified yoga. Fridays.

Session 1, 9:00-10:00 a.m.

Session 2, 10:15-11:15 a.m.

**Gentle Mat Yoga:** Bring your own mat. Tuesdays

Session 1, 9:00-10:00 a.m.,

Session 2, 10:15-11:15 a.m.

**Strength and Balance:** Fee applies. Class combines light cardio and strength training for individuals who want to improve muscle tone, flexibility, range of motion, and balance and coordination. Wednesdays. 9-9:45 a.m. Monthly registration fee \$5 per Wednesday. Drop-in fee \$7 per Wednesday.

## MUSIC

Music groups are available for performances. New members are always welcome.

**Bloomingtons:** A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m., September through May.

**Classic Country Music Jam:** Join, listen, or dance as a group of musicians provide a free country concert every Thursday, 9 a.m.-12:00 p.m.

**Creekside Crickets:** An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion playing oldies, country, and folk. Rehearsals Thursday, 10:30 a.m., September through May.

## RECREATION

**Bocce Babes:** Join us for

Bocce Ball - Valley View Park, every Wednesday, 9:30 a.m. (June through September)

Bunco - Creekside, second Wednesday, 12:30 p.m.

Book Club - Creekside, third Wednesday, 12:30 p.m.

**Garden Club:** Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Wednesday of each month February-October, 10-11:30 a.m.

**Informal Games and Equipment:** Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

**Movies:** Enjoy watching a movie with others. Call for movie titles. Monday, 11:30 a.m. - 1:30 p.m. Donations for movie rentals and popcorn accepted.

July 11 and 25

**Nintendo Wii:** Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Wednesday league, 12 p.m.

**Pool Room:** \$15 annual membership fee. For all skill levels.

Monday-Wednesday, 8 a.m.-3:30 p.m.

Thursday-Friday, 8 a.m.-1 p.m.

Thursday, 1-3:30 p.m. - Ladies Only.

**Boutique:** Crocheted, knitted, and embroidered items as well as baby blankets, quilts, jackets, jewelry, artwork, and wood novelties for sale by local crafters.

Monday-Thursday, 10 a.m.-3 p.m., Friday 10 a.m.-1 p.m.

## BINGO!

Monday, July 18, 11:30 a.m. - 12:30 p.m.

Free. Please register by July 13. - Cosponsored by Home Instead

**Summer Card Craft:** Design fun cards for friends and loved ones or create a scrapbook page to add to an album or to frame as a gift. Supplies provided; bring your own pictures to personalize your card or page.

Friday, July 8, 9:30-11 a.m.

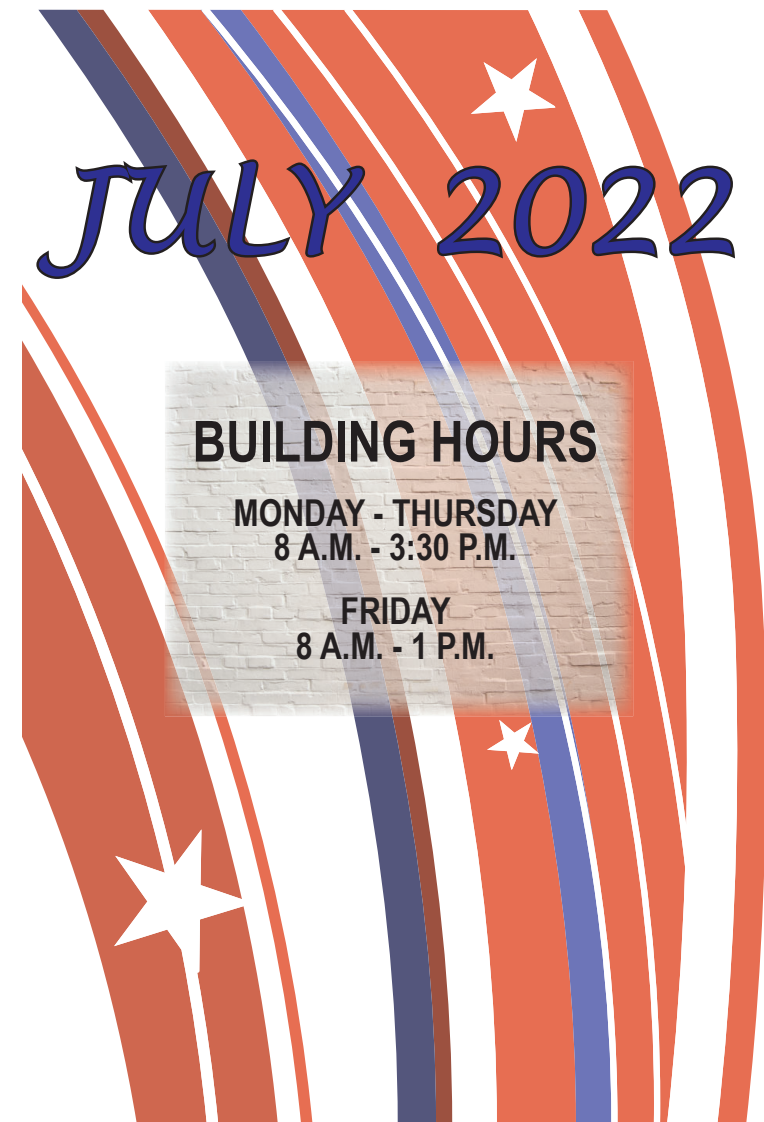
\$5 per person; Please register by June 24.

## Fare for All

A pop-up grocery store that sells packs of fresh produce and frozen meat at up to 40% off of retail prices. No qualifications. No income restrictions.

July 22, 11 a.m. - 1 p.m.

August 19, 11 a.m. - 1 p.m.



# CREEKSIDE COMMUNITY CENTER

For more information or to register:  
Creekside Community Center  
9801 Penn Ave. S., Bloomington, MN 55431  
952-563-4944, MN Relay 711  
[Creekside@BloomingtonMN.gov](mailto:Creekside@BloomingtonMN.gov)



The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 West Old Shakopee Road, Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711