

JANUARY 2022

Monday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m.- 12:00 p.m.
- Pool Room**
8:00 a.m. - 3:30 p.m.
- Low Impact Exercise**
10:00 - 11:00 a.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Duplicate Bridge**
12:00 - 3:15 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Hand and Foot Canasta**
12:30 - 3:30 p.m.
- Pinochle**
12:30 - 3:30 p.m.
- Creative Crafts**
1:00 - 3:00 p.m.

MONTHLY PROGRAMS

- 10 - Boutique Closed for Inventory**
10:00 a.m. - 3:00 p.m.
- 10 - Movie Day**
11:30 a.m. - 1:30 p.m.
- 24 - Movie Day**
11:30 a.m. - 1:30 p.m.

Creekside Closed

*Martin Luther King Jr. Day
January 17*

Tuesday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m.- 12:00 p.m.
- Pool Room**
8:00 a.m. - 3:30 p.m.
- Gentle Mat Yoga**
9:30 a.m. - 10:30 a.m.
(no class January 4)
- Rock Shop**
9:00 a.m. - 12:00 p.m.
- Quilting**
9:00 a.m. - 1:00 p.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- So What Now?**
10:00 a.m. - 12:00 p.m.
- Gentle Mat Yoga**
10:45 a.m. - 11:45 a.m.
(no class January 4)
- Club 500**
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

- 11 - Medicare Counseling**
(appointment only)
- 25 - Medicare Counseling**
(appointment only)

Wednesday

ONGOING PROGRAMS

- Pool Room**
8:00 a.m. - 3:30 p.m.
- Strength and Balance**
9:00 - 10:00 a.m.
- Woodcarvers**
9:00 - 11:00 a.m.
- Euchre**
9:00 - 11:30 a.m.
- Foot Care**
9:00 a.m. - 3:00 p.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Wii Bowling**
12:00 - 2:00 p.m.
- Cribbage**
12:30 - 3:00 p.m.
- Leatherworking**
12:30 - 3:00 p.m.
- Club 500**
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

- 5 - Bocce Babes Bunco**
12:30 - 2:30 p.m.
- 26 - Bocce Babes Book Club**
12:30 - 2:30 p.m.

Thursday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m.- 12:00 p.m.
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Needleworkers**
9:00 - 11:30 a.m.
- Classic Country Music Jam**
9:00 a.m. - 12:30 p.m.
- Open Computer Lab**
9:30 - 11:30 a.m.
- The Nurse Is In**
10:00 a.m. - 2:00 p.m.
- Boutique**
10:00 a.m. - 3:00 p.m.
- Crickets**
10:30 a.m. - 12:00 p.m.
- Rock Shop**
12:00 p.m. - 3:00 p.m.
- Cribbage**
12:45 - 3:15 p.m.
- Women's Pool**
1:00 p.m. - 3:30 p.m.

MONTHLY PROGRAMS

- 27 - Caregiver Support Group**
1:00 - 2:30 p.m.
- 27 - Writers Club**
1:00 - 3:00 p.m.

Friday

ONGOING PROGRAMS

- Woodshop**
8:00 a.m.- 12:00 p.m.
- Pool Room**
8:00 a.m. - 1:00 p.m.
- Chair Yoga 9**
9:00 - 10:00 a.m.
(no class January 7)
- Hearts**
9:00 a.m. - 12:00 p.m.
- Quilting**
9:00 a.m. - 1:00 p.m.
- Bloomingtones**
9:30 a.m. - 12:00 p.m.
- Boutique**
10:00 a.m. - 1:00 p.m.
- Chair Yoga 10**
10:10 - 11:10 a.m.
(no class January 7)
- Chair Yoga 11**
11:15 a.m. - 12:15 p.m.
(no class January 7)

MONTHLY PROGRAMS

- 7 - Byte Syte**
10:00 a.m. - 12:00 p.m.
- 21 - Fare For All**
11:00 a.m. - 1:00 p.m.

JANUARY CELEBRATIONS

- January 4**
National Spaghetti Day
- January 11**
National Learn Your Name In Morse Code Day
- January 14**
National Dress Up Your Pet Day
- January 19**
National Popcorn Day
- January 20**
National Cheese Day

AND JANUARY IS:

- NATIONAL GET ORGANIZED MONTH
- NATIONAL HOBBY MONTH
- NATIONAL SOUP MONTH

CREEKSIDE COMMUNITY CENTER

Programs for ages 50+
and/or adults with a
disability

952-563-4944
MN Relay 711

CREEKSIDE@
BLOOMINGTONMN.GOV

ARTS & CRAFTS

Creative Crafts: Bring a project you are working on or create something from our donated supplies. Monday 1-3 p.m.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee.

Needleworkers: Socialize while creating blankets, scarves and other clothing items. Thursday, 9-11:30 a.m.

North Star Scrollers: Learn everything about scroll sawing. Members of all ability levels. Meets the first Saturday of each month, 9:30-11:30 a.m., September-May. \$20 annual dues. Contact Katie at 612-825-7569 for information.

Quilting: Share your talents with this group. Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Tuesday 9 a.m. - 12 p.m. and Thursday 12 - 3 p.m. \$3 fee per visit.

