



Monday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 3:30 p.m.
Woodshop
8:00 a.m.- 12:00 p.m.
Boutique
10:00 a.m. - 3:00 p.m.
Low Impact Exercise
10:00 - 11:00 a.m.
Duplicate Bridge
12:00 - 3:15 p.m.
Hand and Foot Canasta
12:30 - 3:30 p.m.
Leatherworking
12:30 - 3:00 p.m.
Pinochle
12:30 - 3:30 p.m.
Creative Crafts
1:00 - 3:00 p.m.

MONTHLY PROGRAMS

11 - Flu Shot Clinic
1:30 p.m. - 3:30 p.m.
11 - Movie Day
11:30 a.m - 1:30 p.m.
25 - Movie Day
11:30 a.m. - 1:30 p.m.

Tuesday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 3:30 p.m.
Woodshop
8:00 a.m.- 12:00 p.m.
Rock Shop
9:00 a.m. - 12:00 p.m.
Quilting
9:00 a.m. - 1:00 p.m.
Boutique
10:00 a.m. - 3:00 p.m.
So What Now?
10:00 a.m. - 12:00 p.m.
(does not meet October 5)
Club 500
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

Wednesday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 3:30 p.m.
Woodcarvers
9:00 - 11:00 a.m.
Euchre
9:00 - 11:30 a.m.
Boutique
10:00 a.m. - 3:00 p.m.
Wii Bowling
12:00 - 2:00 p.m.
Cribbage
12:30 - 3:00 p.m.
Leatherworking
12:30 - 3:00 p.m.
Club 500
12:30 - 3:30 p.m.

MONTHLY PROGRAMS

13 - Bocce Babes Bunco
12:30 - 2:30 p.m.
27 - Garden Club
10:00 - 11:30 a.m.
27 - Bocce Babes Book Club
12:30 - 2:30 p.m.

Thursday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 1:00 p.m.
Woodshop
8:00 a.m.- 12:00 p.m.
Classic Country Music Jam
9:00 a.m. - 12:30 p.m.
Needleworkers
9:00 - 11:30 a.m.
Open Computer Lab
9:30 - 11:30 a.m.
Boutique
10:00 a.m. - 3:00 p.m.
Rock Shop
12:00 p.m. - 3:00 p.m.
Cribbage
12:45 - 3:15 p.m.
Women's Pool
1:00 p.m. - 3:30 p.m.

MONTHLY PROGRAMS

28 - Writers Club
1:00 - 3:00 p.m.

Friday

ONGOING PROGRAMS

Pool Room
8:00 a.m. - 1:00 p.m.
Woodshop
8:00 a.m.- 12:00 p.m.
Quilting
9:00 a.m. - 1:00 p.m.
Hearts
9:00 a.m. - 12:00 p.m.
Bloomingtones
9:30 a.m. - 12:00 p.m.
Boutique
10:00 a.m. - 1:00 p.m.

MONTHLY PROGRAMS

1 - Byte Syte
10:00 a.m. - 12:00 p.m.
22 - Flu Shot Clinic
11:00 a.m. - 1:00 p.m.
22 - Fare For All
11:00 a.m. - 1:00 p.m.

**CREEKSIDE
COMMUNITY
CENTER**

Programs for ages 50+
and/or adults with a
disability

952-563-4944
MN Relay 711

CREEKSIDE@
BLOOMINGTONMN.GOV

ARTS & CRAFTS

Boutique: Handcrafted items for sale. Monday-Thursday, 10 a.m.-3 p.m., Friday 10 a.m.-1 p.m.

Creative Crafts: Bring a project you are working on or create something from our donated supplies. Monday 1-3 p.m.

Leatherworking: Learn to make useful items and works of art out of leather. Monday and Wednesday, 12:30-3 p.m. Tools, leather, and dyes available to use. No fee.

Needleworkers: Socialize while creating blankets, scarves and other clothing items. Thursday, 9-11:30 a.m.

North Star Scrollers: Learn everything about scroll sawing. Members of all ability levels. Meets the first Saturday of each month, 9:30-11:30 a.m., September-May. \$20 annual dues. Contact Katie at 612-825-7569 for information.

Quilting: Share your talents with this group. Tuesday and Friday, 9 a.m.-1 p.m. Items are made using donated materials.

Rock Shop: Cut and polish rocks and gemstones in the lapidary shop. Training and supplies provided. Tuesday 9 a.m. - 12 p.m. and Thursday 12 - 3 p.m. \$2 fee per visit.

Woodcarvers: Learn the art of woodcarving. Wednesday, 9-11 a.m. Participants must provide their own wood.

Woodshop: Fully equipped woodshop open Monday, Tuesday, Thursday, and Friday, 8 a.m. - 12 p.m. Must pass a proficiency test and wear an ID badge. \$1 fee per visit.

CARD GROUPS

Duplicate Bridge: Monday, 12-3:15 p.m. \$.50 to play.

Club 500: Tuesday and Wednesday, 12:30-3:30 p.m. \$.50 to play.

Cribbage: Wednesday, 12:30-3 p.m. and Thursday, 12:45-3:15 p.m. \$1 to play.

Euchre: Wednesday, 9-11:30 a.m. \$.50 to play.

Hand and Foot Canasta: Monday, 12:30-3:30 \$1 to play.

Hearts: Friday, 9 a.m.-12 p.m. \$.50 to play.

Pinochle: Monday, 12:30-3:30 p.m. \$.50 to play.

EDUCATION

Byte Syte: Computer, cell phone, smart tv, and internet users meet to discuss problems and related topics. Meets first Friday of the month, 10 a.m.-12 p.m.

Dakim Brain Fitness System: Touchscreen computer program personalized to maintain brain fitness and slow the effects of cognitive decline. Schedule a 10 minute demonstration session. Free.

Library: An extensive collection of books and puzzles to borrow.

Open Computer Lab: Tutors are on hand to help with PC technology questions Thursdays, 9:30-11:30 a.m. Bring your own laptop, tablet, or cell phone.

Smart Driver Program: Refresh your driving skills and qualify for lower insurance rates. Register for on-line class at aarpdriversafety.org and use promo code DRIVINGSKILLS for a 25% discount on class fee. In-person classes may begin January, 2022. Reservations required. Fees apply.

Writers Club: For all skill levels. Meets the fourth Thursday, January-October and the third Thursday, November-December, 1-3 p.m.

So What Now? Retirement discussion group. Meets Tuesdays, 10 a.m.-12:00 p.m. Begins October 12.

HEALTH CHECKS

Flu Shots: Bloomington Public Health Provides flu shots at Creekside during flu season. Register in advance at blm.mn/clinics or call 952-563-8900 and select option 2.

Monday, October 11, 1:30-3:30 p.m.

Friday, October 22, 11 a.m.-1 p.m.

Thursday, November 4, 9-11 a.m.

Free Medicare Counseling Appointments: One-on-one appointments to help navigate the often-complex process of enrolling in Medicare or supplemental health insurance policies. Provided by the Senior LinkAge Line. Schedule an in-person appointment at trellisconnects.org/get-help/medicare or 1-800-233-2433. Second and fourth Tuesdays. No fee.

The Nurse Is In: Talk with a Bloomington Public Health nurse regarding health, safety, medical questions, blood pressure checks, resources, etc. Contact Ann at 612-704-3578. No fee. Thursday, 10 a.m. - 2 p.m.

LEADERSHIP

Adults 50+ Program Leaders: Be involved in planning, developing, and implementing activities and programs for adults aged 50+.

Creekside Senior Memorial Trust Fund: A 501(c)3 non-profit organization that assists individuals who desire to create a memorial for someone, living or deceased.

FITNESS

Low Impact Exercise: Light to moderate exercise focused on balance, light aerobics, and strength training. Program is volunteer-led and includes exercising to video. Monday, 10-11 a.m. Free.