Woodcarvers: Learn the art of woodcarving. Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8 a.m. - 12 p.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Monday, 12-3:15 p.m. \$.50 to play.

Club 500: Tuesday and Wednesday, 12:30-3:30 p.m. \$1 to play.

Cribbage: Wednesday, 12:30-3 p.m. and Thursday, 12:45-3:15 p.m. \$1 to play.

Euchre: Wednesday, 9-11:30 a.m. \$1 to play.

Hand and Foot Canasta: Monday, 12:30-3:30 \$1 to play.

Hearts: Friday, 9 a.m.-12 p.m. \$.50 to play.

Pinochle: Monday, 12:30-3:30 p.m. \$.50 to play.

EDUCATION

Byte Syte: Computer, cell phone, smart tv, and internet users meet to discuss problems and related topics. Meets first Friday of the month, 10 a.m.-12 p.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

Library: An extensive collection of books and puzzles to borrow.

Open Tech Lab: Tutors are on hand to help with technology questions. Thursdays, 9:30-11:30 a.m. Bring your own laptop, tablet, or cell phone.

Smart Driver Program: Refresh your driving skills and qualify for lower insurance rates. Register for on-line class at aarpdriversafety.org and use promo code DRIVINGSKILLS for a 25% discount on class fee. In-person classes continue to be postponed. Reservations required. Fees apply.

So What Now? Retirement discussion group. Meets Tuesdays, 10 a.m.-12 p.m.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

HEALTH CHECKS

Caregiver Support Goup: Sessions focus on helping caregivers as they care for themselves and their loved ones; a safe place to share experiences and learn from one another. Meets 4th Thursday, 1-2:30 p.m. Register at Senior Community Services, 952-767-7890.

Foot Care: Meet with a professional foot care nurse to address your foot care needs. Wednesday, 9 a.m. - 3 p.m. Contact Happy Feet at 763-560-5136. Appointment required. Fees apply.

Free Medicare Counseling Appointments: One-on-one appointments to help navigate the often-complex process of enrolling in Medicare or supplemental health insurance policies. Provided by the Senior LinkAge Line. Schedule an in-person appointment at trellisconnects.org/get-help/medicare or 1-800-333-2433. Second and fourth Tuesdays. No fee.

The Nurse Is In: Talk with a Bloomington Public Health nurse regarding health, safety, medical questions, blood pressure checks, resources, etc. Contact Ann at 612-704-3578. No fee. Thursday, 10 a.m. - 2 p.m.

LEADERSHIP

Adults 50+ Program Leaders: Be involved in planning, developing, and implementing activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

FITNESS

Low Impact Exercise: Light to moderate exercise focused on balance, light aerobics, and strength training. Program is volunteer-led and includes exercising to video. Monday, 10-11 a.m. Free.

Yoga: Registration required. 6-week sessions. Fee applies.

Chair Yoga: A gentle, modified yoga. Fridays.

Session 1, 9-10 a.m.
Session 2, 10:10-11:10 a.m.
Session 3, 11:15 a.m. - 12:15 p.m.

Gentle Mat Yoga: Bring your own mat. Tuesdays

Session 1, 9:30-10:30 a.m.,
Session 2, 10:45-11:45 a.m.

Strength and Balance: Fees apply. Class combines light cardio and strength training for individuals who want to improve muscle tone, flexibility, range of motion, and balance and coordination. Wednesdays, 9:00 a.m. Monthly registration fee \$5 per Wednesday. Drop-in fee \$7 per Wednesday.

MUSIC

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert every Thursday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion playing oldies, country, and folk. Rehearsals Thursday, 10:30 a.m.

RECREATION

Bocce Babes: Join us for

Bocce Ball - Valley View Park, every Wednesday, 9:30 a.m. (June through September)

Bunco - Creekside, second Wednesday, 12:30 p.m. (October through May)

Book Club - Creekside, January 26, 12:30 p.m.

All Over But the Shouting by Rick Bragg

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Wednesday of each month January-October, 10-11:30 a.m.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Movies: Movie suggestions welcomed. Call for movie titles. Monday, 11:30 a.m.-1:30 p.m. Donations for film rentals and popcorn accepted. January 10 and 24

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Wednesday league, 12 p.m.

Pool Room: \$15 annual membership fee. For all skill levels.

Monday-Wednesday, 8 a.m.-3:30 p.m.

Thursday-Friday, 8 a.m.-1 p.m.

Thursday, 1 -3:30 p.m. - Ladies Only.

Fare for All

Community food distribution program. Save up to 40% on fresh produce, frozen meat, and other basic groceries. No income guidelines.

January 21, 11 a.m. - 1 p.m.
February 18, 11 a.m. - 1 p.m.

Boutique: Crocheted, knitted, and embroidered items as well as baby blankets, quilts, jackets, jewelry, artwork, and wood novelties for sale by local crafters.

Monday-Thursday, 10 a.m.-3 p.m., Friday 10 a.m.-1 p.m.

Creative Card Craft at Creekside: Design fun Valentine cards for friends and loved ones. Supplies will be provided. Come to Creekside for a crafting morning or request a take-home kit.

Friday, February 11, 9:30-11:00 a.m.

\$5 per person. Registration required.



For more information or to register:
Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711
Creekside@BloomingtonMN.gov



The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 West Old Shakopee Road, Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711