Yoga: Registration required. 6-weeks. Fee applies.

Chair Yoga: A gentle, modified yoga.

Friday, Session 1, 9-10 a.m.; Session 2, 10:15-11:15 a.m.

November 5 - December 10. Registration begins October 5.

Gentle Mat Yoga: Traditional yoga poses. Bring your own mat.

Tuesday, Session 1, 9-10 a.m., Session 2, 10:15-11:15 a.m.

November 2 - December 7. Registration begins October 5

Strength and Balance: Registration required. Fee applies.

Class combines light cardio and strength training for individuals who want to improve muscle tone, flexibility, range of motion, and balance and coordination.

Wednesday, 9:00 - 10:00 a.m., Drop-in fee \$7.

Session 1, October 13 - October 27; 3 weeks, \$15

Session 2, November 3 - November 24; 4 weeks, \$20

MUSIC

Music groups are available for performances. New members are welcome.

Bloomingtones: A mixed choral group who sing a wide variety of music from all eras for pleasure and entertainment. Rehearsals Friday, 9:30 a.m.

Classic Country Music Jam: Join, listen, or dance as a group of musicians provide a free country concert every Thursday, 9 a.m.-12:30 p.m.

Creekside Crickets: An instrumental band of autoharp, harmonicas, guitars, mandolin, banjos, and accordion playing oldies, country, and folk. Rehearsals Thursday, 9 a.m. Watch for start date.

RECREATION

Bocce Babes: Join us for

Bocce Ball - Valley View Park, every Wednesday, 9:30 a.m. (June through September)

Bunco - Creekside, second Wednesday, 12:30 p.m. (October through May)

Book Club - Creekside, fourth Wednesday, 12:30 p.m.

October read: *The Woman in the Window* by A.J. Finn

Garden Club: Create, plant, and maintain gardens and planters at Creekside. No experience needed. Garden tools and plant donations accepted. Monthly group meeting on the fourth Wednesday of each month January-October, 10-11:30 a.m.

Informal Games and Equipment: Cards, board games, and puzzles in the library. Check out equipment at the main office for bocce ball, shuffleboard, table tennis, and Nintendo Wii (bowling, tennis, and golf) to use at Creekside. Based on room availability. Free.

Nintendo Wii: Stay active and start a league today. Video bowling, tennis, golf, and more. Wii Bowling Wednesday league, 12 p.m.

Pool Room: \$15 annual membership fee. For all skill levels.

Monday-Wednesday, 8 a.m.-3:30 p.m.

Thursday-Friday, 8 a.m.-1:00 p.m.

Thursday, 1:00 -3:30 p.m. - Ladies Only.

OTHER PROGRAMS

Volunteering: Volunteers of all ages may choose to assist at one time special events or on an on-going basis with programs and activities.

Movies: Movie suggestions welcomed. Call for movie titles. Monday, 11:30 a.m.-1:30 p.m. Donations for film rentals and popcorn accepted.

October 11

October 25

Fare for All

Community food distribution program. Save up to 40% on fresh produce, frozen meat, and other basic groceries. No income guidelines.

October 22, 11 a.m.-1 p.m.

BUILDING HOURS

MONDAY - THURSDAY
8 A.M. - 3:30 P.M.

FRIDAY
8 A.M. - 1 P.M.

For more information or to register:

Creekside Community Center
9801 Penn Ave. S., Bloomington, MN 55431
952-563-4944, MN Relay 711
Creekside@BloomingtonMN.gov



The City of Bloomington does not discriminate against or deny the benefits of its services, programs, or activities to a qualified person because of a disability. To make a request for a reasonable accommodation, ask for more information, or to file a complaint, contact the Community Outreach and Engagement Division, City of Bloomington, 1800 West Old Shakopee Road, Bloomington, MN 55431-3027; 952-563-8733, MN Relay 711